



First United Presbyterian Church of Dale City

Chronicles

September 2019



14391 Minnieville Road
Woodbridge, Virginia 22193
703-670-7834

People of the Church, Ministers
Rev. Adam C. Bowling, Pastor
Dana Van Slyke, Music Director
Justin Streletz, Accompanist
Rebecca & Chris Anderson, Contemporary Worship Directors
Ike Evans, Jubilation Handbells Director
Joann Paige, Nursery Supervisor
Tiffany Ramsey, Little Hands Preschool Director
Homer Detrich, Sexton
Kim Parker, Office Manager

MESSAGE FROM PASTOR ADAM

NEW THIS FALL!

Our Children's Ministry at First United Presbyterian Church of Dale City is getting revamped and renamed! **FUPCDC Neighborhood Children's Ministry** will have two main programs on Sunday Mornings!

TROLLEY TIME CLASSES during the Christian Education Hour (9:45 AM – 10:45 AM) will be offered for Nursery through 5th grade! These interactive classes will feature a Bible Story, memory verse, and lots of other fun games, crafts, and mission projects. At Trolley Time, the children of FUPCDC will learn what it means to be a good neighbor by studying scripture and putting into practice what they learn.



FUPCDC Neighborhood Children's Ministry



TROLLEY TIME

TROLLEY TIME SUNDAY SCHOOL CLASSES:

- Nursery & Pre-K Class (Rooms 15 & 17)
- Grades K-2 Class (Room 4)
- Activity Room (Rooms 1 & 2)
- Grades 3-5 Class (Room 3)
- Activity Room (Rooms 1 & 2)

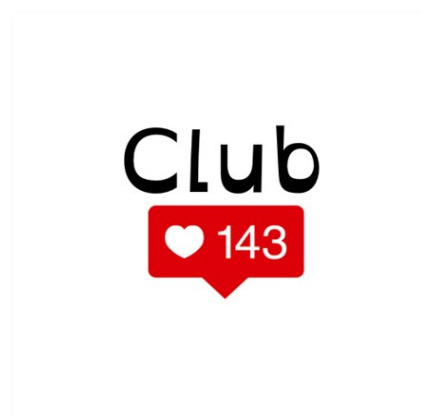
Note: We are still looking for some **Teaching Assistants** to help out in these classes. Teaching Assistants don't have to prepare a lesson or teach, but are there to offer assistance with supplies, activities, and classroom management. Please contact Pastor Adam (adam.bowling@fupcdc.org) or Elder Ruth Washburg (ruthwashburg@yahoo.com) if you are willing to volunteer today!

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CLUB 143 CHILDREN'S CHURCH:

Love is the basis for **Club 143**, a tribute to Mister Rogers's legacy. The number 143 was very important to Fred Rogers. He was faithful to swim every day, except Sundays. For the last thirty years of his life, he was careful to maintain his weight at 143 pounds. But the number had another meaning to him. Rogers said, "It takes one letter to say 'I' and four letters to say 'love' and three letters to say 'you.'" One hundred and forty-three.



Children in **grades K-2** will have an opportunity to attend **Club 143** after the Time for Children in the 11:00 AM worship service. Children who wish to attend, will go to Room 4 to study scripture and respond to that Bible story with a craft, game, or other activity. Children in grades 3 and up are asked to stay in worship as active participants. If children in grades 3 and up would like to participate in worship leadership, please contact Pastor Adam!

Note: We are also looking for some **Teaching Assistants** to help out with **Club 143**. Like the Teaching Assistants in the Trolley Time classes, you won't be asked to teach or prepare anything. You can also sign up to help with only one or two classes per year.



YOUTH GOD AND CHURCH CLASS:

Youth in grades 6-12 are invited to participate in the **God and Church Class**. This class is for **ALL YOUTH**, male and female, grades 6 through high school seniors. We will be using the God and Church curriculum. All students will receive a special award when they complete the program, and scouts (Boy Scouts & Girl Scouts) may have their accomplishment recognized by their Scout group.

The God and Church curriculum is designed to lead youth on a three-part faith journey.

Class Goals:

- To strengthen young people's relationship with Christ
- To challenge young people to learn about and participate in the worship and ministry of the church
- To have young people make a plan for daily Bible reading and memorize a creed, or statement of belief, and/or passage of scripture.
- To provide the opportunity for young people to experience the joy of serving others

The three parts of the faith journey will be: meeting Jesus, worshiping God, and witnessing and ministering for Christ. Young people will have the opportunity to work with youth leaders and Pastor Adam as they study the church's structures and objectives, and participate in service projects that will give them a better understanding of the mission of the First United Presbyterian Church of Dale City.

Note: We are also looking for some **Teaching Assistants** for the **God and Church Class**. Please contact Pastor Adam (adam.bowling@fupcdc.org) or Ross Schwalm (pahessian@gmail.com) to volunteer today!

Friends, know that I am looking forward to this new year of Christian Education for children and youth at FUPCDC! I hope and pray that you will consider fulfilling your baptismal promises by volunteering to help once or twice in the coming year. As it says in Deuteronomy 6:6-7, "These commandments that I give you today are to be on your hearts. Impress them on your children. Talk about them when you sit at home and when you walk along the road, when you lie down and when you get up." Let us all continue to grow and go deeper in faith as we connect, grow, and serve.

On the Journey with You,
Pastor Adam

**Passion for Christ—Compassion for Others
Loving God—Loving Others
Connect—Grow—Serve**

Session Report - August



At the August Session meeting, we approved the calendar for the next program year and several fundraising and donation requests submitted by the Stewardship committee.

An Eagle Scout project to remove the unused amphitheater in order to make the area available for future projects was approved.

We approved \$1,000.00 for a ramp outside the sanctuary side door in order to be ADA compliant.

The updated Personnel policy was approved.

Waivers to the Little Hands Preschool teacher employment policy on a one-time basis and to the class enrollment policy were also approved.

Rebecca "Becca" Washburg has been nominated to the Presbytery nominating committee for consideration to be a Youth Advisory Delegate to the PC(USA) General Assembly to be held in Baltimore in June of 2020. If chosen and elected by the presbytery, Becca would represent the presbytery at the General Assembly meeting while also learning more about how our denomination works.

Also, through the Worship committee, the blue hymnals have been given to Milford Presbyterian Church of Milford, Delaware. a member of their church picked them up in August. We are glad to know that they are continuing to be used in worship by another congregation.

Submitted by Sara Porter, Clerk of Session

Wednesday Night Alive

WEDNESDAY NIGHT ALIVE IS BACK!! Please join our WNA kick-off on September 4 from 6:00-6:45 PM for a potluck. The theme is "End of Summer" which would include one last chance for your favorite summer foods! Please bring a main dish or side dish to share. Dessert and drinks will be provided. Pastor Adam will be starting a new Bible Study at 7:00 PM as well as Chancel Choir rehearsal also at 7:00 PM.

Wednesday Night Alive is an opportunity to connect and grow while enjoying a dinner each Wednesday night followed by Pastor's bible study and Chancel Choir rehearsal. The first Wednesday of each month is a potluck, and on the following Wednesdays enjoy a delicious homemade meal. Salad, drinks and dessert are also provided each week. There is no charge for the dinner, just a donation to help cover the cost of the food.

Please join us for FOOD, FAITH, FELLOWSHIP AND FUN!

4- Potluck "End of Summer" Favorite Summer Foods

11- Spaghetti and Meatballs

18- BBQ Pork and BBQ Chicken Sandwiches w/coleslaw and potato salad

25- Chicken Piccata with Roasted Potatoes



food. faith. & fellowship



MUSIC, MUSIC, MUSIC



Perhaps you have considered joining the Chancel Choir for some time or maybe you are new to our church. Why not make 2019 your year to join us in singing praises to God, as well as enjoying the camaraderie of our wonderful group? We sing at the 8:30 AM service on Sunday mornings. For more information, contact Dan Van Slyke at music@fupcdc.org or just come to choir practice on Wednesday evenings at 7:00 PM in the sanctuary.



DINNER WITH FRIENDS

Over 30 years ago, a group from FUPCDC participated in a group study led by former member Brenda Quanstrom. After the classes ended, the group had become so close they didn't want the fellowship to end so one of their members, Linda Coates, decided it would be a good idea to form a Gourmet Group. In the beginning the group truly was 'gourmet' in that everything they cooked was from scratch, even down to the pasta being hand-made.

As time went by, the realization that 'gourmet' might give the idea of hours spent cooking, the group was led to change their name. After a polling of possibilities, the group became known as Dinner with Friends in 2011.

The group continues to thrive and is open to all who are interested in joining. Each month dinner is served at somebody's home or at a restaurant. The host for the month decides whether the group will dine in their home or at a restaurant. If dining at home, the host chooses the menu and sends it out to the group and each person brings a dish. If a dine-out option is selected, the host chooses a restaurant where the group can eat.

If you are interested in becoming a part of this fun group, or need more information, please email Elizabeth Glycer at lizzglyer@gmail.com or call 703-899-8258.

FIFTH ANNUAL BLESSING OF THE CHURCH September 14 from 6:30 - 8:30 PM



Please join us for an evening of Prayer and Praise of Thanksgiving. We will celebrate God's abundant gifts and blessings He has bestowed upon First United Presbyterian Church of Dale City this past year. He has truly blessed us to be a blessing to others!

Passion for Christ - Compassion for Others
Loving God - Loving Others
Connect - Grow - Serve

You only need to show up; He will connect the rest. Light refreshments will be served. We look forward to seeing you there as we give "GLORY TO GOD."

July 2019 - Deacon Report

The ministry of a Deacon as set forth in Scripture is one of compassion, witness, and service after the example of Jesus Christ (Mark 9:35). It is the duty of Deacons to minister to those who are in need, to the sick, to the friendless and to any others who may be in distress. The role of Deacons at FUPCDC is designed to be a ministry of compassion and care manifested by Deacons developing caring relationships with assigned members encouraging those members to be active participants in the life of the congregation. Deacons once ordained or installed serve a three-year rotation with the church. Feel free to reach out to any of the Deacons on the 2019 Board of Deacons with questions or encouragement.

2019 BOARD OF DEACONS A Ministry of Compassion and Service

Class of 2019

Gail Cobb
Claudia Cunningham
Mayra Drayer
Betty Matthews
Denise Parris

Class of 2020

Agnes Fokwa
Lisa Fortner
Kathy McNeely
Carol Schwalm
Celine Sonkwa

Class of 2021

Liz Goolgasian
Peggy Heins
Therese Same
Patricia Whitman
Amy Bean

Denise Parris, Co-Moderator..... 703-730-3920
Carol Schwalm, Co-Moderator..... 703-680-7673

We love to hear from you. If you need to be connected with your Deacon, please contact Denise Parris or Carol Schwalm by calling the number listed above or the Church Office.



Adult Ministry

Sunday Christian Education Hour at 9:45 AM

ORIGINS OF THE BIBLE

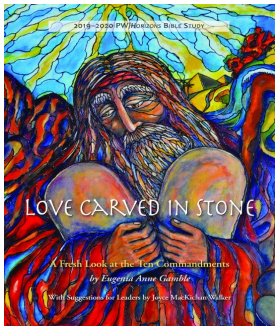
Did you ever wonder about how the Bible as we know it came to be? How it evolved? Wonder no longer! Join us in the Triple Room between services starting **Sunday, September 15th**. A seat is saved for you.

WORSHIPING WORDS

Worshipping words is an opportunity to look deeper into the scripture verses used in our Sunday morning worship service. We meet in Room 9 between services starting **Sunday, September 15th**.

Bible Study Small Groups

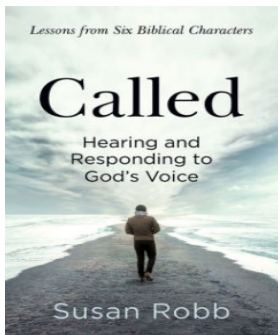
HORIZONS WOMEN'S BIBLE STUDY



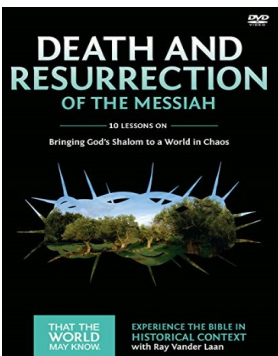
This bible study meets the second Monday of each month from September through June at **9:30 AM**. Our study will begin on **Monday, September 9** with a new study, *Love Carved in Stone* - the ten commandments.

All are welcome.

BIBLE BUDDIES



On **Monday, September 9** at **7:00 PM**, our ladies will begin a new six-week bible study, *Called*, by Susan Robb. The study is about how God interrupts the lives of ordinary men and women, calling them to serve. Please join us!



Wednesday Night Pastor's Bible Study at 7 PM

After the Wednesday Night Alive meal, come join us for a Ray Vander Laan's bible study, *Death and Resurrection of the Messiah*, starting on **Wednesday, September 4** at **7 PM**. We are continuing this bible study that brings God's Shalom to a world in chaos with the episode, "Roll Away the Stone." The episodes were filmed on location at biblical sites.

Adult Ministry

 **Fair Share Community Speaker Series**
Saturday, September 21 at 7:00pm
Grief and Loss: Where are you?
Rev Juanita Stokes
MA, LPC, NCC, MARS



FAIR SHARE PRESENTATION

“GRIEF AND LOSS: WHERE ARE YOU?”

REVEREND JUANITA STOKES, MA,
Licensed Professional Counselor

SATURDAY, SEPTEMBER 21, 7:00 PM AT THE CHURCH

Reverend Juanita Stokes will give the Fair Share Presentation on September 21 entitled "Grief and Loss: Where Are You?" Reverend Stokes is a Licensed Professional Counselor in Virginia and Washington D.C. with the Center for Pastoral Counseling and she has an office here in Woodbridge.

Counseling and Ministry are second careers for Reverend Stokes. She is a retired State Department High Level Manager and has an excellent understanding of workforce issues. Juanita takes a holistic approach to counseling, addressing mental and spiritual health issues and honoring the individuality and uniqueness of each client.

Her clientele varies in age from adolescent through adult. Reverend Stokes counsels couples and families who present clinical issues including Anxiety and Depression, Adjustment, PTSD, Grief and Loss, Behavioral, Spiritual, Substance Abuse, Communication, Anger and other life issues.

Grief and loss is multi-faceted and not just feelings we experience when a loved one passes away. During our lives we can encounter grief and loss in a variety of situations. Reverend Stokes personally journeyed through grief and made her own discoveries along the way. Come and hear her story!

MEN'S RETREAT

Psalm 91:7 says that “a thousand may fall at your side, ten thousand at your right hand, but it will not come near you.”

On Saturday, September 28, the men of the church are invited to gather at Rick Bockes' farm from 2-6 PM for a time of fellowship and Bible study. Using Psalm 91 as our text, we will consider this question: ***What does the Bible mean when it promises God's protection?*** This is a topic that has generated a lot of debate throughout the church's history, and one that has practical implications for our relationship with God and each other.

The Rev. Dr. Larry Greenslit will help us reflect together on this issue. There will also be group discussion time, as well as time for getting to know each other better. And, of course, there will be food: we will meet from 2-5, then have dinner from 5-6.

Men who are 18 and over and attend our church, whether members or not, are invited to join us. To register, please contact Peter Glycer 703-590-0856 (home) or the Church Office at 703-670-7834. Directions to Rick's farm will be provided when you register. There is no cost for participants, and dress is “**extremely casual**”. Simply register and show up. If you need transportation from church to the retreat site let us know at registration. We look forward to seeing you there.





On the evening of August 6, the Mission and Outreach Committee hosted National Night Out in honor of national crime prevention. With an outstanding turnout from our congregation as well as many new faces from the community we shared fellowship, snacks, music, and games. Prince William County Police members were in attendance to discuss how to keep safe in your home, job, or everyday events.

THANK YOU to all the volunteers from our congregation as well as the young men of Boy Scout Troop 964 who helped make this event such a success. We also want to express our gratitude to several businesses in the community for their generous donations:

BonChon Chicken (chicken wings), Charlie Bob's (fried chicken), Mission BBQ (barbeque sliders), Wegman's (salami, cheese, and vegetables), Giant at Mapledale Plaza (fruit and vegetables), and Safeway at Cheshire Station (paper products). The leftovers were donated to Lake Ridge Fellowship House, a government-assisted apartment community for individuals who are over 62 or disabled with limited income.



Little Hands Preschool

Thank You For Letting God Minister Through You!



Thank you, congregation members of the First United Presbyterian Church and members of the community, for joining together to support Little Hands Preschool.

Your donations to the Tree of Hope yielded the following: 2 packs of multi-colored cardstock, 11 packages of white copier paper, 2 box of hanging file folders (24 count each), 2 bottles of Neosporin, 2 bottles of Hurt Free antiseptic wash, 50 yellow file folders, 46 rolls of select-a-size paper towel rolls, 10 bottles of Lysol disinfectant spray, 15 boxes of facial tissue, 4 bottles of Elmer's Glue (1 gallon size), 4 rolls of masking tape, 7 small bottles of Elmer's glue, 20 bottles of Lysol disinfecting wipes, 20 packages of unscented wipes, 20 pencils, and 20 glue sticks.

We are so thankful for these donations. Your contribution helps Little Hands Preschool teachers and students tremendously! Thank you so much for this outpouring of love and support! God Bless you all!

Thank you all so much for your support of the preschool,

Little Hands Preschool Director

Tiffany Ramsey

Gardening and Pickleball

During Vacation Bible Camp the children participated in a session called "Gardening and Pickleball". The children planted pumpkin and sunflower seeds. Stop by the courtyard and take a look and see how they have blossomed!



Thank You!



P.O. Box 74
Dumfries, VA 22026
703-441-8606
Fax 703-221-3585
actspwc.org

August 7, 2019

Pam Cox

14391 Minnieville Road
Woodbridge, VA 22193

Dear **Pam Cox**,

On behalf of ACTS Domestic Violence Services, I would like to thank you for the generous donation of household (bath towels, wash clothes, bed sets, pillows, laundry detergent) and personal items (shampoo, bar soap, deodorant, hair conditioner, etc.) that you brought to ACTS for our clients. I can assure you that these gifts will be well-received by the people we serve and that they will be grateful for the care members of this community have shown towards them.

ACTS Domestic Violence Services' mission is to eliminate domestic violence by empowering victims to build lives free of violence. We offer a 24-hour crisis hotline, a domestic violence Safe House, one-on-one as well as group counseling, a behavioral intervention program, an award-winning court advocacy program, community education and awareness, and a Hispanic outreach program.

Through our programs, we have seen many lives changed for the better. With the help of donations from supporters such as you, we will continue in our mission.

Thanks again for your generous support and feel free to contact me should questions arise.

Sincerely,

A handwritten signature in black ink that reads "Dotty Larson".

Dotty Larson, Director
ACTS Domestic Violence Services
P.O. Box 74, Dumfries, VA 22026, dlarson@actspwc.us
Tel: (703) 221-4460/4855, ext. 228

*Thank you so much
for your generosity!!*

The portion of the Revenue Reconciliation Act of 1993 relating to IRS regulations requires that charities certify whether donations were made in consideration of a transfer of goods or services from the recipient agency. ACTS certifies that this donation was not accompanied by such transfer.

UTILITY & FOOD
ASSISTANCE

HOUSING & SHELTER

THRIFT STORE

HELPLINE &
SUICIDE
PREVENTION

SEXUAL ASSAULT
SERVICES

DOMESTIC VIOLENCE
SERVICES



UW #8001
CFC #21878
CVC #8118

Mark Your Calendars!



Sunday, September 8
Rain or Shine

Join us at the **Church Picnic!**

Join us for worship at 10:00am
Followed by the picnic
after the service.

First United Presbyterian Church of Dale City
14391 Minnieville Road, Woodbridge, VA 22193 - www.fupcdc.org - 703-670-7834



NATIONAL
BACK TO CHURCH
SUNDAY

You BELONG Here!

Back to Church Sunday
September 15, 2019
Bring a Friend!

First United Presbyterian Church of Dale City
14391 Minnieville Road, Woodbridge, VA 22193 - www.fupcdc.org - 703-670-7834

Save the Date! Fall Festival with Trunk or Treat!
When: Sunday, October 27; 3:30-5:30 PM. See you there!

This newsletter covers events from September 1 - September 30*. The deadline for article submission that will cover October 1 through October 31 will be September 26.

*Exceptions: October event: Fall Festival with Trunk or Treat