

First United Presbyterian Church of Dale City (PCUSA)
14391 Minnieville Road Woodbridge, VA 22193
703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc



20th Sunday in Ordinary Time
August 16, 2020
10:00 AM

The Reverend Adam C. Bowling - Pastor
Adam.Bowling@fupcdc.org
828.448.8914

WE ASSEMBLE IN GOD'S NAME

+ *GATHERING SONG*

Victory Chant

Joseph Vogels (CCLI#:23873)

Verse 1

Hail Jesus You're my King (ECHO)
Your life frees me to sing (ECHO)
I will praise You all my days (ECHO)
You're perfect in all Your ways (ECHO)

Verse 2

Hail Jesus You're my Lord (ECHO)
I will obey Your word (ECHO)
I want to see Your kingdom come (ECHO)
Not my will but Yours be done (ECHO)

Verse 3

Glory glory to the Lamb (ECHO)
You take me into the land (ECHO)
We will conquer in Your name (ECHO)
And proclaim that Jesus reigns (ECHO)

Verse 4

Hail hail Lion of Judah (ECHO)
How powerful You are (ECHO)
Hail hail Lion of Judah (ECHO)
How wonderful You are (ECHO)
How wonderful You are (ECHO)

Ending

How wonderful You are

WELCOME

+ **CALL TO WORSHIP** *(from the Iona Community)*

The God of heaven has made a home on earth,

Christ dwells among us and is one with us.

Highest in all creation, Jesus lives among the least,

He journeys with the rejected and welcomes the weary.

Come now all who thirst.

And drink the water of life.

Come now all who hunger

And be filled with good things.

Come now all who seek

And be warmed by the fire of love.

Let us worship God!

Let us worship God!

+ **OPENING HYMN**

Alleluia, Alleluia! Give Thanks

240

Refrain:

Alleluia, alleluia!

Give thanks to the risen Lord.

Alleluia, alleluia!

Give praise to his name

1 Jesus is Lord of all the earth.

He is the King of creation. **(Refrain)**

2 Spread the good news o'er all the earth:

Jesus has died and has risen. **(Refrain)**

3 We have been crucified with Christ.

Now we shall live forever. **(Refrain)**

4 Come let us praise the living God,

joyfully sing to our Savior. **(Refrain)**

PRAYER OF THE DAY

Doug Randles

Merciful God, your grace is bigger than we can imagine, wider than we can dream.

In a world where racism, hatred, bigotry, and fear diminish your image in others,

you remind us there are no exclusions from your family, no barriers to your open

arms. Your expansive welcome reminds us never to keep others from your life-changing

love or deny them your life-giving bread. In Jesus' name we pray.

Amen.

CALL TO CONFESSION

Doug Randles

We may praise God, but we prefer to live our way, becoming captive to our foolish choices. But God longs to set us free, so let us confess to our God, as we pray together, saying. . .

PRAYER OF CONFESSION

Doug Randles

Merciful God, we confess that, just like Jesus' disciples, we too sometimes lose patience with people who need our help and support. Like the disciples, we find ourselves wishing that they would just go away and leave us in peace. In your mercy, forgive us. Remind us again of the deep love you showed toward us when we were still in need—a love so deep that it sent you willingly to the cross on our behalf. Show us how to love others as you have loved us. Teach us your compassion, so that we may be your hands and feet to those in need. Hear us now, as we continue to confess in the silence of our hearts. . .

(Silence is kept)

ASSURANCE OF PARDON

When we have been left out,
God has included us.

When we have been forgotten,
God has remembered us.

When we are downtrodden,
God lifts us up.

Hearing this good news, know that you are forgiven, renewed, and restored.

You are loved by God.

So, go and share the good news of God's love by loving others.

Thanks be to God!

+ RESPONSE

Glory to God, Whose Goodness Shines on Me (verse 1)

582

Glory to God, whose goodness shines on me,
and to the Son, whose grace has pardoned me,
and to the Spirit, whose love has set me free.

As it was in the beginning, is now and ever shall be. Amen.

+ PASSING OF THE PEACE

The peace of Christ be with you.

And also with you.

WE PROCLAIM GOD'S WORD

TIME FOR CHILDREN

PRAYER FOR ILLUMINATION

Bob Porter

GOSPEL LESSON

Matthew 15:21-28 NRSV

Bob Porter

Jesus left that place and went away to the district of Tyre and Sidon. ²² Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." ²³ But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." ²⁴ He answered, "I was sent only to the lost sheep of the house of Israel." ²⁵ But she came and knelt before him, saying, "Lord, help me." ²⁶ He answered, "It is not fair to take the children's food and throw it to the dogs." ²⁷ She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." ²⁸ Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

This is the Word of the Lord.
Thanks be to God!

SPECIAL MUSIC

How Can I Keep from Singing
Dana Van Slyke, Soloist

Arr. Althouse

MESSAGE

All We Need are Crumbs!

Rev. Adam C. Bowling

INVITATION TO DISCIPLESHIP

If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please email Pastor Adam, Adam.Bowling@fupcdc.org.

WE RESPOND TO GOD'S WORD

+ *HYMN OF RESPONSE*

Amazing Grace, How Sweet the Sound

649

1 Amazing grace, how sweet the sound,
that saved a wretch like me!
I once was lost, but now am found,
was blind, but now I see.

2 'Twas grace that taught my heart to fear,
and grace my fears relieved.
How precious did that grace appear
the hour I first believed!

3 Through many dangers, toils, and snares,
I have already come.
'Tis grace has brought me safe thus far,
and grace will lead me home.

4 The Lord has promised good to me;
his word my hope secures.
He will my shield and portion be
as long as life endures.

5 When we've been there ten thousand years,
bright shining as the sun,
we've no less days to sing God's praise
than when we'd first begun.

PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever.

Amen.

SERVICE OF GIVING

Music at the Offering

Holy, Holy, Holy
Becca Anderson, Clarinet
Justin Streletz, Piano

Christine D. Anderson

+ DOXOLOGY

Praise God from Whom All Blessings Flow

606

Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.

+ **PRAYER OF DEDICATION**

Leigh Anderson

Loving God, your grace and gifts are so abundant that there is always more than enough to go around. Take these gifts and offerings and use them to feed your hungry children, both physically and spiritually. Help us to continue to offer our time, talents, and treasure for this important kingdom work. In Jesus' name we pray.

Amen.

WE GO IN GOD'S NAME

+ **CLOSING SONG**

Ancient of Days

Gary Sadler, Jamie Harvill (CCLI#: 798108)

Verse

Blessing and honor glory and power
Be unto the Ancient of Days
From ev'ry nation all of creation
Bow before the Ancient of Days

Chorus

Ev'ry tongue in heaven and earth
Shall declare Your glory
Ev'ry knee shall bow at Your throne
In worship
You will be exalted O God
And Your kingdom shall not pass away
O Ancient of Days

Bridge

Your kingdom shall reign
Over all the earth
Sing unto the Ancient of Days
For none can compare
To Your matchless worth
Sing unto the Ancient of Days

+ **CHARGE AND BENEDICTION**

+ **POSTLUDE**

O God Beyond All Praising
Justin Streletz, Pianist

Gustav T. Holst, Arr. Lloyd Larson

+ Please stand, in body or in spirit.

Worship Notes

- * **WELCOME!** Whether you are new in the area, a resident of the community, or visiting the FUPCDC website, we are delighted you joined us in worship online. Please fill out the online attendance and please let us know if you have any prayer concerns or needs. To find out more about this church, please email the Church Office at office@fupcdc.org or call at 703-670-7834.
- * **FLOWERS** are given by Kathy Cobb in celebration of Jeff's 60th birthday, August 9th.

Connect with Us

- * **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- * **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- * **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- * **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to 81010. In the message, type @fupcdc and send. You can unsubscribe at any time.

Ministry in Action

- ✝ **DRIVE-IN PRAISE AND WORSHIP NIGHT:** Join us for a Drive-In Worship Night on Friday, August 21st, at 7:30 PM (weather permitting). For the health and safety of all, the building will be closed (no restroom access). We ask all worshipers to stay in their vehicles. Vehicles will be parked at least one space apart. All are welcome!
- ✝ **HORIZONS BIBLE STUDY:** "Into the Light: Finding Hope through Prayers of Lament" is the title of the 2020 - 2021 women's Bible study. We will meet via Zoom on the second Monday of the month, starting Monday, September 14 at 9:30 AM. This is a timely study with emphasis on the hope we can find in the scriptures even as we lament our circumstances.

Contact Sara Porter, saraporter@comcst.net, or 703-670-8737 for more information. Please order a study book (\$11.00) by August 20, 2020.

- * **FUPCDC CONTEMPLATIVE YOGA CLASS VIA ZOOM:** Join us for a time to prayerfully release your cares and recharge physically, spiritually, and emotionally. The Contemplative Yoga group has a spot just for you on Saturdays from 8:30-9:10 AM on Zoom: 8/22, 8/29, 9/5, 9/12. Classes are always free, just click this link to sign up:
[CLICK HERE TO VIEW THE SIGNUP.](#)
- * **SPREAD THE WARMTH:** Are you looking for a worthwhile project to do while staying at home? Do you knit or crochet? If so, we have the perfect project for you. Our group makes hats and scarves for our friends in the community who are in need of something warm to wear during the winter. We also make hats for those suffering from cancer. If you would like to help or to find out more information about our group, please contact Elizabeth Glyer at lizglyer@gmail.com.
- * **BIBLE BUDDIES:** Please join the Monday evening Ladies' Bible Study (aka, Bible Buddies) via Zoom on Mondays at 7:00 PM. Our study is called *Parables from the Back Side, Volume 1*, Bible Stories with a Twist, by J. Ellsworth Kalas. The book can be ordered on Amazon Prime which is promising 2-day delivery at this time.
Questions or need help ordering your book? Contact Marti Hall at 703-626-2269 or martihall@comcast.net. In addition, if you are not already a part of the group, please let Marti know so she can send you the Zoom address or phone number.
- * **MEN'S GROUP:** In lieu of our monthly Men's Breakfast, we now have several small groups of men that meet weekly for 30 minutes for devotion and prayer time. This is a phone-in conference call. We have slots available on Tuesday, Thursday, and Saturday. Please contact Sam Parris for your slot: 703-946-7266 or email at samjparris@aol.com.
- * **SPREAD THE BREAD:** Spread the Bread is our ministry for people experiencing homelessness. We currently provide a meal each Sunday at 12:20 PM for around 50 people in Prince William County. Volunteer opportunities include making sandwiches, donating drinks and chips, prayer, and more! If you would like to help in any way, please email Jon Guest, jon.a.guest@gmail.com.
- * **SPREAD THE LOVE:** We need volunteers to write cards/notes to those in quarantine or to folks who are experiencing isolation due to COVID-19. Other volunteer opportunities include making phone calls to check in with people who may need socialization. If you would like to volunteer for Spread the Love or suggest people to receive cards or calls, please email Sam Parris, samjparris@aol.com.
- * **EMAIL PRAYER CHAIN:** We need volunteers to receive one to two emails a week with prayer requests...and pray! If you would like to volunteer to pray, please contact the Church Office, office@fupcdc.org.

- * **SEWING FACE MASKS:** In keeping with FUPCDC's commitment to serve the needs of the community, the Mission and Outreach Committee is launching a campaign to make face masks and distribute them where they are needed within the local community. We are committed to donate masks to the Greater Prince William Community Health Center and to Westminster at Lake Ridge for both staff and residents. If you have any questions about the Face Mask Ministry please call Pat Manalio (703-283-2948) or Lora Nedimyer (703-680-5526).
- * **GIVING:** We thank you for your continued support of the ministries, staff, and programs of FUPCDC. There are 2 ways to give: You can mail your gift to FUPCDC, 14391 Minnieville Road, Woodbridge, VA 22193. You can also give online by going to the church website, <https://fupcdc.org/give-online>. Thank you for giving to the Lord.

Student Ministry News

✝ TEXT MESSAGES: Sign up for Text Messages: Text @youthfupc to 81010.

Joys and Concerns

All those who are ill or facing difficulties, including:

- | | | | |
|-----------------------------|----------------------------|-------------------------|------------------|
| ✝ Leigh Anderson | * Paula and Bob Robinson | * Timothy Elliott | * Joanne and Bob |
| ✝ Wade Talbot | * Grace Ofosu-Addo | * Norman Cox | * Elizabeth |
| ✝ Marjorie Lawrence | * Linda Chrzan | * Becky Elliott | * Makayla Brain |
| ✝ Karen Bertocci | * Richard Peck | * Jerolyn Randles | * Jim Randles |
| ✝ Steven | * Barb McGill | * Larry Menzie | * Hunter Martin |
| * Amerie | * Ashleigh | * Josh | * Sandy |
| * Chris | * Linda Ford | * Lynn Wilson | |
| * Charlie and Martha Ashton | * Baby Louisa Wolstenholme | * Mildred Shenk | * Mark Levy |
| * Jason, Adriana , Michael | * Frank and Ann Measamer | * Michael Bowling | * Sandy Stamps |
| * Sarah Manning | * Mary Ellen and family | * Bill and Luara Parris | |
| * Ida Van Wingerden | | | |

✝ Congregational love and sympathy are extended to Becca Anderson and her family, at the death of her grandmother, Ann Duchesne, on August 5, 2020.

✝ Congregational love and sympathy are extended to Erin Bowling and her family, at the death of her grandmother, Mary Kerby, on Friday, August 7, 2020.

All those serving abroad in our military, including from our church:

- ✝ Ross Hammonds

The churches of National Capital Presbytery, especially:

- ✝ Capitol Hill Presbyterian Church - Washington, DC
- ✝ Catoctin Presbyterian Church - Waterford, VA

Calendar

August 16 -23, 2020

SUNDAY, August 16

10:00 AM Worship - one service - Online Live Stream

MONDAY, August 17

10:30 AM Holy Fitness via Zoom
7:00 PM Bible Buddies via Zoom
7:00 PM Stewardship Committee via Zoom
8:30 PM Production Meeting via Google Meet

TUESDAY, August 18

7:00 PM Session

WEDNESDAY, August 19

10:30 AM Holy Fitness via Zoom
6:00 PM Commission on Reorganization of Session via Zoom

THURSDAY, August 20

FRIDAY, August 21

10:30 AM Holy Fitness via Zoom
7:30 PM Drive-In Praise and Worship Night (weather permitting)

SATURDAY, August 22

8:30 AM Contemplative Yoga via Zoom

SUNDAY, August 23

10:00 AM Worship - one service - Online Live Stream

DEACONS: THE MINISTRY OF COMPASSION AND SERVICE

The ministry of deacon as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.¹

2020 BOARD OF DEACONS

Class of 2021	Class of 2022	Class of 2023
Agnes Fokwa	Amy Bean	Bob Albrecht
Deborah Folly	Karen Elliott	Sandy Chamberlin
Lisa Fortner	Liz Goolgasian	Claudia Cunningham
Kathy McNeely	Peggy Heins	Pam Emert
Carol Schwalm	Therese Same	Ellen Nuernberger
Celine Sonkwa	Charlotte Stultz	Tracy Stevens

Ellen Nuernberger, *Co-Moderator*..... 703-878-0009
Carol Schwalm, *Co-Moderator*.....703-680-7673

RULING ELDERS: THE MINISTRY OF DISCERNMENT AND GOVERNANCE

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God's Spirit and governance of God's people. Accordingly, congregations should elect persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit. Ruling elders are so named not because they "lord it over" the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships. When elected by the congregation, they shall serve faithfully as members of the session. When elected as commissioners to higher councils, ruling elders participate and vote with the same authority as teaching elders, and they are eligible for any office.²

See current ruling elders of FUPCDC on page 13 of bulletin.

¹ *The Constitution of the Presbyterian Church (USA), Part II, Book of Order: 2013/2015*, 2013. Published by The Office of the General Assembly, 100 Witherspoon Street, Louisville, KY 40202, p. 26.

² *ibid.*, p. 60.

First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers.....	People of the Church
Pastor.....	Rev. Adam C. Bowling
Chancel Choir Director	Dana Van Slyke
Pianist/Organist	Justin Stretetz
Contemporary Worship Directors.....	Becca and Chris Anderson
Children's/Youth Choir Directors.....	Becca and Chris Anderson
Jubilation Handbell Director.....	Ike Evans
Nursery Supervisor.....	Joann Paige
Little Hands Preschool Director	Tiffany Ramsey
Sexton.....	Homer Detrich
Office Manager.....	Kim Parker

2020 SESSION

Peter Glycer ('21)	<i>Adult Christian Education</i>	703-590-0856
Mike Gundel ('22)	<i>Building & Grounds</i>	301-767-5030
Ruth Washburg ('22)	<i>Children's Ministry</i>	703-407-3976
Cathy Albrecht ('23)	<i>Communications</i>	703-670-8369
Betsy Gilbert ('23)	<i>Congregational Connections</i>	703-670-4949
Jon Guest ('22)	<i>Finance & Administration</i>	703-491-4006
Chris Martin ('23)	<i>Information Technology</i>	585-455-8423
Dave Stokes ('22)	<i>Little Hands Preschool</i>	703-583-9287
Pam Cox ('21)	<i>Mission & Outreach</i>	703-441-6319
Linda Wolstenholme ('23)	<i>Nominating</i>	703-878-3697
Norman Cobb ('22)	<i>Personnel</i>	703-878-7317
Jon Guest ('22)	<i>Safety & Security</i>	703-491-4006
Pat Manalio ('23)	<i>Stewardship</i>	703-680-5058
Marti Hall ('22)	<i>Worship</i>	703-626-2269
Afton Schwalm ('23)	<i>Youth Ministry</i>	571-221-0778
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914
Sara Porter	<i>Clerk of Session</i>	703-670-8737

Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

Little Hands Preschool, 703-878-2366