



FUPCDC *E-news*

First United Presbyterian Church of Dale City

FEBRUARY 17, 2010

LENT BEGINS: *Ash Wednesday*

Today is Ash Wednesday, the beginning of Lent. There will be a COMMUNION Service this evening at 7:00 p.m. which will include the (optional) imposition of ashes.

Lenten Suppers begin this evening, also, as a fundraiser for our Summer Youth Mission Team. Suppers are held at 6:00 p.m. every Wednesday in Lent (see details below).

What's the Big Deal About Lent?

LENT. The word comes from the Old English "*lencten*" and refers to the lengthening of the days that takes place this time of year. More daylight, I suppose, to think about our relationship to GOD, the world and the one who enfleshes GOD's love for this world, who was and is victorious over the powers of this world. Lent is a very big deal!

Beginning with Ash Wednesday, February 17, you are invited to meet sisters and brothers in the faith at the Lord's Table every Wednesday in Lent at 7:00 pm. We will drink the Cup of Salvation and "call upon the name of the Lord," as the Psalmist put it. It's an opportunity to commune with the Holy One, to sing hymns and pray, and to share bread and cup as signs of the feast which is ours in Jesus.

At the conclusion of the Ash Wednesday service, *those who wish* may come forward for the placing of the sign of the cross on the forehead signifying that, "Dust we are and to dust we shall return." Traditionally, the ashes used in this service are produced by burning the palm branches from the previous year's Palm Sunday service. It is thought that this symbolic act makes us more mindful of our wilted, dried and faded dreams of faithful discipleship, and of our finitude.

For the convenience of those returning from work and those with busy family schedules, a simple meal will be provided from 6:00 - 6:45 pm. (The meals support the Summer Youth Mission Trip.) *Attendance at the meals is certainly not necessary for attendance at the Holy Meal of our Lord Jesus Christ.*

Lent is a big deal. It's a time to be reconciled to Jesus Christ and to each other. It's a time to focus on the cross and on the one unifying conviction we share: the risen Jesus is Lord of all and in him alone is there salvation and hope!

Yours in Christ,
Robert A. Edmunds

This Sunday, February 21, 2010

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| 9:00 am | Worship Service (traditional) | <i>Sermon:</i> "Christ Prays for Us" |
| 10:30 am | Worship Service (contemporary) | <i>Scripture:</i> John 17:6-26 |

ALL Elementary & Middle School aged activities are CANCELLED tonight, due to Prince William County Schools cancelling their after school activities. This includes BreakOut, Kidsquest, Middle School Youth Group and Children's Choirs.

Lenten Suppers

LENTEN DINNERS begin this Wednesday! Come out and help support the Summer Youth Mission Team as they serve you a great meal before the Lenten Service. The Lenten Dinners will be from 6:00 pm to 7:00 pm every Wednesday during Lent. This week's dinner will be catered by Brother's Encore and we will be having baked ziti, salad, bread, and dessert. The suggested donation for these dinners is \$5 per person.

Farewell to Pastor Scott

Since the reception for the Fouts Family has been cancelled, you are invited to participate in a CARD SHOWER for them. Cards may be sent to 1025 Massey Court, Greenwood, IN 46143.

Adult Christian Education Sunday Classes

The Adult Christian Education Team is offering two courses during Lent. The first taught by Cathy Smith is entitled "Learning Forgiveness: A Lenten Study." It will be offered during the 10:30 a.m. Sunday School Hour starting on Sunday, February 21, Room TBD. They are also offering "Becoming a Contagious Christian" taught by Ross Schwalm on Wednesday evenings beginning February 24, from 7:30 and 8:30 p.m., in Room 22. If you have any questions on these classes please contact Elder Christopher Yung at 703-992-3951 (adult@fupcdc.org).

Due to recent inclement weather the Adult Christian Education team had to postpone the C.S. Lewis class originally scheduled to begin on 7 February. Rob Weinholt, the course instructor, would like to begin the rescheduled class on 28 February at 9:00 a.m. in Room 22.

CPP Training

Child Protection Policy (CPP) Training has been rescheduled for Sunday, February 28, at noon in Room 4. Who should attend the training? Anyone who would like to be involved in ministries where children and youth are involved must attend the training. Ministries affected by Child Protection Policy: Children's CE, Youth, Choirs, Drama, Confirmation, Middle School Mission Trip, High School Mission trip and High School retreat. For additional information or to sign up, please contact Children's CE at: children@fupcdc.org or stop by the Children's CE office in Education wing between 8:30a-12:00p Sundays

Annual Meeting of the Congregation

The Annual Meeting of the Congregation has been called for Sunday, February 21, 2010. The purpose of the meeting is to receive the 2010 budget and the annual reports, to elect members of the 2010 Nominating Committee, and to elect and 2 Elders to unfilled terms in the Class of 2010.

Christian Ladies Afternoon Sit-down Social (CLASS)

Ladies, would you like a nice peaceful lunch without your husband or children and no cooking or clean up? If so, please join the Christian Ladies Afternoon Sit-down Social (CLASS) for lunch on the last Tuesday of every month. This month they will meet at 11:30 am on Tuesday, February 23, at Montclair Family Restaurant 17001 Dumfries Road . Please RSVP Jean Peterman by Sunday (AJP1949@verizon.net; 703-494-2556) or if you have questions. Space is limited.

30 Hour Famine

Our church will be hosting the 30 hour famine on February 26 and 27th. All students in grades 6-12 are encouraged to participate. The signup table will be in the narthex. There will be five other churches who will also be participating. Our youth and adults will start fasting directly after lunch on Friday and will continue until the break-fast at about 6 pm on Saturday. The entire congregation is invited to attend this very moving closing ceremony where we will share our stories about the weekend. Our church will learn about hunger and homelessness throughout the world during this event and will participate in a number of service projects on Saturday. If you would like to help you can do a number of things. First you can help us by donating individual sized bottles of juice, Gatorade, and water. Secondly you can make a donation at one of the 30 Hour famine tables on Sunday Morning. Thirdly you can sign up to be a driver on Saturday for our service projects, and finally you can help us by signing up on our prayer board. All money raised by the 30 Hour Famine goes to World Vision, to support hungry children. This year, all of our fundraising will target World Vision's mission in Haiti. If you have any questions contact: Lance Overstreet, Martha Greene or any of the youth.



This Week's Calendar

February 17 - 28, 2010

WEDNESDAY, Ash Wednesday, Feb. 17

5:00 pm Youth Choir
 6:00 pm Lenten Supper
 7:00 pm Ash Wednesday Communion Service
 7:30 pm Chancel Choir

THURSDAY

10:00 am Pastor's Bible Study @ Westminster
 5:00pm Youth Prayer Group
 6:00 pm SYM Fundraising Team
 7:00 pm Notes of Salvation
 7:30 pm Mission Team

SATURDAY

10:00 a.m. Special Presbytery Meeting
 at National Presbyterian Church

SUNDAY, February 21

9:00 am WORSHIP (Traditional)
 9:00 & 10:30 am Adult Christian Ed. & CROSS Training
 9:00 am Confirmation Class
 9:15 am Young Adult Study
10:00 am Annual Meeting of the Congregation
 10:30 am WORSHIP (Contemporary)
 11:30 am Spreading the Bread
 11:30 am Adult CE Team
 4:00 pm Youth Praise Band
 5:00 pm Jubilation
 6:00 pm Sr. Hi & Middle School Youth

TUESDAY

7:00 pm 30 Hr. Famine Team
 7:00 pm SYM Training

WEDNESDAY

5:00 pm Youth Choir
 6:00 pm Junior Choir
 6:00 pm Carol Choir
 6:00 pm Middle School Youth
 6:00 pm Lenten Supper
 7:00 pm BreakOut/KidsQuest
 7:00 pm Communion Service
 7:30 pm Chancel Choir

THURSDAY

10:00 am Pastor's Bible Study @ Westminster
 5:00pm Youth Prayer Group
 7:00 pm Notes of Salvation

FRIDAY

5:00 pm **30 Hour Famine**

SATURDAY

5:00 pm **Closing Service of 30 Hour Famine**

SUNDAY, Feb. 28

9:00 am WORSHIP (Traditional)
 9:00 & 10:30 am Adult Christian Ed. & CROSS Training
 (No Middle School or High School)
 9:15 am Young Adult Study
 10:30 am WORSHIP (Contemporary)
 11:30 am Spreading the Bread
 11:45 am Yucatan 2011
 11:45am Stephen Ministers
 11:45 am Evangelism Team
 12:00 pm CPP Training
 5:00 pm Jubilation