

# First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc

<https://www.youtube.com/c/FUPCDC>



4<sup>th</sup> Sunday after Epiphany

January 29, 2023

11:00 AM

The Reverend Adam C. Bowling - Pastor

[Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org)

828.448.8914



+ **PASSING OF THE PEACE**

The peace of Christ be with you.

And also with you.

*(Please share a sign of Christ's peace with those around you.)*

## PROCLAIMING

### TIME FOR CHILDREN

Pastor Michael Slayter

### PRAYER FOR ILLUMINATION

Lord, open our hearts and minds by the power of your Holy Spirit, that as the Scriptures are read and your Word is proclaimed, we may hear with joy what you say to us today.

**Amen.**

### GOSPEL LESSON

Matthew 5:1-12 NRSV

When Jesus saw the crowds, he went up the mountain, and after he sat down, his disciples came to him. <sup>2</sup> And he began to speak and taught them, saying:

<sup>3</sup> “Blessed are the poor in spirit, for theirs is the kingdom of heaven.

<sup>4</sup> “Blessed are those who mourn, for they will be comforted.

<sup>5</sup> “Blessed are the meek, for they will inherit the earth.

<sup>6</sup> “Blessed are those who hunger and thirst for righteousness, for they will be filled.

<sup>7</sup> “Blessed are the merciful, for they will receive mercy.

<sup>8</sup> “Blessed are the pure in heart, for they will see God.

<sup>9</sup> “Blessed are the peacemakers, for they will be called children of God.

<sup>10</sup> “Blessed are those who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

<sup>11</sup> “Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. <sup>12</sup> Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you.

This is the Word of the Lord.  
Thanks be to God.

## **MESSAGE**

The Christian User's Manuel

Pastor Michael Slayter

### **INVITATION TO DISCIPLESHIP**

*If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please speak with Pastor Adam or someone at the Welcome Table right outside the sanctuary. For those worshipping online, please email Pastor Adam at [adam.bowling@fupcdc.org](mailto:adam.bowling@fupcdc.org). Know that ALL are welcome in this place!*

## **RESPONDING**

### **+ SONG OF RESPONSE**

*Mighty to Save*

Ben Fielding, Reuben Morgan (CCLI#: 4591782)

### **PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER**

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

### **SERVICE OF GIVING**

Music at the Offering     *Act Justly, Love Mercy, Walk Humbly*

Chris Tomlin, Jason Ingram, Pat Barrett (CCLI# 7168697)

### **+ PRAYER OF DEDICATION**

Heavenly Father, your word says that we should give honor to you with the first fruits of our wealth. Accept our tithes and offerings as a gift of worship to you. Multiply what we give for the effective growth of your kingdom. May Christ dwell in our hearts through faith so that we, being rooted and grounded in love, may have the strength to know the love of Christ that surpasses knowledge. May we be filled with all the fullness of God. Through Jesus Christ, our Lord,  
**Amen.**

## **SENDING**

### **+ SENDING SONG**

*Build Your Kingdom Here*

Chris Llewellyn, Gareth Gilkeson, William Herron (CCLI# 6186078)

+ **CHARGE AND BENEDICTION**

Pastor Michael Slayter

+ **RESPONSE**

+ *Please stand, in body or in spirit.*

## ***Worship Notes***

- \* **WELCOME!** Whether new in the area, a resident of the community, or visiting, we are delighted you joined us in worship. Please come to the Welcome Table right outside the sanctuary after the service to fill out an info card and to receive a special gift. To find out more about this church, please call the Church Office at 703-670-7834 or speak with Pastor Adam.
- \* **WORSHIP ASSISTANTS:**

Wilbur Snyder	(8:30)
Bruce Gilbert	(11:00)
- \* **FLOWERS** are given by Pam Cox, in loving memory of Lisa Chrzan.

## ***Connect with Us***

- \* **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- \* **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- \* **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- \* **FUPCDC YOUTUBE CHANNEL:** To view worship services and videos, visit the FUPCDC Youtube channel, <https://www.youtube.com/c/FUPCDC>. You can also find our channel by searching for "FUPCDC Video".
- \* **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to **81010**. In the message, type @fupcdc and send. You can unsubscribe at any time.

# Ministry in Action

- \* **SOUPER BOWL OF CARING:** Many in our community are struggling with food insecurities. There is an enormous need to help put food on our brothers and sisters' tables. As a Matthew 25 church we are called to reach out to those in need. In years past we have done this by participating in the Souper Bowl of Caring. **This year we will collect non-perishable food and other general items for the ACTS Hunger Prevention Center between January 29<sup>th</sup> and February 12<sup>th</sup> in the Welcome Center.** Donations can be placed in the bin marked "Souper Bowl of Caring". The goal this year is to beat our record 3,411 pounds of items collected. And if we do, Pastor Adam will kiss Donkey Kong, our Christmas Pageant Donkey, and post a photo of this on social media! And who doesn't want to see Pastor Adam kiss Donkey Kong? So, let's start bringing in those donations. **Items urgently needed are:** canned and dried vegetables, fruit and meats, breakfast items (cold cereal, oatmeal, grits, etc.), 12 oz. peanut butter and jelly, honey, macaroni and cheese, whole-grain pasta, canned tomato sauce, canned soup, canned vegetables, shelf stable milk, ground and instant coffee, cooking oil, diapers size 6, children's Pull-ups, soap, wipes, toothpaste, deodorant, shampoo, laundry detergent, dish soap, toilet paper, feminine hygiene products, pet food, etc. A complete list can be found in the Thursday News. **Please check all expiration dates and ensure food items have not expired.** Your generosity in helping to provide healthy non-perishable food and other needed items to those in need is an expression of God's love for all. Thank you for helping us tackle hunger in Prince William County.
  
- \* **CONNECT THROUGH A SMALL GROUP** - FUPCDC now has 11 Small Groups (7 Men's groups and 4 Women's groups) that meet weekly (via phone) for a short devotion and prayer. If you would like to participate in small group or hear more about the program, please contact Sam Parris at [SamJParris@aol.com](mailto:SamJParris@aol.com) or 703-946-7226.
  
- \* **KAIROS PRISON MINISTRY** - Kairos Prison ministry is starting back up. It has made a major impact in the lives of 1000's of inmates and this congregation. FUPCDC has been involved with this ministry for more than 15 years in a variety of means in men and women's prisons in the state of Virginia. At least six inmates have given their testimonies here at FUPCDC as to the impact of this program on their lives. They are forever grateful to this congregation and the KAIROS ministry. They have given their lives to Christ have transitioned back into society and have been blessed with jobs. **How can you HELP?** There are several ways in which you can be a part of this ministry.
  1. Join the Inside Team for Sussex 1 State Prison. We will participate inside the prison on the weekend of March 30<sup>th</sup> - April 2<sup>nd</sup>, 2023 (Thursday-Sunday), staying at a nearby hotel in the evenings. There will be four Saturday training sessions here at FUPCDC on February 18<sup>th</sup>, and March 4<sup>th</sup>, 18<sup>th</sup>, and 25<sup>th</sup> to prepare you for the weekend. Sam Parris will be leading the weekend inside Sussex 1 and the training sessions leading up to the weekend.
  2. Join the Outside Team assisting with meals, prayers and supporting the Inside Team. Cathy Albrecht and Denise Parris will be co-leading the Outside Team.
  3. Sign up to pray for the team and inmates (look for signs in the future).
  4. Sign up to bake homemade cookies that will be brought into the prison and distributed to the inmates and prison staff (look for signups in the future).

5. Sign up to make placemats (drawings and scripture) This is a great project for our Children and Youth too (contact Sam Parris).

6. Make a financial donation.

If you have any questions please contact Sam at [SamJParris@aol.com](mailto:SamJParris@aol.com) or 703-946-7226.

- \* **ADULT BIBLE STUDY:** Join us on Sundays at **9:45 AM** for the Bible study, “The Lord’s Prayer” by Adam Hamilton. Contact Curt Hoagland, [choagieva@yahoo.com](mailto:choagieva@yahoo.com) for questions.
- \* **252 KIDS CHILDREN’S MINISTRY:** We meet at **9:45 AM** on Sundays in Rooms 1 and 2. Contact Erin Bowling at [erinkbowling@gmail.com](mailto:erinkbowling@gmail.com) for more information.
- \* **BIBLE BUDDIES:** Come join us for the Bible study, *What My Grandmothers Taught Me: Learning from the Women in Matthew’s Genealogy of Jesus*, on **Mondays at 7:00 PM**. Tamar, Rahab, Ruth, Bathsheba, and Mary—Matthew names these women for a reason. How might Jesus have heard the stories of his grandmothers? What might the young Jesus have felt, as he heard about his family? What might the stories of these women have added to his sense of identity, as part of a particular family in a particular time and place? And what can Jesus’ grandmothers-of-the-faith teach us? By exploring these stories together, we will have a richer idea of what the good news is. Please contact Betty Matthews, [bettsymatthews1@verizon.net](mailto:bettsymatthews1@verizon.net) for more information.
- \* **FLOWER SIGN UP FOR 2023:** New dates have been added to the Flower Sign Up Genius for 2023. It filled up quickly last year! To sign up, you may click on the link on the FUPCDC Thursday News or if you have signed up in the past, an email may be sent to you. When signing up, please indicate who the flowers are in honor or memory of in the comment section. In addition, after the service the flowers are used by the deacons for the Flower Ministry and are given to a congregational member who is in need of feeling some love from the congregation. If you wish to keep the flowers instead, just indicate this in the comment section or email me. The cost for purchasing flowers continues to be **\$40.00**. You may pay for them by sending a check into the office made out to FUPCDC. Please write flowers and the Sunday you signed up for in the memo section. You may also pay online on the church website. If you have any trouble signing up, please email me at [gailzcobb@gmail.com](mailto:gailzcobb@gmail.com) and I will be happy to help you!

## *Student Ministry News*

- ✦ **CHURCH TRIP TO SEE BIG FISH THE MUSICAL:** Join us TODAY, January 29<sup>th</sup> at 3:00 PM. Sign up for the FUPCDC Trip to see Clara, Parker, Ellie, Ollie, and Becca Anderson (pit orchestra) in "Big Fish the Musical" at the Hylton Performing Arts Center in Manassas. **Meet at the church at 1:45 PM.** See [www.fupcdc.org/youth](http://www.fupcdc.org/youth).
- \* **YOUTH CALENDARS:** Youth calendars are now available online and in the Welcome Center.
- \* **STUDENT MINISTRY EMAILS:** Sign up to receive Student Ministry emails. Ask Pastor Adam how to do this, or go to the FUPCDC website.
- \* **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.

# Joys and Concerns

## All those who are ill or facing difficulties, including:

- |                                |                         |                |                   |
|--------------------------------|-------------------------|----------------|-------------------|
| ✝ Akosua Kwakye                | * Bill and Laura Parris | * Nancy Lanza  | * Leigh Anderson  |
| ✝ Doug Godfrey                 | * Amanda Peck           | * Amanda       | * Linda Ford      |
| * Gary and Patti Goodrich      | * Pat Greenhalgh        | * Baby Raphael | * Norman Cox      |
| * Nancy Hoagland               | * Debbie Niederriter    | * Tanya        | * Nate Johnson    |
| * George Riling                | * Tommy and Deb         | * Kath Purcell | * Rick Bockes     |
| * Kwabena                      | * Sandra D'Imperio      | * Jenny N.     | * Norman Cobb     |
| * Charlie Ashton               | * Frank Coniglio        | * Leslie       | * Jeannine Menzie |
| * Nathan Johnson, III          | * Marjorie Lawrence     | * Liz Glycer   | * Deborah Folly   |
| * Baby Louisa Wolstenholme     | * R. Rizzo              | * Karen Gundel | * Ann Randles     |
| * Jason, Azena, Mikhail Corbin |                         |                |                   |
| * Lee and Giselle Watenpaugh   |                         |                |                   |

✝ Many thanks to all the members of the congregation who contributed to the winter clothing drive for Dale City Elementary School. We were able to provide the school with over 20 bags of socks, gloves, hats, tops, bottoms, and coats. They responded with a very large thank you card which is on display in the Narthex. It is a rewarding partnership for both groups which we look forward to continuing.

- \* Thank you for all the prayers, cards, and love that was given to me during my sickness. Praise God that I am healing! - Karen Gundel
- \* Thank you so much to all who have reached out to me in so many ways as I am recovering from my hip surgery. I truly appreciate my church family. - Liz Glycer

## All those serving in our military who are stationed away from home, including from our church:

- ✝ Kelsey Gibson (Affiliate Member of FUPCDC)
- ✝ Elizabeth Batista (Ana Batista Caporaletti's daughter)
- ✝ David Cornelius, Jr. (Debbie Cornelius' son)

## The churches of National Capital Presbytery, especially:

- ✝ Lewinsville Presbyterian Church - Mclean, VA
- ✝ Litchfield Presbyterian Church - Remington, VA



## SESSION

Cathy Albrecht ('23)	703-670-8369
Amy Bean ('25)	703-670-3790
Bill Ediage ('24)	571-477-9306
Morelle Fokwa ('24)	571-409-9435
Ginger Galaini ('25)	571-408-1228
Pat Manalio ('23)	703-283-2948
Chris Martin ('23)	585-455-8423
Sam Parris ('24)	703-946-7226
Linda Wolstenholme ('23)	703-878-3697
Rev. Adam C. Bowling	<i>Moderator</i> 828-448-8914
Sara Porter	<i>Clerk of Session</i> 703-670-8737

## MINISTRY TEAM LEADERS

Pat Manalio (Interim)	<i>Administration</i>	703-283-2948
Mike Slayter	<i>Congregational Care</i>	703-670-4648
Charlotte Stultz	<i>Evangelism &amp; Outreach</i>	703-494-8367
Betsy Gilbert	<i>Fellowship</i>	703-670-4949
Curt Hoagland	<i>Growing in Faith</i>	703-380-3819
Pam Cox	<i>Mission</i>	703-441-6319
Mike Gundel	<i>Property</i>	301-767-5030
Dennis Dingle	<i>Stewardship &amp; Finance</i>	703-583-9689
Martin Andrews	<i>Worship</i>	703-967-4358
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914

## DEACONS

Class of 2023	Class of 2024	Class of 2025
Bob Albrecht	Agnes Fokwa	Debbie Cornelius
Sandy Chamberlin	Helen Franchois	Claire Hoagland
Claudia Cunningham	Nne Kalu	Mary Jones
Pam Emert	Kathy McNeely	Mike Slayter
Ellen Nuernberger		
Donna Seckar		
Tracy Stevens		
Mike Slayter, Ministry Team Leader		703-670-4648

# Calendar

## January 29 - February 5, 2023

### SUNDAY, January 29

- 8:30 AM Worship - Traditional
- 9:45 AM Bible Study (Adult/Youth)
- 9:45 AM 252 Kids Children's Ministry
- 11:00 AM Worship - Contemporary
- 12:00 PM Reception for Theresa Arnold
- 12:15 PM More Light Presbyterians Meeting
- 3:00 PM Youth - Big Fish the Musical  
(meet at the church at 1:45 PM)

### MONDAY, January 30

- 10:30 AM Holy Fitness
- 6:30 PM Cub Scout Pack 289 Meeting
- 7:00 PM Bible Buddies
- 8:30 PM Production Meeting - Google Meet

### TUESDAY, January 31

- 8:30 AM TOPS
- 1:00 PM Al-Anon
- 7:00 PM Boy Scout Troop 964 B
- 7:00 PM Boy Scout Troop 964 G
- 7:30 PM AA
- 7:30 PM Bull Run Troubadours

### WEDNESDAY, February 1

- 10:30 AM Holy Fitness
- 6:00 PM Girl Scout Troop 80115
- 6:30 PM Cub Scout Pack 289 - Arrow of Light Den
- 7:00 PM Chancel Choir
- 8:00 PM FUPCDC Praise Team

### THURSDAY, February 2

- 3:00 PM Prayer & Praise Small Group
- 6:30 PM Cub Scout Pack 289 - 5<sup>th</sup> Grade Boys
- 7:00 PM Children and Youth Task Force
- 7:00 PM Safety & Security Team
- 8:00 PM AA Support Group

### FRIDAY, February 3

- 10:30 AM Holy Fitness
- Boy Scout Troop 964 G Lock-In

### SATURDAY, February 4

- 8:00 AM Emmaus Team E-195
- 10:00 AM Kairos Outside Team

### SUNDAY, February 5

- 8:30 AM Worship - Traditional - Communion
- 9:45 AM Bible Study (Adult/Youth)
- 9:45 AM 252 Kids Children's Ministry
- 11:00 AM Worship - Contemporary - Communion

**First United Presbyterian Church of Dale City, Woodbridge, VA**

Ministers.....People of the Church  
Pastor.....Rev. Adam C. Bowling  
Parish Assistant..... Pastor Michael Slayter  
Chancel Choir Director..... Dana Van Slyke  
Interim Contemporary Worship Leader..... Theresa Arnold  
Pianist/Organist.....Justin Streletz  
Nursery Supervisor..... Joann Paige  
Sexton..... Homer Detrich  
Office Manager..... Kim Parker

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Church Office Hours: 10AM -2:30PM, weekdays, 703-670-7834  
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