

# First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc  
<https://www.youtube.com/c/FUPCDC>



LENT  
lament. repent. anticipate.

3<sup>rd</sup> Sunday of Lent

March 12, 2023

10:00 AM

The Reverend Adam C. Bowling - Pastor

[Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org)

828.448.8914

## WE ASSEMBLE IN GOD’S NAME

### **BELLS**

*The three tolls call us to worship and symbolize our belief in the Triune God: Father, Son, and Holy Spirit. In quiet reverence, we prepare for worship.*

### **GATHERING SONG**

*I Stand Amazed (How Marvelous)*

Charles Hutchinson Gabriel, Chris Tomlin (CCLI#: 4674207)

FUPCDC Praise Team

### **WELCOME**

### **MINISTRY IN ACTION**

✠ Spread the Bread

Ruth Washburg

### + **CALL TO WORSHIP** *(Matthew 11:28, 29)*

Welcome to the worship of the Lord! Hear the words of Jesus as he calls us today:

**"Come to me all you who are weary and burdened, and I will give you rest.**

**Take my yoke upon you and learn from me, for I am gentle and humble in heart and you will find rest for your souls."**

This morning God encourages us to come in all candor and honesty. Leave no burdens, cares, or pain behind. Bring it into God’s presence as Christ welcomes us.

### + **OPENING HYMN**

*Be Still, My Soul*

819

### **PRAYER OF THE DAY** *(based on John 4:13-14; 7:37-38)*

All-knowing and all-caring God, we gather this day drained by another week. We are like a parched desert, empty and in need of replenishment. Visit us with your presence, saturate us with your Spirit, and bathe us in your streams of living water, that our lives might acknowledge and worship you to the praise and honor of Jesus Christ.

**Amen!**

### **CALL TO CONFESSION**

In the season of Lent, as we prepare to receive the Easter gift of resurrection, we are invited on a journey. We are invited to walk a path of introspection and reflection, acknowledging both the shadows and light of our lives. Trusting in the grace of God, and before one another, let us admit the shadows and light, as we pray together, saying. . .

## **PRAYER OF CONFESSION**

Holy God, you know us better than we know ourselves, and you see us more clearly. How impossible it seems that we could ever hide anything from you, or even try to hide something; but we do. Sometimes we pretend to be better than we are. We do things we know will hurt others and act as though we are blameless. But we aren't. We are complicit, and we are guilty, and we are broken. So we ask for your forgiveness, because you love us more than we can imagine, and you can make us whole beyond our wildest dreams. This we ask in the name of Jesus, who came to show us the way. Hear us now, as we continue to confess in the silence of our hearts. . .

*(A Time of Silent Confession)*

## **KYRIE**

*Lord, Have Mercy*  
Lord, have mercy;  
Christ, have mercy;  
Lord, have mercy upon us.  
Lord, have mercy;  
Christ, have mercy;  
Lord, have mercy upon us.

551

## **ASSURANCE OF PARDON**

Forgiven and healed, we open ourselves to the grace, the peace, the hope offered to us through our loving God. There is no wrong that God cannot make right. There is no chasm that can separate us from God's love. Hearing this, know that we are forgiven, and be at peace.

Thanks be to God!

## + **RESPONSE**

*Glory to God, Whose Goodness Shines on Me (verse 1)*

301

*Glory to God, whose goodness shines on me,  
and to the Son, whose grace has pardoned me,  
and to the Spirit, whose love has set me free.*

*As it was in the beginning, is now and ever shall be. Amen.*

## + **PASSING OF THE PEACE**

The peace of Christ be with you.

And also with you.

*(Please share a sign of Christ's peace with those around you.)*

# WE PROCLAIM GOD'S WORD

## *TIME FOR CHILDREN*

### **PRAYER FOR ILLUMINATION**

Startle us, O God, with your truth and open our hearts and our minds to your wondrous love. Speak your word to us; silence in us any voice but your own and be with us now as we turn our attention, our minds and our hearts, to you, in Jesus Christ our Lord.

**Amen.**

### **OLD TESTAMENT LESSON**

Psalm 139 NRSV

O Lord, you have searched me and known me.

<sup>2</sup>You know when I sit down and when I rise up;  
you discern my thoughts from far away.

<sup>3</sup>You search out my path and my lying down  
and are acquainted with all my ways.

<sup>4</sup>Even before a word is on my tongue,  
O Lord, you know it completely.

<sup>5</sup>You hem me in, behind and before,  
and lay your hand upon me.

<sup>6</sup>Such knowledge is too wonderful for me;  
it is so high that I cannot attain it.

<sup>7</sup>Where can I go from your spirit?  
Or where can I flee from your presence?

<sup>8</sup>If I ascend to heaven, you are there;  
if I make my bed in Sheol, you are there.

<sup>9</sup>If I take the wings of the morning  
and settle at the farthest limits of the sea,

<sup>10</sup>even there your hand shall lead me,  
and your right hand shall hold me fast.

<sup>11</sup>If I say, "Surely the darkness shall cover me,  
and night wraps itself around me,"

<sup>12</sup>even the darkness is not dark to you;  
the night is as bright as the day,  
for darkness is as light to you.

<sup>13</sup>For it was you who formed my inward parts;  
you knit me together in my mother's womb.

<sup>14</sup>I praise you, for I am fearfully and wonderfully made.  
Wonderful are your works; that I know very well.

<sup>15</sup> My frame was not hidden from you,  
when I was being made in secret,  
intricately woven in the depths of the earth.

<sup>16</sup> Your eyes beheld my unformed substance.  
In your book were written  
all the days that were formed for me,  
when none of them as yet existed.

<sup>17</sup> How weighty to me are your thoughts, O God!  
How vast is the sum of them!

<sup>18</sup> I try to count them—they are more than the sand;  
I come to the end—I am still with you.

<sup>19</sup> O that you would kill the wicked, O God,  
and that the bloodthirsty would depart from me—

<sup>20</sup> those who speak of you maliciously  
and lift themselves up against you for evil!

<sup>21</sup> Do I not hate those who hate you, O Lord?  
And do I not loathe those who rise up against you?

<sup>22</sup> I hate them with perfect hatred;  
I count them my enemies.

<sup>23</sup> Search me, O God, and know my heart;  
test me and know my thoughts.

<sup>24</sup> See if there is any wicked way in me,  
and lead me in the way everlasting.

This is the Word of the Lord.  
**Thanks be to God.**

### **CHOIR ANTHEM**

*O Man of Sorrow*  
FUPCDC Chancel Choir

Rodby

### **OLD TESTAMENT LESSON** Habakkuk 1:1-4 NRSV

The oracle that the prophet Habakkuk saw.

<sup>2</sup> O Lord, how long shall I cry for help,  
and you will not listen?

Or cry to you “Violence!”  
and you will not save?

<sup>3</sup> Why do you make me see wrongdoing  
and look at trouble?

Destruction and violence are before me;  
strife and contention arise.

<sup>4</sup> So the law becomes slack,

and justice never prevails.  
The wicked surround the righteous;  
therefore judgment comes forth perverted.

This is the Word of the Lord.  
**Thanks be to God.**

**MESSAGE**

Lament

Rev. Adam C. Bowling

**INVITATION TO DISCIPLESHIP**

*(If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please speak with someone at the Welcome Table right outside the sanctuary. For those worshipping online, please email Pastor Adam at [adam.bowling@fupcdc.org](mailto:adam.bowling@fupcdc.org). Know that ALL are welcome in this place!)*

**WE RESPOND TO GOD'S WORD**

+ **HYMN OF RESPONSE**     *Hear My Prayer, O God (Psalm 143)*     782

**PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER**

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

**SERVICE OF GIVING**

Music at the Offering

*His Mercy Is More*  
FUPCDC Praise Team

Matt Boswell, Matt Papa (CCLI#:7065053)

+ **DOXOLOGY**     606

*Praise God, from whom all blessings flow;  
Praise Him, all creatures here below;  
Praise Him above, ye heavenly host;  
Praise Father, Son, and Holy Ghost. Amen.*

+ **PRAYER OF DEDICATION**

God of the wilderness, we give these offerings in gratitude, rejoicing in the abundance of your gifts to us. We give these offerings in faith, trusting that you will provide for our needs. We give these offerings in hope, knowing you can use them to spread your love in this world. And with these offerings, we give ourselves; may we live with generous hearts, and with open hands.

**Amen.**

**WE GO IN GOD'S NAME**

+ **SENDING HYMN**      *God, Be the Love to Search and Keep Me*      543

+ **OUR VISION**

Here at First United Presbyterian we are

**Welcoming All, Growing Together, Serving with Joy!**

+ **CHARGE AND BENEDICTION**

+ **BENEDICTION RESPONSE**      *Go with Us, Lord*      748

**Go with us, Lord, and guide the way  
through this and every coming day,  
that in your Spirit strong and true  
our lives may be our gift to you.**

+ **POSTLUDE**      *The Church's One Foundation*      AURELIA, Arr. Stan Pethel  
Justin Streletz, Pianist

+ *Please stand, in body or in spirit.*

The Session has called a congregational meeting for **Sunday, March 26<sup>th</sup>** immediately following the **8:30 AM worship service**. The purpose of the meeting is to elect elders, deacons, and nominating committee members.

# Worship Notes

- \* **WELCOME!** Whether new in the area, a resident of the community, or visiting, we are delighted you joined us in worship. Please come to the Welcome Table right outside the sanctuary after the service to fill out an info card and to receive a special gift. To find out more about this church, please call the Church Office at 703-670-7834 or speak with Pastor Adam.
- \* **WORSHIP ASSISTANT:** Pastor Michael Slayter

## Connect with Us

- \* **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- \* **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- \* **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- \* **FUPCDC YOUTUBE CHANNEL:** To view worship services and videos, visit the FUPCDC Youtube channel, <https://www.youtube.com/c/FUPCDC>. You can also find our channel by searching for "FUPCDC Video".
- \* **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to **81010**. In the message, type @fupcdc and send. You can unsubscribe at any time.

March 15, 22, 29 Wednesday Night Lenten Soup Dinner 6:00 PM  
Lenten Worship with Communion 7:00 PM  
Chancel Choir Rehearsal 7:30 PM  
Praise Team Rehearsal 8:30 PM

April 2, 2023 Palm-Passion Sunday  
One worship service - Communion 10:00 AM  
NO Adult Bible Study  
252 Kids Children's Ministry 10:15 AM

April 6, 2023 Maundy Thursday service 7:00 PM

April 7, 2023 Good Friday - Prayer Vigil 10:00 AM - 2:30 PM

April 9, 2023 - Easter Sunday Worship  
Traditional Worship service 8:30 AM  
252 Kids Children's Ministry 8:45 AM  
Adult/Youth Bible Study 9:45 AM  
252 Kids Club 9:45 AM  
Contemporary Worship service 11:00 AM  
252 Kids Children's Ministry 11:15 AM



# Ministry in Action

- ✝ **LENTEN WORSHIP SERVICES:** Please join us at **7:00 PM** on Wednesday evenings through March 29<sup>th</sup> for Lenten Worship and Communion.
- ✝ **WEDNESDAY NIGHT LENTEN SOUP SUPPER:** Please join us for Wednesday Night Lenten Soup Supper, March 15<sup>th</sup> at **6:00 PM** in the Triple Room. Please contact Betsy Gilbert, 703-343-3921 (text or call) or [betsy.gilbert24@gmail.com](mailto:betsy.gilbert24@gmail.com) for more information.
- ✝ **HORIZONS LADIES' BIBLE STUDY:** Celebrating Sabbath: Accepting God's Gift of Rest and Delight is our Bible study. **Our next meeting is on Monday, March 13<sup>th</sup> at 9:30 AM in Room 22.** Contact Sara Porter, [saraporter@comcast.net](mailto:saraporter@comcast.net), for more information.
- \* **KAIROS MINISTRY:** A Kairos Table will be located in the Narthex after the one service TODAY. Please visit us to **sign up to pray** for the team and inmates, **signup to bake homemade cookies** that will be brought into the prison and distributed to the inmates and prison staff or **sign up to make placemats** (drawings and scripture). Please contact Sam at [SamJParris@aol.com](mailto:SamJParris@aol.com) or 703-946-7226 for more information.
- \* **BLUE BIRD BUS TRIP TO THE WASHINGTON NATIONAL CATHEDRAL:** On March 27, 2023 we will depart the church at **9:00 AM** and return 3:00-3:30 PM. The cost is \$70.00 per person (includes bus, tip and tour) Lunch will be on your own at Pentagon City Mall. Sign up TODAY in the Welcome Center. Checks are made payable to our escort, Brian Fulton.
- \* **SPRING CLEAN UP - Saturday, March 25, 9:00 AM - 12:00 PM:** Bring your gardening and lawn tools, if you have them. The Rain date is April 1.
- \* **READY, SET, MOVE!-BIBLE CAMP 2023 -July 10<sup>th</sup> - 14<sup>th</sup> from 6:00-8:00 PM:** Please prayerfully consider the ways in which you can serve, and sign up to help. Sign up on the link in the Thursday News or contact Erin at [erinkbowling@gmail.com](mailto:erinkbowling@gmail.com).
- \* **NO ADULT BIBLE STUDY:** There will be NO Adult Bible Study today. Join us next Sunday at **9:45 AM** for the Bible study, "He Chose the Nails" by Max Lucado. Contact Curt Hoagland, [choagieva@yahoo.com](mailto:choagieva@yahoo.com) for questions.
- \* **252 KIDS CHILDREN'S MINISTRY:** We meet today at **10:15 AM** after Time for Children. Contact Erin Bowling at [erinkbowling@gmail.com](mailto:erinkbowling@gmail.com) for more information.

# Student Ministry News

- ✝ **YOUTH BREAD SUNDAY:** Come join us at **5:00 PM** for Bread Sunday at Chris and Becca Anderson's home, 14244 Lindendale Road, Woodbridge, VA 22193. Contact Pastor Adam for more information at 828-448-8914.
- \* **SPRING YOUTH CALENDARS:** Youth calendars are now available online and in the Welcome Center.

- \* **VOLUNTEERS NEEDED:** We are working hard to rebuild the FUPCDC Youth program after COVID. We need Bread Sunday Bible Study Hosts, Chaperones, Bible Study Leaders, Cooks, and More! Sign up here to volunteer: [First United Presbyterian Church of Dale City, VA: Help with FUPCDC Youth Group - 2023 \(signupgenius.com\)](https://www.signupgenius.com) or go to the Volunteer sign up on the Thursday News. Thank you!
- \* **STUDENT MINISTRY EMAILS:** Sign up to receive Student Ministry emails. Ask Pastor Adam how to do this, or go to the FUPCDC website.
- \* **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.

## *Joys and Concerns*

### All those who are ill or facing difficulties, including:

- |                               |                      |                   |                 |
|-------------------------------|----------------------|-------------------|-----------------|
| ✝ Ann Randles                 | * Amanda Peck        | * Karen Gundel    | * Deborah Folly |
| * Nathan Johnson, III         | * Pat Greenhalgh     | * Leigh Anderson  | * Linda Ford    |
| * Doug Godfrey                | * Debbie Niederriter | * Gretchen Snyder | * Norman Cox    |
| * Baby Louisa Wolstenholme    | * Baby Raphael       | * Jeannine Menzie | * Nate Johnson  |
| * Jason, Arina, Mikail Corbin | * Tanya              | * Lee Watenpaugh  | * Rick Bockes   |
| * Bill and Laura Parris       | * Amanda             | * Liz Startin     | * Norman Cobb   |
| * Nancy Hoagland              | * Marjorie Lawrence  | * Leslie          |                 |

- ✝ Congregational love and sympathy are extended to the family and friends of George Riling. George went to be with the Lord on Monday, March 6, 2023. Please lift up George's family and friends in prayer at this time.
- ✝ Congregational love and sympathy are extended to John and Carole Hughes at the death of John's nephew, Tommy Hughes on Tuesday, March 7, 2023. Please lift up John and Carole and the family in prayer at this time.
- \* As we start our new chapter in Richmond we want to thank our FUPCDC family for all the love and support over the years. We will miss you! - Kathy and Jeff Cobb
- \* Congregational love and sympathy are extended to Debra Bowles-Wilson and family at the death of Debra's aunt, Jean Bowles. Please keep the family in prayer at this time.

### All those serving in our military who are stationed away from home, including from our church:

- ✝ Kelsey Gibson (Affiliate Member of FUPCDC)
- ✝ Elizabeth Batista (Ana Batista Caporaletti's daughter)
- ✝ David Cornelius, Jr. (Debbie Cornelius' son)

The churches of National Capital Presbytery, especially:

✙ Northern Virginia Korean Presbyterian Church - Annandale, VA

✙ Northminster Presbyterian Church - Washington, DC

# Calendar

## March 12 - 19, 2023

### SUNDAY, March 12

3<sup>rd</sup> Sunday of Lent

Daylight-Saving Time Begins

- 10:00 AM Worship - One Service
- 10:15 AM 252 Kids Children's Ministry
- 1:15 PM Property Ministry Team
- 5:00 PM Youth - Bread Sunday  
at Chris & Becca Anderson's Home

### MONDAY, March 13

- 9:30 AM Horizons Bible Study
- 10:30 AM Holy Fitness
- 11:00 AM Bel Air Woman's Club Board Meeting
- 1:00 PM Personnel Committee
- 6:00 PM Girl Scout Unit 80-5
- 7:00 PM Bible Buddies
- 8:30 PM Production Meeting - Google Meet

### TUESDAY, March 14

- 8:30 AM TOPS
- 1:00 PM Al-Anon
- 2:00 PM Fellowship Ministry Team
- 7:00 PM Boy Scout Troop 964 B
- 7:00 PM Boy Scout Troop 964 G
- 7:00 PM Evangelism & Outreach Ministry Team
- 7:00 PM Worship Ministry Team
- 7:30 PM AA
- 7:30 PM Bull Run Troubadours

### WEDNESDAY, March 15

- 10:30 AM Holy Fitness
- 6:00 PM Wednesday Night Lenten Soup Supper
- 6:00 PM Girl Scout Troop 80115
- 6:30 PM Cub Scout Pack 289-Arrow of Light Den
- 7:00 PM Lenten Worship - Communion
- 7:30 PM Chancel Choir
- 8:30 PM FUPCDC Praise Team

### THURSDAY, March 16

- 3:00 PM Prayer & Praise Small Group
- 7:00 PM Boy Scout Troop 964 ASM
- 7:00 PM Earth Care Committee
- 7:00 PM Ministry Team Leaders Meeting
- 8:00 PM AA Support Group

### FRIDAY, March 17

- 10:30 AM Holy Fitness

### SATURDAY, March 18

- 8:00 AM Kairos Ministry
- 8:00 AM Emmaus Team E-195
- 11:00 AM Let's Make Lunches - Spread the Bread

### SUNDAY, March 19

4<sup>th</sup> Sunday of Lent

- 8:30 AM Worship - Traditional
- 8:45 AM 252 Kids Children's Ministry
- 9:45 AM Bible Study (Adult/Youth)
- 9:45 AM 252 Kids Club
- 11:00 AM Worship - Contemporary
- 11:15 AM 252 Kids Children's Ministry
- TBD Youth - Trip to Reclaim Arcade  
in Fredericksburg, VA

Pastor Adam will be away Monday, March 13<sup>th</sup> - Wednesday, March 15<sup>th</sup>  
at a National Capital Presbytery Retreat for Pastors and church leaders.

## First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers.....	People of the Church
Pastor.....	Rev. Adam C. Bowling
Parish Assistant.....	Pastor Michael Slayter
Chancel Choir Director.....	Dana Van Slyke
Interim Contemporary Worship Leader.....	Theresa Arnold
Pianist/Organist.....	Justin Streletz
Nursery Supervisor.....	Joann Paige
Sexton.....	Homer Detrich
Office Manager.....	Kim Parker



First United Presbyterian Church of Dale City, VA is a PC(USA) Congregation. We are a Matthew 25 church that is Earth Care Certified and part of the More Light Presbyterians—ALL are welcome and wanted!



\*\*\*\*\*  
 Church Office Hours: 10AM -2:30PM, weekdays, 703-670-7834  
 \*\*\*\*\*