

# First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc

<https://www.youtube.com/c/FUPCDC>



4<sup>th</sup> Sunday after Epiphany

January 30, 2022

11:00 AM

The Reverend Adam C. Bowling - Pastor

[Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org)

828.448.8914

## GATHERING

+ **GATHERING SONG**

*Let It Rise*

Holland Davis (CCLI#: 2240585)

**WELCOME**

**SESSION NOTES**

+ **GATHERING WORDS** (*Psalms 139*)

When we try to hide,

**God always finds us.**

When we crawl into the darkness,

**even there we don't escape God's eyes.**

Are you tired of running from the one who loves you?

**We are here at last, ready and eager to be made whole.**

Let us worship the living God.

+ **OPENING SONG**

*Build My Life*

Brett Younker, Karl Martin, Kirby Kaple, Matt Redman, Pat Barrett (CCLI#: 7070345)

**PRAYER OF BROKENNESS**

Merciful God, you call each of us by name. You know us better than we know ourselves, for we are fearfully and wonderfully made. You love us, not because of what we have done, but often in spite of what we have done. Still, when we hear you call, we do not answer. We ignore you, or we run away and cower in the shadows. We don't always view your presence among us as a blessing, but rather as a burden that we wish away out of fear or shame. Though you know us and love us completely, we often see ourselves as unknowable, unlovable, and utterly incomplete. Lord, in the midst of all of our mess, redeem us. Forgive us. Cleanse us. Help us to start fresh, so that we might follow Jesus with our whole selves and, like Christ, love you, our neighbors, and ourselves with everything we have. Hear us now, as we continue to confess in the silence of our hearts. . .

*(A Time of Silent Confession)*

## **ASSURANCE OF GOD'S GRACE**

Great news has come to us, dear friends.

God, who is faithful and just, who cherishes us as we are, seeks restoration and healing for those broken places in our lives, forgives and loves us unconditionally. Hearing this good news, know that we are forgiven and be at peace.

Thanks be to God!

+ **RESPONSE** *Glory to God, Whose Goodness Shines on Me (verse 1)*

582

*Glory to God, whose goodness shines on me,  
and to the Son, whose grace has pardoned me,  
and to the Spirit, whose love has set me free.  
As it was in the beginning, is now and ever shall be. Amen.*

+ **PASSING OF THE PEACE**

The peace of Christ be with you.

And also with you.

*Please share a sign of Christ's peace with those around you.*

## **PROCLAIMING**

**YOUNG PEOPLE'S CHOIR** *If You Only Had Faith/Si tuvieras fe*

176

### **PRAYER FOR ILLUMINATION**

Send your Spirit, O Lord, as we listen to your Word, that we might understand where our true place is: with you.

Amen.

### **SCRIPTURE LESSON**

Psalm 139:1-18 NRSV

O Lord, you have searched me and known me.

<sup>2</sup>You know when I sit down and when I rise up;  
you discern my thoughts from far away.

<sup>3</sup>You search out my path and my lying down,  
and are acquainted with all my ways.

<sup>4</sup>Even before a word is on my tongue,  
O Lord, you know it completely.

<sup>5</sup>You hem me in, behind and before,  
and lay your hand upon me.

<sup>6</sup>Such knowledge is too wonderful for me;  
it is so high that I cannot attain it.

<sup>7</sup> Where can I go from your spirit?  
Or where can I flee from your presence?  
<sup>8</sup> If I ascend to heaven, you are there;  
if I make my bed in Sheol, you are there.  
<sup>9</sup> If I take the wings of the morning  
and settle at the farthest limits of the sea,  
<sup>10</sup> even there your hand shall lead me,  
and your right hand shall hold me fast.  
<sup>11</sup> If I say, “Surely the darkness shall cover me,  
and the light around me become night,”  
<sup>12</sup> even the darkness is not dark to you;  
the night is as bright as the day,  
for darkness is as light to you.

<sup>13</sup> For it was you who formed my inward parts;  
you knit me together in my mother’s womb.  
<sup>14</sup> I praise you, for I am fearfully and wonderfully made.  
Wonderful are your works;  
that I know very well.  
<sup>15</sup> My frame was not hidden from you,  
when I was being made in secret,  
intricately woven in the depths of the earth.  
<sup>16</sup> Your eyes beheld my unformed substance.  
In your book were written  
all the days that were formed for me,  
when none of them as yet existed.  
<sup>17</sup> How weighty to me are your thoughts, O God!  
How vast is the sum of them!  
<sup>18</sup> I try to count them—they are more than the sand;  
I come to the end—I am still with you.

This is the Word of the Lord.  
Thanks be to God.

## **MESSAGE**

Where Can I Go?

Pastor Adam C. Bowling

## **INVITATION TO DISCIPLESHIP**

*If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please speak with Pastor Adam or someone at the Welcome Table at the back of the sanctuary. For those worshipping online, please email Pastor Adam at [adam.bowling@fupcdc.org](mailto:adam.bowling@fupcdc.org). Know that ALL are welcome in this place!*

## RESPONDING

+ **SONG OF RESPONSE**

*Graves into Gardens*

Brandon Lake, Chris Brown, Steven Furtick, and Tiffany Hudson (CCLI#: 7138219)

**PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER**

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

**SERVICE OF GIVING**

Music at the Offering

*He Knows My Name*

Tommy Walker (CCLI#: 2151368)

+ **PRAYER OF DEDICATION**

Lord, you give us everything that is good--our homes, our food, our families, and even our lives. All that we own and all that we are belong to you. Since you give us so much, we thank you by sharing our time, talents, and right now our money with others in need. Use these gifts to show your love to people throughout our world in Jesus' name.

Amen.

## SENDING

+ **SENDING SONG**

*Known*

Ethan Hulse, Jordan Sapp, Tauren Wells (CCLI#: 7095495)

+ **CHARGE AND BENEDICTION**

+ **RESPONSE**

*If You Only Had Faith/Si tuvieras fe*

176

+ *Please stand, in body or in spirit.*

# Worship Notes

- \* **WELCOME!** Whether you are new in the area, a resident of the community, or visiting, we are delighted you joined us in worship. Please come to the Welcome Table at the rear of the sanctuary after the service to fill out an info card and to receive a special gift. To find out more about this church, please call the Church Office at 703-670-7834 or speak with Pastor Adam, [adam.bowling@fupcdc.org](mailto:adam.bowling@fupcdc.org).
- \* **BELL RINGER:** Ike Evans (8:30)
- \* **WORSHIP ASSISTANTS:** Frank Oti-Boateng (8:30)  
Lori MacKenzie (11:00)
- \* **FLOWERS** are given by Wendy DiVico with love and honor to God and the church.

## Connect with Us

- \* **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- \* **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- \* **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- \* **FUPCDC YOUTUBE CHANNEL:** To view worship services and videos, visit the FUPCDC Youtube channel, <https://www.youtube.com/c/FUPCDC>. You can also find our channel by searching for "FUPCDC Video".
- \* **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to 81010. In the message, type @fupcdc and send. You can unsubscribe at any time.

# Ministry in Action

✝ **FUPCDC'S 50<sup>TH</sup> ANNIVERSARY: 2022.** . .marks 50 years for FUPCDC! We will celebrate throughout the year with various activities. Please send a picture of yourself and/or your family from the year you joined. This picture will be featured on a timeline in the hallway. Please send it via email or place in Cathy's mailbox. If you have questions call Cathy Albrecht or email at [albrennan3@aol.com](mailto:albrennan3@aol.com).

- Save the dates! Two big weekends are planned in celebration of our 50th Anniversary.
- Save the dates! **April 16<sup>th</sup> and 17<sup>th</sup>**
- Save the dates! **September 17<sup>th</sup> and 18<sup>th</sup>**
- Fun things are in the works!

✝ **WEDNESDAY NIGHT ALIVE MEAL:** Please join us at **6:00 PM** for Food, Fellowship, and Faith. On **February 2<sup>nd</sup>** we will have **Potluck: Tailgating Foods**. Drinks and dessert will be provided and there is no charge, but donations will be taken to cover the cost of the food. Please contact Gaylene Guest at 703-398-7449 with any questions.

✝ **PASTOR'S BIBLE STUDY:** Please join us on **Wednesdays**, as we study the gospel of Matthew at **7:00 PM** in **Room 22** or join us by Zoom.

✝ **ADULT BIBLE STUDY:** Please join us on **Sunday, January 30<sup>th</sup> at 9:45 AM**. We will look at the Book of Order and start to explore. Contact Curt Hoagland for more information, 703-878-4664 or [choagieva@yahoo.com](mailto:choagieva@yahoo.com).

✝ **MEN'S BREAKFAST:** Men, please join us for breakfast and fellowship this coming Saturday, **February 5<sup>th</sup> at 8:00 AM**. Feel free to bring a friend! For additional information please contact Sam Parris at 703-946-7266 or [samjparris@aol.com](mailto:samjparris@aol.com).

✝ **2020 SUPER BOWL OF CARING:** Many in our community are struggling with food insecurities. There is an enormous need to help put food on our brothers and sisters' tables. As a Matthew 25 church we are called to reach out to those in need. In years past we have done this by participating in the Souper Bowl of Caring.

This year's event will be held on February 12<sup>th</sup> (with February 19<sup>th</sup> as a rain date) from **10:00 AM - 12:45 PM** in the church parking lot. We will collect non-perishable food and other general items for the ACTS Hunger Prevention Center. If possible, place your donations in your car's trunk to enable a contactless drop off.

*Please ensure you are wearing a mask and adhere to the six feet social distancing protocol.*

**Examples of items needed are:** canned and dried vegetables, fruit and meats, breakfast items (cold cereal, oatmeal, grits, etc.), 12 oz. peanut butter and jelly, macaroni and cheese, whole-grain pasta, canned tomato sauce, canned soup, canned vegetables, ground and instant coffee, cooking oil, diapers size 6, children's Pull-ups, soap, toothpaste, deodorant, shampoo, laundry detergent, dish soap, toilet paper, feminine hygiene products, pet food, etc.

**Please check all expiration dates and ensure food items have not expired.**

Your generosity in helping to provide healthy non-perishable food and other needed items to those in need is an expression of God's love for all. Thank you for helping us tackle hunger in Prince William County.

- \* **MISSION OPPORTUNITY:** Military bases are closing down their Afghan refugee intake, and families are beginning the process of re-settlement in the USA. They all have “Special Immigrant Visas,” green cards, some cash—but imagine yourself in their situation.

How can we help? Do you, or someone you know, have a living space, apartment, or home that could be rented for the short or long-term? Would you be willing to spend some time for a one-time project, or as a friend, one-on-one and for the long-term?

Our Mission Team has agreed to support the work of the Refugee Ministry Team at Greenwich Presbyterian Church, in the Manassas area, which has supported Afghan families for over three years. They match car, furniture, and household goods donations with the families that need them. They have occasional one-time service opportunities. They provide training for anyone who is interested in a long-term commitment as a contact person with a family. Two of our members have already been in a very rewarding relationship with a family who have settled in Dumfries. If you are interested in helping our Afghan brothers and sisters, please contact Helen Franchois at 703-408-2064 or [timhelen66@gmail.com](mailto:timhelen66@gmail.com) for more information.

- \* **BIBLE BUDDIES:** Our new Ladies (Bible Buddies) study is on **Mondays at 7:00 PM**. We meet in person in Room 22 at FUPCDC and on Zoom. Cathy Albrecht and Betty Matthews are leading this study. We are using the book **Words of Life: Jesus and the Promise of the Ten Commandments Today** by Adam Hamilton. Adam Hamilton brings readers a landmark work that considers the ten commandments in their historical context, unpacks how Jesus reinterpreted them, and shows how every thou-shalt-not was intended to point to a life-giving "thou shalt." Hamilton explores how Jews and Christians have understood the Ten Commandments over the millennia and how the latest research in science and psychology illuminates these commandments, rightly understood as a way of ordering one's life beautifully in the present day. For more information, please contact Betty Matthews through the FUPCDC office at 703-670-7834.
- \* **HORIZONS BIBLE STUDY:** Our study is about the five women mentioned in Matthew's genealogy of Jesus. In our next lesson, we will look at the life of Bathsheba, a soldier's wife who became a king's wife and later mother of a king. **We meet the second Monday of the month at 9:30 AM; February 14<sup>th</sup>** is our next meeting, in-person and via Zoom. Contact Sara Porter, [saraporter@comcast.net](mailto:saraporter@comcast.net) or 703-670-8737 for more information.

## *Student Ministry News*

- \* **YOUTH ADVISORS (ADULT VOLUNTEERS):** We are looking for Youth Advisors (Adult Volunteers). Please contact Pastor Adam if you are interested in helping with Student Ministry.
- \* **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.



# Joys and Concerns

## All those who are ill or facing difficulties, including:

- |                       |                     |  |                   |
|-----------------------|---------------------|--|-------------------|
| ✝ Charlie Ashton      | * Marjorie Lawrence | * Sharon Patrick Dryden                  | * Jeannine Menzie |
| ✝ Lou Carwright       | * Tanya             | * Lee and Giselle Watenpaugh             | * Sandy Godfrey   |
| ✝ Shirley Barnhart    | * Gary Albrecht     | * Grace Ofosu-Addo                       | * Leigh Anderson  |
| ✝ Martha Manning      | * Keith Albrecht    | * Baby Louisa Wolstenholme               | * Linda Ford      |
| ✝ Peggy Lusk          | * Ashleigh and Dan  | * Savannah Simmerman                     | * Marti Hall      |
| ✝ Karen Gundel        | * Sandra D’Imperio  | * Bill and Laura Parris                  | * Norman Cox      |
| ✝ Laura Hammel        | * Mark and Angelica | * Jason, Adriana, Mikhail Corbin         | * Nate Johnson    |
| ✝ Sue Lickiss         | * Patricia          | * Hunter and Annette Martin              | * Gretchen Snyder |
| * David Behrens       | * Shannon Webb      | * Ann and Dineen Hoagland                |                   |
| * Melissa Behrens     | * Joanne Willis     | * Jennifer Wenzel Austin’s Mother-In-Law |                   |
| * Connie Fee          | * Amanda            | * Theodore                               |                   |
| * Douglas Godfrey Jr. | * George Franchois  | * Susan Bennett                          |                   |

✝ Congregational love and sympathy are extended to Jon and Carol Miller at the death of Carol's brother, "Bud", on Saturday, January 22. Please lift Jon and Carol and Bud's family up in prayer at this time.

✝ Please pray for the family of Valerie Belfoure and her children. Valerie lost her battle with COVID-19 on Monday, January 24, 2022. - Colin McKenzie

✝ Please pray for the SuperStart! Trip for our youth on February 4<sup>th</sup> and 5<sup>th</sup>.

✝ My family and I would like to extend our heartfelt gratitude for the overwhelming love and sympathy we received for the recent loss of my dad - Sam H. Parris. We cannot thank you enough - it truly speaks to the "family" we have here at FUPCDC - the body of Christ. "...so that there should be no division in the body, but that its members should have mutual concern for one another. If one part suffers, every part suffers with it..." (1 Cor 12:25-26). We are assured of God's promise that we will meet again. Grace and Peace, Sam and Denise

✝ I would like to thank all those who reached out to me in sympathy with cards and notes on the passing of my brother Phillip. I truly appreciate your prayers and concern for my family.  
- James (Jim) Ford

## All those serving abroad in our military, including from our church:

- ✝ Kelsey Gibson (Affiliate Member of FUPCDC)
- ✝ Elizabeth Batista, Lackland Air Force in Tech School (Ana Batista Caporaletti's daughter)
- ✝ Matt DiVico, deployed to Germany

## The churches of National Capital Presbytery, especially:

- ✝ The New York Avenue Presbyterian Church - Washington, DC
- ✝ Northeastern Presbyterian Church - Washington, DC

## SESSION

|                          |                                      |
|--------------------------|--------------------------------------|
| Cathy Albrecht ('23)     | 703-670-8369                         |
| Bill Ediage ('24)        | 571-477-9306                         |
| Morelle Fokwa ('24)      | 571-409-9435                         |
| Jon Guest ('22)          | 703-491-4006                         |
| Marti Hall ('22)         | 703-626-2269                         |
| Pat Manalio ('23)        | 703-283-2948                         |
| Chris Martin ('23)       | 585-455-8423                         |
| Sam Parris ('24)         | 703-946-7226                         |
| Linda Wolstenholme ('23) | 703-878-3697                         |
| Rev. Adam C. Bowling     | <i>Moderator</i> 828-448-8914        |
| Sara Porter              | <i>Clerk of Session</i> 703-670-8737 |

## MINISTRY TEAM LEADERS

|                       |                                  |              |
|-----------------------|----------------------------------|--------------|
| Pat Manalio (Interim) | <i>Administration</i>            | 703-283-2948 |
| Ellen Nuernberger     | <i>Congregational Care</i>       | 703-878-0009 |
| Deborah Folly         | <i>Congregational Care</i>       | 703-606-5532 |
| Charlotte Stultz      | <i>Evangelism &amp; Outreach</i> | 703-494-8367 |
| Betsy Gilbert         | <i>Fellowship</i>                | 703-670-4949 |
| Curt Hoagland         | <i>Growing in Faith</i>          | 703-878-4664 |
| Pam Cox               | <i>Mission</i>                   | 703-441-6319 |
| Mike Gundel           | <i>Property</i>                  | 301-767-5030 |
| Dennis Dingle         | <i>Stewardship &amp; Finance</i> | 703-583-9689 |
| Martin Andrews        | <i>Worship</i>                   | 703-967-4358 |
| Rev. Adam C. Bowling  | <i>Moderator</i>                 | 828-448-8914 |

## DEACONS

| Class of 2022    | Class of 2023      | Class of 2024   |
|------------------|--------------------|-----------------|
| Debbie Cornelius | Bob Albrecht       | Agnes Fokwa     |
| Liz Goolgasian   | Sandy Chamberlin   | Deborah Folly   |
| Anne Green       | Claudia Cunningham | Helen Franchois |
| Charlotte Stultz | Pam Emert          | Nne Kalu        |
|                  | Ellen Nuernberger  | Kathy McNeely   |
|                  | Tracy Stevens      |                 |

|   |              |
|---|--------------|
| Ellen Nuernberger, Ministry Team Leader | 703-878-0009 |
| Deborah Folly, Ministry Team Leader     | 703-606-5532 |

# Calendar

## January 30 - February 6, 2022

### SUNDAY, January 30

8:30 AM Worship - Traditional  
 9:30 AM Children's Education  
 9:45 AM Confirmation Class (Youth)  
 9:45 AM Adult Bible Study  
 11:00 AM Worship - Contemporary  
 1:00 PM Peace Church  
 5:00 PM Boy Scout Troop 964 Board of Review

### MONDAY, January 31

10:30 AM Holy Fitness via Zoom  
 6:00 PM Cub Scout Pack 289  
 7:00 PM Bible Buddies  
 8:30 PM Production Meeting via Google Meet

### TUESDAY, February 1

8:30 AM TOPS  
 1:00 PM Al-Anon  
 7:00 PM Boy Scout Troop 964  
 7:00 PM Growing in Faith Ministry Team  
 7:30 PM AA 101  
 7:30 PM Bull Run Troubadours

### WEDNESDAY, February 2

10:30 AM Holy Fitness via Zoom  
 6:00 PM Wednesday Night Alive Meal  
 6:00 PM Cub Scouts  
 6:25 PM Young People's Choir  
 7:00 PM Pastor's Bible Study  
 7:00 PM Chancel Choir  
 7:00 PM Peace Church Prayer Meeting  
 8:00 PM FUPCDC Praise Team

### THURSDAY, February 3

3:00 PM Prayer and Praise Small Group  
 5:30 PM Cub Scout Pack 289 - Webelos  
 7:00 PM Safety & Security Team Meeting  
 7:00 PM Girl Scout Service Unit 80-5 Juliettes  
 8:00 PM AA Support Group

### FRIDAY, February 4

**SuperStart! Youth Trip**  
 10:30 AM Holy Fitness via Zoom

### SATURDAY, February 5

**SuperStart! Youth Trip**  
 8:00 AM Men's Breakfast

### SUNDAY, February 6

8:30 AM Worship - Traditional - Communion  
 9:30 AM Children's Education  
 9:45 AM Confirmation Class (Youth)  
 9:45 AM Adult Bible Study  
 11:00 AM Worship - Contemporary - Communion  
 1:00 PM Peace Church

**First United Presbyterian Church of Dale City, Woodbridge, VA**

Ministers.....People of the Church  
Pastor.....Rev. Adam C. Bowling  
Chancel Choir Director..... Dana Van Slyke  
Pianist/Organist.....Justin Streletz  
Contemporary Worship Directors..... Becca and Chris Anderson  
Children's/Youth Choir Directors..... Becca and Chris Anderson  
Jubilation Handbell Director .....Ike Evans  
Nursery Supervisor..... Joann Paige  
Little Hands Preschool Director..... Tiffany Ramsey  
Sexton..... Homer Detrich  
Office Manager..... Kim Parker

**Attendance and Prayer Requests**

Since we have temporarily suspended passing the friendship register, we request that those who attend worship in person sign in at one of the new attendance stations. If you are worshipping from home, or don't feel comfortable signing in at a station, you can register your attendance and prayer requests using the online form, which is located on our website at [fupcdc.org/attend](http://fupcdc.org/attend) or by scanning this QR Code with your mobile device.



\*\*\*\*\*

Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

\*\*\*\*\*

Little Hands Preschool, 703-878-2366