

First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc



3rd Sunday after Epiphany

January 24, 2021

10:00 AM

The Reverend Adam C. Bowling - Pastor

Adam.Bowling@fupcdc.org

828.448.8914

WE ASSEMBLE IN GOD'S NAME

+ *GATHERING SONG*

Let It Rise

Holland Davis (CCLI# 2240585)

Verse 1

Let the glory of the Lord
Rise among us
Let the glory of the Lord
Rise among us
Let the praises of the King
Rise among us
Let it rise

Verse 2

Let the songs of the Lord
Rise among us
Let the songs of the Lord
Rise among us
Let the joy of the King
Rise among us let it rise

Chorus

O let it rise
O let it rise

WELCOME

MINISTRY IN ACTION

Helen Franchois

SESSION NOTES

Elder Norman Cobb

+ **CALL TO WORSHIP**

God called to Jonah to get up, go to Nineveh and proclaim God's word.

But Jonah refused, until God called a second time.

God is persistent. God believes in those whom God has called.

Jesus called the disciples by the lakeshore

They left their families and jobs to follow Jesus.

Lord, give us the courage to follow you all of our lives.

Let us worship God!

+ **OPENING HYMN**

Praise Ye the Lord, Almighty

35

1 Praise ye the Lord, the Almighty, the King of creation!

O my soul, praise him, for he is thy health and salvation!

All ye who hear, now to his temple draw near;
join me in glad adoration!

2 Praise ye the Lord, who o'er all things so wondrously reigneth,
shelters thee under his wings, yea, so gently sustaineth!

Hast thou not seen how thy desires e'er have been
granted in what he ordaineth?

3 Praise ye the Lord! O let all that is in me adore him!

All that hath life and breath, come now with praises before him!

Let the amen sound from his people again;
gladly for aye we adore him.

PRAYER OF THE DAY

Erin Bowling

Holy One, God of all Creation, you call us to be your people, to carry your vision in this time and place, to go where you send us to help welcome your amazing good news. As we gather in the presence of the risen Christ to spread the news that your realm is near, fill us with your Holy Spirit, O God of all Creation. Fill us with your glorious Spirit, that we may share your good news with a world in need.

Amen.

CALL TO CONFESSION

Erin Bowling

We gather as God's people, believing the promises fulfilled in Christ. We do not need to confess out of dread or fear, but in trust that God is faithful to forgive us and make us new. Join me as we pray together, saying. . .

PRAYER OF CONFESSION

Erin Bowling

Holy One, what a blessing and privilege we share here in this sacred virtual space and among this loving community. But, like Jonah, we sometimes are jealous of what we share here. We know that others are longing and thirsting for what we know and experience. Forgive us our reluctance to open our doors, open our hearts to others; some like us, some not. We repent of our hesitations and unwillingness to witness to those we have considered strangers and even enemies for fear they just might become friends. Hear us now, as we continue to confess in the silence of our hearts. . .

(Silence is Kept)

ASSURANCE OF PARDON

When we repent, our God relents,
lifting us beyond the pain, restoring us to safety,
protecting us in the refuge of eternal love.
In the name of Jesus, who is the Christ,
know that we are forgiven, and be at peace.
Thanks be to God!

+ **RESPONSE** *Glory to God, Whose Goodness Shines on Me (verse 1)* 582

*Glory to God, whose goodness shines on me,
and to the Son, whose grace has pardoned me,
and to the Spirit, whose love has set me free.
As it was in the beginning, is now and ever shall be. Amen.*

+ **PASSING OF THE PEACE**

The peace of Christ be with you.
And also with you.

WE PROCLAIM GOD'S WORD

TIME FOR CHILDREN

Song Mashup

Jonah and the Whale
Halle Halle Hallelujah
Becca Anderson, Singer

Rev. Adam C. Bowling
Brian Hehn and Mark Burrows
591

PRAYER FOR ILLUMINATION

Becca Washburg

SCRIPTURE LESSON

Jonah 3:1-5,10 NRSV

Becca Washburg

The word of the LORD came to Jonah a second time, saying, ² "Get up, go to Nineveh, that great city, and proclaim to it the message that I tell you." ³ So Jonah set out and went to Nineveh, according to the word of the LORD. Now Nineveh was an exceedingly large city, a three days' walk across. ⁴ Jonah began to go into the city, going a day's walk. And he cried out, "Forty days more, and Nineveh shall be overthrown!" ⁵ And the people of Nineveh believed God; they proclaimed a fast, and everyone, great and small, put on sackcloth.

¹⁰ When God saw what they did, how they turned from their evil ways, God changed his mind about the calamity that he had said he would bring upon them; and he did not do it.

This is the Word of the Lord.

Thanks be to God!

SPECIAL MUSIC

Lord, I Need You

Christy Nockels, Daniel Carson, Jesse Reeves, Kristian Stanfill, Matt Maher (CCLI# 5925687)
Martin Andrews, Soloist

MESSAGE

Fighting Against the Current

Rev. Adam C. Bowling

INVITATION TO DISCIPLESHIP

If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please email Pastor Adam, Adam.Bowling@fupcdc.org.

WE RESPOND TO GOD'S WORD

+ *HYMN OF RESPONSE Will You Come and Follow Me (The Summons)*

726

1 "Will you come and follow me if I but call your name?
Will you go where you don't know and never be the same?
Will you let my love be shown; will you let my name be known;
will you let my life be grown in you and you in me?"

2 "Will you leave yourself behind if I but call your name?
Will you care for cruel and kind and never be the same?
Will you risk the hostile stare should your life attract or scare?
Will you let me answer prayer in you and you in me?"

3 "Will you let the blinded see if I but call your name?
Will you set the prisoners free and never be the same?
Will you kiss the leper clean, and do such as this unseen,
and admit to what I mean in you and you in me?"

4 "Will you love the 'you' you hide if I but call your name?
Will you quell the fear inside and never be the same?
Will you use the faith you've found to reshape the world around,
through my sight and touch and sound in you and you in me?"

5 Lord, your summons echoes true when you but call my name.
Let me turn and follow you and never be the same.
In your company I'll go where your love and footsteps show.
Thus I'll move and live and grow in you and you in me.

PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

SERVICE OF GIVING

Music at the Offering

Great is Thy Faithfulness

Thomas Chisholm and William Runyan
Morelle Fokwa and Guylaine Nkamse, Singers

+ *DOXOLOGY*

Praise God, from Whom All Blessing Flow

606

**Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.**

+ *PRAYER OF DEDICATION*

Clara A.

Lord, let our congregation be a witness to you: immersed in scripture, constant in prayer, joyful in worship, generous in giving. A loving, supportive community reaching out to those in need. Accept these gifts we offer, in Jesus' name,
Amen.

WE GO IN GOD'S NAME

+ *CLOSING SONG*

Ancient of Days

Gary Sadler, Jamie Harvill (CCLI#: 798108)

Verse

Blessing and honor glory and power
Be unto the Ancient of Days
From ev'ry nation all of creation
Bow before the Ancient of Days

Chorus

Ev'ry tongue in heaven and earth
Shall declare Your glory
Ev'ry knee shall bow at Your throne
In worship
You will be exalted O God
And Your kingdom shall not pass away
O Ancient of Days

Bridge

Your kingdom shall reign
Over all the earth
Sing unto the Ancient of Days
For none can compare
To Your matchless worth
Sing unto the Ancient of Days

CHARGE AND BENEDICTION

+ *POSTLUDE*

Nearer My God to Thee
Justin Stretetz, Pianist

inspired by Chopin, Arr. López

+ *Please stand, in body or in spirit.*

Worship Notes

- * **WELCOME!** Whether you are new in the area, a resident of the community, or visiting the FUPCDC website, we are delighted you joined us in worship online. Please fill out the online attendance and please let us know if you have any prayer concerns or needs. To find out more about this church, please email the Church Office at office@fupcdc.org or call at 703-670-7834.

Connect with Us

- * **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- * **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- * **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- * **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to 81010. In the message, type @fupcdc and send. You can unsubscribe at any time.

Ministry in Action

- ✝ **2021 SUPER BOWL OF CARING:** Many in our community are struggling with food insecurities. There is an enormous need to help put food on our brothers and sisters' tables. As a Matthew 25 church we are called to reach out to those in need. In years past we have done this by participating in the Souper Bowl of Caring.
 - This year's event will be held on February 6th (with February 13th as a rain date) from 10:00 AM - 12:45 PM in the church parking lot. We will collect non-perishable food and other general items for the ACTS Hunger Prevention Center. If possible, place your donations in your car's trunk to enable a contactless drop off.
 - *Please ensure you are wearing a mask and adhere to the six feet social distancing protocol.*

- **Examples of items needed are:** canned and dried vegetables, fruit and meats, breakfast items, peanut butter and jelly, macaroni and cheese, whole-grain pasta, canned tomato sauce, canned soup, coffee, cooking oil, Pull-Ups and diapers size 5/6, soap, toothpaste, deodorant, shampoo, laundry detergent, feminine hygiene products, etc.
- **Please check all expiration dates and ensure food items have not expired.**
- Your generosity in helping to provide healthy non-perishable food and other needed items to those in need is an expression of God's love for all. Thank you for helping us tackle hunger in Prince William County!

✝ **ASH WEDNESDAY:** On Ash Wednesday, February 17th, there will be a worship service at 7:00 PM with Communion and Imposition of Ashes. We are asking participants to gather their own elements of bread and cup for communion. We also ask you to gather your own ashes (from a fire pit, fireplace, etc.) for the Imposition of Ashes. If you cannot gather ashes, you can substitute oil for the ashes (olive oil for example). **A shorter Lenten scripture and prayer service will be available online each Wednesday at 7:00 PM through March 24th.** On Thursday, April 1st, we will celebrate Maundy Thursday online at 7:00 PM with virtual communion. You will be able to view these services the same way you view Sunday services on our YouTube channel "FUPCDC Video". The link is <https://www.youtube.com/c/FUPCDC>.

Chancel Choir will meet at 7:30 PM immediately following each Wednesday prayer service. Wednesday Night Bible Study will resume after Easter on Wednesday, April 14th.

- * **THESE DAYS:** "These Days" (Daily Devotions for Living by Faith) January/February/March 2021 are here! Please contact the Church Office at office@fupcdc.org or 703-670-7834, to receive your book.
- * **GIVING:** Thank you to those who have already pledged for 2021. Your support of the programs and ministries of FUPCDC that are *IMPACTING LIVES* is greatly appreciated! If you have not already pledged, you can do so by completing a pledge card and mailing it to the church or by going to the church website and clicking on the 2021 Pledge Card button. Contributions can be made by a check mailed to FUPCDC, 14391 Minnieville Road, Woodbridge, VA 22193 or online by going to the church website, <https://fupcdc.org/give-online>. Thank you for giving to the Lord.
- * **SUNDAY SCHOOL CLASS (Simon Peter: the Flawed but Faithful Disciple):** He left everything to follow his teacher and possessed a passion that would change the world. That's one way to describe Peter. Here's another: poor, uneducated, quick-tempered, and full of doubts and fears. It doesn't even sound like the same man. This is a six-week study utilizing material developed by Adam Hamilton. Class will meet Sundays, 8:30 to 9:30 AM via Zoom. All are invited to participate. Contact Peter Glycer, 703-590-0856 or peterglycer@gmail.com for additional information.

- * **BIBLE BUDDIES:** Zoom Along with the Monday Night Ladies Bible Buddies every **Monday at 7:00 PM** for Bible Study and Fellowship. Please contact Betty Matthews, 703-618-9127 or bettysmatthews1@verizon.net for more information. The Bible Buddies' new study is Choose Joy: Because Happiness Isn't Enough by Kay Warren. Illness, financial worries, relational problems, loneliness, anxiety—we all deal with challenging issues. But Warren says that a joy-filled life is within reach, no matter what your circumstances!
- * **PASTOR'S WEDNESDAY EVENING BIBLE STUDY:** We are studying the Gospel of Matthew every Wednesday at 7:00 PM via Zoom. Contact Pastor Adam for the instructions to join via computer or phone. All are welcome.
- * **NEW FLOWER CHART FOR 2021:** The 2021 flower chart is now hanging in the Narthex Welcome Center. If you would like to sign up, please contact Kim in the church office to check availability. The cost remains **\$40.00**. We need to know the week you would like them, who you would like them in honor or memory of, and if you would like to keep the flowers or donate them to the flower ministry. If you wish to donate them, they will be given to members of the congregation to share God's love and cheer them up. If you have any questions, please contact Gail Cobb at gailzcobb@gmail.com.
- * **CHILDREN'S EDUCATION:** Every **Sunday, 8:45 - 9:30 AM**, we will be joining King's Grant Presbyterian Church in Virginia Beach, VA, via Zoom, for children in 2nd grade to 6th grade. If you would like your child to participate, please contact Pastor Adam at adam.bowling@fupcdc.org.
- * **HORIZONS BIBLE STUDY:** "Into the Light: Finding Hope through Prayers of Lament" is the title of the 2020 - 2021 women's Bible study. We will meet via Zoom on the **second Monday of each month, at 9:30 AM**. This is a study on the hope we can find in the scriptures. Contact Sara Porter, saraporter@comcast.net, or 703-670-8737 for more information.
- * **FUPCDC CONTEMPLATIVE YOGA CLASS VIA ZOOM:** Join us for a time to prayerfully release your cares and recharge physically, spiritually, and emotionally. The Contemplative Yoga group has a spot just for you on **Saturdays from 8:30-9:10 AM** on Zoom. Classes are always free, just click this link to sign up: [CLICK HERE TO VIEW THE SIGNUP](#).
- * **SPREAD THE WARMTH:** Are you looking for a worthwhile project to do while staying at home? Do you knit or crochet? If so, we have the perfect project for you. Our group makes hats and scarves for our friends in the community who are in need of something warm to wear during the winter. We also make hats for those suffering from cancer. If you would like to help or to find out more information about our group, please contact Elizabeth Glycer at lizglyer@gmail.com.

- * **MEN'S GROUP:** In lieu of our monthly Men's Breakfast, we now have several small groups of men that meet weekly for 30 minutes for devotion and prayer time. This is a phone-in conference call. We have slots available on Tuesday, Thursday, and Saturday. Please contact Sam Parris for your slot: 703-946-7266 or email at samjparris@aol.com.
- * **SPREAD THE BREAD:** Spread the Bread is our ministry for people experiencing homelessness. We currently provide a meal each Sunday at 12:20 PM for around 50 people in Prince William County. Volunteer opportunities include making sandwiches, donating drinks and chips, prayer, and more! If you would like to help in any way, please email Jon Guest, jon.a.guest@gmail.com.
- * **SPREAD THE LOVE:** We need volunteers to write cards/notes to those in quarantine or to folks who are experiencing isolation due to COVID-19. Other volunteer opportunities include making phone calls to check in with people who may need socialization. If you would like to volunteer for Spread the Love or suggest people to receive cards or calls, please email Sam Parris, samjparris@aol.com.
- * **EMAIL PRAYER CHAIN:** We need volunteers to receive one to two emails a week with prayer requests...and pray! If you would like to volunteer to pray, please contact the Church Office, office@fupcdc.org.

Student Ministry News

- * **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.

Joys and Concerns

All those who are ill or facing difficulties, including:

- | | | | |
|---------------------|----------------------|----------------------------------|--------------------|
| ✝ Brady | * Larry Hodges | * Dana Schnebelt | * Norman Cox |
| ✝ Annette Martin | * Jeanette Gregory | * Baby Louisa Wolstenholme | * Jeannine Menzie |
| ✝ Hunter Martin | * Joanne Willis | * Baby Dean Moy | * Larry Menzie |
| ✝ Lili Avity | * Amanda Peck | * Lee and Giselle Watenpaugh | * Linda Ford |
| * Jim Lawson | * Mary Jackson | * Jim and Jerolyn Randles | * Lynn Wilson |
| * Marti Glyer | * Virginia McPherson | * Sam Parris' Dad | * Leigh Anderson |
| * Barb McGill | * Debbie Niederriter | * Bill and Laura Parris | * Grace Ofosu-Addo |
| * Waddell | * Marjorie Lawrence | * Jason, Adriana, Mikhail Corbin | * Tim Elliott |
| * Kathryn Avery | * Patrick Cobb | * Edgar Hodges | * Nate Johnson |
| * Becca Whitfield | * Mildred Shenk | * Gordon MacDonald | * Shirley Westveer |
| * Derrick Schnebelt | | * Ann * Dineen | |

✝ Prayers for the family of Paul Galuzzi, who passed away this past week of Alzheimer's and prayers for his wife Jackie, who was exposed to the virus. - Peter and Liz Glyer

- * Congregational love and sympathy are extended to Sue and Nate Johnson and family at the death of Sue's sister, Eunice Hairston, 81 years old, of Martinsville, VA, on January 13, 2021. She went from the land of the dying to the land of the living. Please lift Sue and Nate and the entire family up in prayer at this time.
- * Congregational love and sympathy are extended to Larry and Amy Greenslit and family at the death of Larry's mother, Grace Leal Greenslit, 94 years old, on January 10, 2021. She went from the land of the dying to the land of the living. Please lift Larry and Amy and the entire family up in prayer at this time.
- * Prayers for the Pressley family, Danny Pressley passed away Friday, January 8, 2021 from complications due to COVID. - Lois Walker

All those serving abroad in our military, including from our church:

- ✝ Kelsey Gibson
- ✝ 2nd Lt. Sam Presley, just deployed to Middle East - Mike and Ruth Washburg's nephew

Celebrations of joy with thanksgiving to God:

- ✝ Thank you to the church congregation for the beautiful card and words. This was so special to me and thank you everyone for your love and prayers during this time of loss of my father and mother. - Mary Jones

The churches of National Capital Presbytery, especially:

✝ Manassas Presbyterian Church - Manassas, VA

✝ Mizo Presbyterian Church - Gaithersburg, MD

Calendar

January 24 - 31, 2021

SUNDAY, January 24

8:30 AM Simon Peter Sunday School Class via Zoom

8:45 AM Children's Education via Zoom

10:00 AM Worship - one service - Online Live Stream

MONDAY, January 25

10:30 AM Holy Fitness via Zoom

7:00 PM Bible Buddies via Zoom

7:00 PM Electronic Sign Task Force via Zoom

8:30 PM Production Meeting via Google Meet

TUESDAY, January 26

6:00 PM National Capital Presbytery Meeting via Zoom

WEDNESDAY, January 27

Newsletter Deadline

10:30 AM Holy Fitness via Zoom

7:00 PM Pastor's Bible Study via Zoom

THURSDAY, January 28

7:00 PM Nominating Committee via Zoom

FRIDAY, January 29

10:30 AM Holy Fitness via Zoom

SATURDAY, January 30

SUNDAY, January 31

8:30 AM Simon Peter Sunday School Class via Zoom

8:45 AM Children's Education via Zoom

10:00 AM Worship - one service - Online Live Stream

DEACONS: THE MINISTRY OF COMPASSION AND SERVICE

The ministry of deacon as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.¹

2021 BOARD OF DEACONS

Class of 2021
Agnes Fokwa
Deborah Folly
Lisa C. Fortner
Kathy McNeely
Carol Schwalm
Celine Sonkwa

Class of 2022
Amy Bean
Liz Goolgasian
Peggy Heins
Charlotte Stultz

Class of 2023
Bob Albrecht
Sandy Chamberlin
Claudia Cunningham
Pam Emert
Ellen Nuernberger
Tracy Stevens

Ellen Nuernberger, Co-Moderator 703-878-0009
Carol Schwalm, Co-Moderator..... 703-680-7673

RULING ELDERS: THE MINISTRY OF DISCERNMENT AND GOVERNANCE

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God's Spirit and governance of God's people. Accordingly, congregations should elect persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit. Ruling elders are so named not because they "lord it over" the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships. When elected by the congregation, they shall serve faithfully as members of the session. When elected as commissioners to higher councils, ruling elders participate and vote with the same authority as teaching elders, and they are eligible for any office.²

See current ruling elders of FUPCDC on page 15 of bulletin.

¹ *The Constitution of the Presbyterian Church (USA), Part II, Book of Order: 2013/2015*, 2013. Published by The Office of the General Assembly, 100 Witherspoon Street, Louisville, KY 40202, p. 26.

² *ibid.*, p. 60.

First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers.....	People of the Church
Pastor.....	Rev. Adam C. Bowling
Chancel Choir Director	Dana Van Slyke
Pianist/Organist	Justin Streletz
Contemporary Worship Directors.....	Becca and Chris Anderson
Children's/Youth Choir Directors.....	Becca and Chris Anderson
Jubilation Handbell Director.....	Ike Evans
Nursery Supervisor.....	Joann Paige
Little Hands Preschool Director	Tiffany Ramsey
Sexton.....	Homer Detrich
Office Manager.....	Kim Parker

SESSION

Peter Glycer ('21)	<i>Adult Christian Education</i>	703-590-0856
Mike Gundel ('22)	<i>Building & Grounds</i>	301-767-5030
Ruth Washburg ('22)	<i>Children's Ministry</i>	703-407-3976
Cathy Albrecht ('23)	<i>Communications</i>	703-670-8369
Betsy Gilbert ('23)	<i>Congregational Connections</i>	703-670-4949
Jon Guest ('22)	<i>Finance & Administration</i>	703-491-4006
Chris Martin ('23)	<i>Information Technology</i>	585-455-8423
Dave Stokes ('22)	<i>Little Hands Preschool</i>	703-583-9287
Pam Cox ('21)	<i>Mission & Outreach</i>	703-441-6319
Linda Wolstenholme ('23)	<i>Nominating</i>	703-878-3697
Norman Cobb ('21)	<i>Personnel</i>	703-878-7317
Jon Guest ('22)	<i>Safety & Security</i>	703-491-4006
Pat Manalio ('23)	<i>Stewardship</i>	703-680-5058
Marti Hall ('22)	<i>Worship</i>	703-626-2269
Afton Schwalm ('23)	<i>Youth Ministry</i>	571-221-0778
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914
Sara Porter	<i>Clerk of Session</i>	703-670-8737

Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

Little Hands Preschool, 703-878-2366