

## First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc  
<https://www.youtube.com/c/FUPCDC>



Grace Enough for Everyone

9<sup>th</sup> Sunday after Pentecost

July 25, 2021

11:00 AM

The Reverend Adam C. Bowling - Pastor

[Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org)

828.448.8914



## **ASSURANCE OF GOD'S GRACE**

We know that we have been ransomed from the futile ways inherited by our ancestors, not with perishable things like silver or gold, but with the precious blood of Christ, a love without limit, without condition, without end.

Hearing this good news, know that we are forgiven and be at peace.

**Thanks be to God.**

+ **RESPONSE**      *Glory to God, Whose Goodness Shines on Me (verse 1)*      582

*Glory to God, whose goodness shines on me,  
and to the Son, whose grace has pardoned me,  
and to the Spirit, whose love has set me free.  
As it was in the beginning, is now and ever shall be. Amen.*

+ **PASSING OF THE PEACE**

The peace of Christ be with you.

**And also with you.**

## **PROCLAIMING**

**TIME FOR CHILDREN**

Richard Bennett

### **PRAYER FOR ILLUMINATION**

Gracious God, we do not live by bread alone. Let the heavenly food of the scripture we are about to hear nourish us today in the ways of eternal life, through Jesus Christ, the bread of heaven.

**Amen.**

### **GOSPEL LESSON**

John 1:1-21 NRSV

After this Jesus went to the other side of the Sea of Galilee, also called the Sea of Tiberias. <sup>2</sup> A large crowd kept following him, because they saw the signs that he was doing for the sick. <sup>3</sup> Jesus went up the mountain and sat down there with his disciples. <sup>4</sup> Now the Passover, the festival of the Jews, was near. <sup>5</sup> When he looked up and saw a large crowd coming toward him, Jesus said to Philip, "Where are we to buy bread for these people to eat?" <sup>6</sup> He said this to test him, for he himself knew what he was going to do. <sup>7</sup> Philip answered him, "Six months' wages would not buy enough bread for each of them to get a little." <sup>8</sup> One of his disciples, Andrew, Simon Peter's brother, said to him, <sup>9</sup> "There is a boy here who has five barley loaves and two fish. But what are they among so many people?" <sup>10</sup> Jesus said, "Make the people sit down." Now there was a

great deal of grass in the place; so they sat down, about five thousand in all. <sup>11</sup> Then Jesus took the loaves, and when he had given thanks, he distributed them to those who were seated; so also the fish, as much as they wanted. <sup>12</sup> When they were satisfied, he told his disciples, “Gather up the fragments left over, so that nothing may be lost.” <sup>13</sup> So they gathered them up, and from the fragments of the five barley loaves, left by those who had eaten, they filled twelve baskets. <sup>14</sup> When the people saw the sign that he had done, they began to say, “This is indeed the prophet who is to come into the world.”

<sup>15</sup> When Jesus realized that they were about to come and take him by force to make him king, he withdrew again to the mountain by himself.

<sup>16</sup> When evening came, his disciples went down to the sea, <sup>17</sup> got into a boat, and started across the sea to Capernaum. It was now dark, and Jesus had not yet come to them. <sup>18</sup> The sea became rough because a strong wind was blowing. <sup>19</sup> When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were terrified. <sup>20</sup> But he said to them, “It is I; do not be afraid.” <sup>21</sup> Then they wanted to take him into the boat, and immediately the boat reached the land toward which they were going.

This is the Word of the Lord.  
Thanks be to God.

## **MESSAGE**

Grace Enough for Everyone

Richard Bennett

## **INVITATION TO DISCIPLESHIP**

*If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please speak with an usher. For those worshipping online, please email Pastor Adam at [adam.bowling@fupcdc.org](mailto:adam.bowling@fupcdc.org). Know that ALL are welcome in this place!*

## **RESPONDING**

### **+ SONG OF RESPONSE**

*Amazing Grace (My Chains Are Gone)*

Chris Tomlin, John Newton, Louie Giglio (CCLI#: 4768151)

## **PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER**

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

## **SERVICE OF GIVING**

Music at the Offering

*Reckless Love*

Caleb Culver, Cory Asbury, Ran Jackson (CCLI#:7089641)

### + **PRAYER OF DEDICATION**

Creator and Sustainer, you have so lovingly and graciously provided for every need from your abundance. As we offer our gifts to you this morning, we carry burdens for what we have held back, confessing our worry about “not having enough” at the same time we proclaim your abundant provision. We pray that as Christ sends us in the world, we may hear his caution to travel lightly, not weighing ourselves down as we travel this journey set before us. In Christ’s mighty name.

**Amen.**

## **SENDING**

### + **SENDING SONG**

*Mighty to Save*

Ben Fielding, Reuben Morgan (CCLI# 4591782)

### + **CHARGE AND BENEDICTION**

### + **RESPONSE**

*Mighty to Save (Reprise)*

Ben Fielding, Reuben Morgan (CCLI# 4591782)

+ *Please stand, in body or in spirit.*



**Richard Bennett** is our FUPCDC Seminarian, studying at the University of Dubuque Theological Seminary. He is also a writer/editor for the Office of the Federal Register in Washington, D.C. He is in his first year of seminary. He is husband to Beth, father to Keith, Kat, and Ariel, and Grandbear to Emilia.

Pastor Adam is away on vacation from July 25<sup>th</sup> to August 7<sup>th</sup>. If you have a pastoral care need or concern please contact your Deacon, or one of the Deacon Co-Moderators, Ellen Nuernberger ([chochabibi@aol.com](mailto:chochabibi@aol.com), 703-878-0009) or Deborah Folly ([deborahfolly@comcast.net](mailto:deborahfolly@comcast.net), 703-506-5532). In the case of a death, or other pastoral care emergency (sudden hospitalization, house fire, etc.) please contact Kim in the church office ([office@fupcdc.org](mailto:office@fupcdc.org), 703-670-7834), or one of the Deacon Co-Moderators—they will be able to contact our on-call Pastor.

# Worship Notes

- \* **WELCOME!** Whether you are new in the area, a resident of the community, or visiting the FUPCDC website, we are delighted you joined us in worship. Please fill out the online attendance and please let us know if you have any prayer concerns or needs. To find out more about this church, please email the Church Office at [office@fupcdc.org](mailto:office@fupcdc.org) or call 703-670-7834.
- \* **BELL RINGER:** Ike Evans (8:30)
- \* **WORSHIP ASSISTANTS:** Beth Bennett (8:30)  
Therese Same (11:00)
- \* **FLOWERS** are given by Lois Walker in memory of her mother, Ida Van Wingerden.

# Connect with Us

- \* **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- \* **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- \* **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- \* **FUPCDC YOUTUBE CHANNEL:** To view worship services and videos, visit the FUPCDC Youtube channel, <https://www.youtube.com/c/FUPCDC>. You can also find our channel by searching for "FUPCDC Video".
- \* **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to **81010**. In the message, type @fupcdc and send. You can unsubscribe at any time.

# Ministry in Action

- ✚ **INDOOR WORSHIP:** Masks are encouraged (for age 2 and up), but not required for vaccinated individuals. Masks are required for unvaccinated individuals age 5 and up. N95 masks are encouraged for people in vulnerable populations. Both services will also be live streamed for those who choose to worship at home.
- ✚ **NURSERY:** The church nursery will open **Sunday, August 1<sup>st</sup>** to children (infant through 4 years old) on a reservation basis for the 8:30 AM and 11:00 AM worship services. All nursery staff and volunteers are vaccinated against COVID-19, and spots will be limited to keep class sizes small. Masks are recommended for ages 3 and up, but not required. Please do not place your child in the nursery if they have a fever, cough, sore throat, congestion or runny nose, nausea or vomiting, diarrhea, or other symptoms of illness. Please do not place your child in the nursery if they have been exposed to someone who is COVID-19 positive in the past 14 days. We will also be doing temperature checks for those attending the church nursery and for staff. The registration link is on the church website.
- ✚ **HORIZONS BIBLE STUDY:** The Horizons Bible study group will return on **Monday, September 13<sup>th</sup>**. "What My Grandmothers Taught Me: Learning from the Women in Matthew's Genealogy of Jesus" will explore how the four women mentioned in Jesus' family tree (Tamar, Rahab, Bathsheba - unlikely heroines, Ruth) and his mother Mary may have influenced Jesus. We will meet on the **second Monday of the month, September through June at 9:30 AM in Room 22**. We will be meeting in-person and plan to use technology to also be able to have people join us via Zoom. **Study books are \$11.00**. Please contact Sara Porter saraporter@comcast.net or 703-819-5044 by **August 15<sup>th</sup>** to order a book.
- \* **TECH TEAM: FUPCDC is expanding our Tech Team.** We look forward to fully reopening for services in our sanctuary. In preparation for this event, we are installing new audio-visual equipment. This important piece of ministry is a key element as we reach out to an expanding community. Contact Peter Glycer ([peterglyer@gmail.com](mailto:peterglyer@gmail.com)) if you are interested in becoming part of this team! We will provide all the training necessary.
- \* **LITTLE HANDS PRESCHOOL REGISTRATION:** Registration is now open for the 2021-2022 school year. Register before August 1<sup>st</sup> to get \$10-25 off per month. For more information, go to [www.fupcdc.org/lhps](http://www.fupcdc.org/lhps).
- \* **FUPCDC CONTEMPLATIVE YOGA CLASS VIA ZOOM:** Join us for a time to prayerfully release your cares and recharge physically, spiritually, and emotionally. The Contemplative Yoga group has a spot just for you on **Saturdays from 8:30 - 9:10 AM** on Zoom. Classes are always free, just click this link to sign up: [CLICK HERE TO VIEW THE SIGNUP](#).
- \* **SPREAD THE WARMTH:** Are you looking for a worthwhile project? Do you knit or crochet? If so, we have the perfect project for you. Our group makes hats and scarves for our friends in the community who are in need of something warm to wear during the winter. We also make hats for those suffering from cancer. If you would like to help or to find out more information about our group, please contact Elizabeth Glycer at [lizglyer@gmail.com](mailto:lizglyer@gmail.com).

- \* **MEN'S GROUP:** In lieu of our monthly Men's Breakfast, we now have several small groups of men that meet weekly for 30 minutes for devotion and prayer time. This is a phone-in conference call. We have slots available on Tuesday, Thursday, and Saturday. Please contact Sam Parris for your slot: 703-946-7266 or email at [samjparris@aol.com](mailto:samjparris@aol.com).
- \* **SPREAD THE BREAD:** Spread the Bread is our ministry for people experiencing homelessness. We currently provide a meal each Sunday at 12:20 PM for around 50 people in Prince William County. Volunteer opportunities include making sandwiches, donating drinks and chips, prayer, and more! If you would like to help in any way, please email Jon Guest, [jon.a.guest@gmail.com](mailto:jon.a.guest@gmail.com).
- \* **SPREAD THE LOVE:** We need volunteers to write cards/notes to those in quarantine or to folks who are experiencing isolation due to COVID-19. Other volunteer opportunities include making phone calls to check in with people who may need socialization. If you would like to volunteer for Spread the Love or suggest people to receive cards or calls, please email Sam Parris, [samjparris@aol.com](mailto:samjparris@aol.com).
- \* **EMAIL PRAYER CHAIN:** We need volunteers to receive one to two emails a week with prayer requests...and pray! If you would like to volunteer to pray, please contact the Church Office, [office@fupcdc.org](mailto:office@fupcdc.org).

## *Student Ministry News*

- ✝ **YOUTH ADVISORS (ADULT VOLUNTEERS):** We are looking for Youth Advisors (Adult Volunteers) to begin in the fall. Please contact Pastor Adam if you are interested in helping with Student Ministry.
- \* **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.



# *Joys and Concerns*

## **All those who are ill or facing difficulties, including:**

- |                    |                      |                                  |                   |
|--------------------|----------------------|----------------------------------|-------------------|
| ✝ Elree Stockton   | * Betty Little       | * Emmanuel Dankyi-Ankoma         | * Jeannine Menzie |
| * Martha Manning   | * Marjorie Lawrence  | * Lee and Giselle Watenpaugh     | * Larry Menzie    |
| * Kath Purcell     | * Graceann Case      | * Grace Ofosu-Addo               | * Sandy Godfrey   |
| * Mary Jackson     | * Gary Albrecht      | * Baby Louisa Wostenholme        | * Lynn Wilson     |
| * Carl Johnson     | * Keith Albrecht     | * Savannah Simmerman             | * Leigh Anderson  |
| * Amanda Peck      | * Debbie Niederriter | * Sam Parris' Dad                | * Linda Ford      |
| * Andrea Tootell   | * Chuck Niederriter  | * Bill and Laura Parris          | * Nate Johnson    |
| * David Behrens    | * Barb McGill        | * Jason, Adriana, Mikhail Corbin | * Diane Dingle    |
| * Melissa Behrens  | * Dan McGill         | * Hunter and Annette Martin      | * Karen Gundel    |
| * Mia Moy          | * Amanda             | * Ann and Dineen Hoagland        | * Norman Cox      |
| * Ashleigh and Dan | * Tanya              | * Mark and Angelica              | * Theodore        |
| * Sandra D'Imperio |                      |                                  |                   |

✝ With grateful thanks to our church family for your kind thoughts, prayers and cards as we grieve the loss of our sister-in-law, Marti Glycer. - Peter and Elizabeth Glycer

## **All those serving abroad in our military, including from our church:**

✝ Kelsey Gibson (Affiliate Member of FUPCDC)

## **The churches of National Capital Presbytery, especially:**

✝ Bethesda Presbyterian Church - Bethesda, MD

✝ Boyds Presbyterian Church - Boyds, MD

# *Calendar*

## *July 25 - August 1, 2021*

### **SUNDAY, July 25**

8:30 AM      Worship - Traditional  
11:00 AM     Worship - Contemporary

### **MONDAY, July 26**

10:30 AM     Holy Fitness via Zoom  
8:30 PM      Production Meeting via Google Meet

### **TUESDAY, July 27**

7:00 PM      Boy Scout Troop 964

### **WEDNESDAY, July 28**

Newsletter Deadline  
10:30 AM     Holy Fitness via Zoom  
7:00 PM      FUPCDC Praise Team

### **THURSDAY, July 29**

3:00 PM      Prayer and Praise Small Group

### **FRIDAY, July 30**

10:30 AM     Holy Fitness via Zoom

### **SATURDAY, July 31**

### **SUNDAY, August 1**

8:30 AM      Worship - Traditional - Communion  
11:00 AM     Worship - Contemporary - Communion

## SESSION

Cathy Albrecht ('23)	703-670-8369
Bill Ediage ('24)	571-477-9306
Morelle Fokwa ('24)	571-409-9435
Jon Guest ('22)	703-491-4006
Marti Hall ('22)	703-626-2269
Pat Manalio ('23)	703-680-5058
Chris Martin ('23)	585-455-8423
Sam Parris ('24)	703-730-3920
Linda Wolstenholme ('23)	703-878-3697
Rev. Adam C. Bowling	<i>Moderator</i> 828-448-8914
Sara Porter	<i>Clerk of Session</i> 703-670-8737

## MINISTRY TEAM LEADERS

Jim Stacy	<i>Administration</i>	703-680-5111
Ellen Nuernberger	<i>Congregational Care</i>	703-878-0009
Deborah Folly	<i>Congregational Care</i>	703-606-5532
Charlotte Stultz	<i>Evangelism &amp; Outreach</i>	703-494-8367
Betsy Gilbert	<i>Fellowship</i>	703-670-4949
Curt Hoagland	<i>Growing in Faith</i>	703-878-4664
Pam Cox	<i>Mission</i>	703-441-6319
Mike Gundel	<i>Property</i>	301-767-5030
Dennis Dingle	<i>Stewardship &amp; Finance</i>	703-583-9689
Martin Andrews	<i>Worship</i>	703-967-4358
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914

**First United Presbyterian Church of Dale City, Woodbridge, VA**

Ministers.....People of the Church  
Pastor.....Rev. Adam C. Bowling  
Chancel Choir Director..... Dana Van Slyke  
Pianist/Organist.....Justin Streletz  
Contemporary Worship Directors..... Becca and Chris Anderson  
Children’s/Youth Choir Directors..... Becca and Chris Anderson  
Jubilation Handbell Director .....Ike Evans  
Student Music Intern..... Sterling Tilley, III  
Nursery Supervisor..... Joann Paige  
Little Hands Preschool Director..... Tiffany Ramsey  
Sexton..... Homer Detrich  
Office Manager..... Kim Parker

**Attendance and Prayer Requests**

Since we have temporarily suspended passing the friendship register, we request that those who attend worship in person sign in at one of the new attendance stations. If you are worshipping from home, or don't feel comfortable signing in at a station, you can register your attendance and prayer requests using the online form, which is located on our website at [fupcdc.org/attend](http://fupcdc.org/attend) or by scanning this QR Code with your mobile device.



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Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

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Little Hands Preschool, 703-878-2366