

First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc



16th Sunday in Ordinary Time

July 19, 2020

10:00 AM

The Reverend Adam C. Bowling - Pastor

Adam.Bowling@fupcdc.org

828.448.8914

WE ASSEMBLE IN GOD'S NAME

+ *GATHERING SONG*

Days of Elijah

Robin Mark (CCLI#:1537904)

Verse 1

These are the days of Elijah
Declaring the Word of the Lord
And these are the days
Of Your servant Moses
Righteousness being restored
And though these are days
Of great trials
Of famine and darkness and sword
Still we are the voice
In the desert crying
Prepare ye the way of the Lord

Chorus

Behold He comes
Riding on the clouds
Shining like the sun
At the trumpet call
So lift your voice
It's the year of Jubilee
And out of Zion's hill
Salvation comes

Verse 2

And these are the days of Ezekiel
The dry bones becoming as flesh
And these are the days
Of Your servant David
Rebuilding a temple of praise
And these are the days of the harvest
The fields are as white in the world
And we are the labourers
In Your vineyard
Declaring the Word of the Lord

Bridge
There is no god like Jehovah
There is no god like Jehovah
There is no god like Jehovah
There is no god like Jehovah (hey)

WELCOME

+ **CALL TO WORSHIP**

God knows each one of us personally and God loves each one of us.

Thanks be to God for such wondrous love!

Come this day into the presence of God.

We come with overflowing hearts!

Celebrate God's mercy and compassion.

Praise be to God who offers us hope.

+ **OPENING HYMN**

Here in This Place (Gather Us In)

401

1 Here in this place the new light is streaming;
now is the darkness vanished away;
see in this space our fears and our dreamings
brought here to you in the light of this day.
Gather us in, the lost and forsaken;
gather us in, the blind and the lame;
call to us now, and we shall awaken;
we shall arise at the sound of our name.

2 We are the young; our lives are a mystery.
We are the old who yearn for your face.
We have been sung throughout all of history,
called to be light to the whole human race.
Gather us in, the rich and the haughty;
gather us in, the proud and the strong;
give us a heart, so meek and so lowly;
give us the courage to enter the song.

3 Here we will take the wine and the water;
here we will take the bread of new birth.
Here you shall call your sons and your daughters,
call us anew to be salt for the earth.
Give us to drink the wine of compassion;
give us to eat the bread that is you;
nourish us well, and teach us to fashion
lives that are holy and hearts that are true.

4 Not in the dark of buildings confining,
not in some heaven, light years away:
here in this place the new light is shining;
now is the kingdom, and now is the day.

Gather us in and hold us forever;
gather us in and make us your own;
gather us in, all peoples together,
fire of love in our flesh and our bone.

PRAYER OF THE DAY

Edna Addo

Boundless Shaper of people and nations, you are beyond our knowing, yet closer to us than our every breath. You are before us and behind us, surrounding us with your love, and fashioning all of creation in the secret depths of your heart. With every thought, with every song, and with every prayer, turn these fragile, earthen vessels of our lives, into the Spirit-filled body of Christ. In Jesus' name we pray.

Amen.

CALL TO CONFESSION

Edna Addo

Every week, as we worship together, we have the opportunity to admit to ourselves, to each other, and to God that we do not always live as we are called. In this time of confession, this time of opening our hearts, let us remember that God is merciful and just, slow to anger, and abounding in steadfast love. Knowing this, let us confess our sins, praying together. . .

PRAYER OF CONFESSION

Edna Addo

Awesome God, you have made all of creation and each cell of our bodies. You know our thoughts and you know our sins. We desperately try to hide our mistakes, our weaknesses, our embarrassments. But you know it all, and so we come before you now asking for your forgiveness. Even as you know the limits of our human capabilities, we know the unlimited power of your love. Forgive us, cleanse us, make us whole. Hear us now, as we continue to confess in the silence of our hearts. . .

(Silence is kept)

ASSURANCE OF PARDON

Great news has come to us, dear friends.

God, who is faithful and just, who cherishes us as we are, seeks restoration and healing for those broken places in our lives, forgives and loves us unconditionally. Hearing this good news, know that we are forgiven and be at peace.

Thanks be to God!

Glory to God, whose goodness shines on me,
and to the Son, whose grace has pardoned me,
and to the Spirit, whose love has set me free.
As it was in the beginning, is now and ever shall be. Amen.

+ **PASSING OF THE PEACE**

The peace of Christ be with you.
And also with you.

WE PROCLAIM GOD'S WORD

TIME FOR CHILDREN

PRAYER FOR ILLUMINATION

OLD TESTAMENT LESSON

Psalms 139 NRSV

Gaylene Guest

- O Lord, you have searched me and known me.
²You know when I sit down and when I rise up;
you discern my thoughts from far away.
³You search out my path and my lying down,
and are acquainted with all my ways.
⁴Even before a word is on my tongue,
O Lord, you know it completely.
⁵You hem me in, behind and before,
and lay your hand upon me.
⁶Such knowledge is too wonderful for me;
it is so high that I cannot attain it.
⁷Where can I go from your spirit?
Or where can I flee from your presence?
⁸If I ascend to heaven, you are there;
if I make my bed in Sheol, you are there.
⁹If I take the wings of the morning
and settle at the farthest limits of the sea,
¹⁰even there your hand shall lead me,
and your right hand shall hold me fast.
¹¹If I say, "Surely the darkness shall cover me,
and the light around me become night,"

¹² even the darkness is not dark to you;
the night is as bright as the day,
for darkness is as light to you.

¹³ For it was you who formed my inward parts;
you knit me together in my mother's womb.

¹⁴ I praise you, for I am fearfully and wonderfully made.
Wonderful are your works;
that I know very well.

¹⁵ My frame was not hidden from you,
when I was being made in secret,
intricately woven in the depths of the earth.

¹⁶ Your eyes beheld my unformed substance.

In your book were written
all the days that were formed for me,
when none of them as yet existed.

¹⁷ How weighty to me are your thoughts, O God!
How vast is the sum of them!

¹⁸ I try to count them—they are more than the sand;
I come to the end—I am still with you.

¹⁹ O that you would kill the wicked, O God,
and that the bloodthirsty would depart from me—

²⁰ those who speak of you maliciously,
and lift themselves up against you for evil!

²¹ Do I not hate those who hate you, O Lord?
And do I not loathe those who rise up against you?

²² I hate them with perfect hatred;
I count them my enemies.

²³ Search me, O God, and know my heart;
test me and know my thoughts.

²⁴ See if there is any wicked way in me,
and lead me in the way everlasting.

This is the Word of the Lord.
Thanks be to God!

SPECIAL MUSIC

Here I Am To Worship
Chris and Becca Anderson, Musicians

Tim Hughes (CCLI#: 3266032)

MESSAGE

Hemmed In

Rev. Adam C. Bowling

INVITATION TO DISCIPLESHIP

If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please email Pastor Adam, Adam.Bowling@fupcdc.org.

WE RESPOND TO GOD'S WORD

+ **HYMN OF RESPONSE**

O Lord My God (How Great Thou Art)

625

O Lord my God! When I in awesome wonder
consider all the works thy hand hath made,
I see the stars, I hear the mighty thunder,
thy power throughout the universe displayed;

Refrain:

Then sings my soul, my Saviour God, to thee,
how great thou art, how great thou art!
Then sings my soul, my Saviour God, to thee,
how great thou art, how great thou art!

When through the woods and forest glades I wander
and hear the birds sing sweetly in the trees;
when I look down from lofty mountain grandeur
and hear the brook and feel the gentle breeze:

(Refrain)

And when I think that God, his Son not sparing,
sent him to die - I scarce can take it in
that on the cross, my burden gladly bearing,
he bled and died to take away my sin:

(Refrain)

When Christ shall come with shouts of acclamation
and take me home - what joy shall fill my heart!
Then shall I bow in humble adoration
and there proclaim, 'my God, how great thou art!'

(Refrain)

PRAYERS OF THE PEOPLE AND THE LORD'S PRAYER

After each prayer petition we will respond with:

In your mercy, Lord, hear our prayer!

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever.

Amen.

SERVICE OF GIVING

Music at the Offering

Ma Ding Wa A Tara Nti

Joseph Marie Ambomo

Morelle, Fokwa, Soloist

An offering prayer-song in Ewondo, a Cameroonian dialect

Translation:

I love you, Father and Lord,
It is hwy I have come to offer you
baskets of food, product of my hard labor.
This is my offering.
Take it Father,
I give out of love for you.

You are my creator,
Lord of the universe.
I give back to you what
Your hands have made.
These baskets of food
are the fruit of my labor,
and I present them to you as an offering.
Take it Father,
I give out of love for you.

+ DOXOLOGY

Praise God from Whom All Blessings Flow

606

Praise God, from whom all blessings flow;
Praise Him, all creatures here below;
Praise Him above, ye heavenly host;
Praise Father, Son, and Holy Ghost. Amen.

+ **PRAYER OF DEDICATION**

Bree and Mady LeVasseur

Lord, you give us everything that is good- our homes, our food, our families, and even our lives. All that we own and all that we are belong to you. Since you give us so much, we thank you by sharing our time, talents, and right now our money with others in need. Use these gifts to show your love to people throughout our world, in Jesus' name.

Amen.

WE GO IN GOD'S NAME

+ **CLOSING SONG**

You Never Let Go

Beth Redman, Matt Redman (CCLI#: 4674166)

Verse 1

Even though I walk through the valley
Of the shadow of death
Your perfect love is casting out fear
And even when I'm caught in the middle
Of the storms of this life
I won't turn back I know You are near

Pre-Chorus

And I will fear no evil
For my God is with me
And if my God is with me
Whom then shall I fear
Whom then shall I fear

Chorus 1

Oh no You never let go
Through the calm and through the storm
Oh no You never let go
In ev'ry high and ev'ry low
Oh no You never let go
Lord You never let go of me

Verse 2

And I can see a light that is coming
For the heart that holds on
A glorious light beyond all compare
And there will be an end to these troubles
But until that day comes
We'll live to know You here on the earth

Chorus 2

Oh no You never let go
Through the calm and through the storm
Oh no You never let go
In ev'ry high and ev'ry low
Oh no You never let go
Lord You never let go of me'

Bridge

Yes I can see a light
That is coming for the heart that holds on
And there will be an end to these troubles
But until that day comes
Still I will praise You
Still I will praise You
(REPEAT)

+ *CHARGE AND BENEDICTION*

+ *POSTLUDE*

Be Thou My Vision
Justin Streletz, Pianist

Slane, *Arr.* Bethany K. Smith

+ *Please stand, in body or in spirit.*

Worship Notes

- * **WELCOME!** Whether you are new in the area, a resident of the community, or visiting the FUPCDC website, we are delighted you joined us in worship online. Please fill out the online attendance and please let us know if you have any prayer concerns or needs. To find out more about this church, please email the Church Office at office@fupcdc.org or call at 703-670-7834.
- * **FLOWERS** are given by Pam Cox in memory of Lisa Chrzan.

Connect with Us

- * **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- * **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.

- * **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- * **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to **81010**. In the message, type **@fupcdc** and send. You can unsubscribe at any time.

Ministry in Action

- * **FUPCDC CONTEMPLATIVE YOGA CLASS VIA ZOOM:** Join us for a time to prayerfully release your cares and recharge physically, spiritually, and emotionally. The Contemplative Yoga group has a spot just for you on Saturdays from 8:30-9:10 AM on Zoom: 7/11, 7/25, 8/22, 8/29, 9/5, 9/12. Classes are always free, just click this link to sign up: [CLICK HERE TO VIEW THE SIGNUP](#).
- * **SPREAD THE WARMTH:** Are you looking for a worthwhile project to do while staying at home? Do you knit or crochet? If so, we have the perfect project for you. Our group makes hats and scarves for our friends in the community who are in need of something warm to wear during the winter. We also make hats for those suffering from cancer. If you would like to help or to find out more information about our group, please contact Elizabeth Glyer at lizglyer@gmail.com.
- * **THESE DAYS:** "These Days" (Daily Devotions for Living by Faith) July/August/September 2020 are here! Please contact the Church Office at office@fupcdc.org or 703-670-7834, to receive your book.
- * **BIBLE BUDDIES:** Please join the Monday evening Ladies' Bible Study (aka, Bible Buddies) via Zoom on Mondays at 7:00 PM. Our study is called *Parables from the Back Side, Volume 1, Bible Stories with a Twist*, by J. Ellsworth Kalas. The book can be ordered on Amazon Prime which is promising 2-day delivery at this time.
Questions or need help ordering your book? Contact Marti Hall at 703-626-2269 or martihall@comcast.net. In addition, if you are not already a part of the group, please let Marti know so she can send you the Zoom address or phone number.
- * **MEN'S GROUP:** In lieu of our monthly Men's Breakfast, we now have several small groups of men that meet weekly for 30 minutes for devotion and prayer time. This is a phone-in conference call. We have slots available on Tuesday, Thursday, and Saturday. Please contact Sam Parris for your slot: 703-946-7266 or email at samjparris@aol.com.
- * **SPREAD THE BREAD:** Spread the Bread is our ministry for people experiencing homelessness. We currently provide a meal each Sunday at 12:20 PM for around 50 people in Prince William County. Volunteer opportunities include making sandwiches, donating drinks and chips, prayer, and more! If you would like to help in any way, please email Jon Guest, jon.a.guest@gmail.com.

- * **SPREAD THE LOVE:** We need volunteers to write cards/notes to those in quarantine or to folks who are experiencing isolation due to COVID-19. Other volunteer opportunities include making phone calls to check in with people who may need socialization. If you would like to volunteer for Spread the Love or suggest people to receive cards or calls, please email Sam Parris, samjparris@aol.com.
- * **EMAIL PRAYER CHAIN:** We need volunteers to receive one to two emails a week with prayer requests...and pray! If you would like to volunteer to pray, please contact the Church Office, office@fupcdc.org.
- * **SEWING FACE MASKS:** In keeping with FUPCDC's commitment to serve the needs of the community, the Mission and Outreach Committee is launching a campaign to make face masks and distribute them where they are needed within the local community. We are committed to donate masks to the Greater Prince William Community Health Center and to Westminster at Lake Ridge for both staff and residents. If you have any questions about the Face Mask Ministry please call Pat Manalio (703-283-2948) or Lora Nedimyer (703-680-5526).
- * **GIVING:** We thank you for your continued support of the ministries, staff, and programs of FUPCDC. There are 2 ways to give: You can mail your gift to FUPCDC, 14391 Minnieville Road, Woodbridge, VA 22193. You can also give online by going to the church website, <https://fupcdc.org/give-online>. Thank you for giving to the Lord.

Student Ministry News

✝ TEXT MESSAGES: Sign up for Text Messages: Text @youthfupc to 81010.

Joys and Concerns

All those who are ill or facing difficulties, including:

- | | | | |
|-----------------------------|----------------------------|---------------------------|-------------------|
| ✝ Greg Anderson | * Paula and Bob Robinson | * Timothy Elliott | * Joanne and Bob |
| ✝ Chris | * Grace Ofosu-Addo | * Norman Cox | * Jerolyn Randles |
| ✝ Amerie | * Linda Chrzan | * Becky Elliott | * Makayla Brain |
| ✝ Elizabeth | * Ashleigh * Josh | * Richard Peck | * Joe Cobb |
| ✝ Sandy and Doug Godfrey | * Bill and Luara Parris | * Barb McGill | * Larry Menzie |
| ✝ Ida Van Wingerden | * Sandy Stamps | * Linda Ford | * Lynn Wilson |
| * Charlie and Martha Ashton | * Baby Louisa Wolstenholme | * Mildred Shenk | * Mark Levy |
| * James Randles | * Hunter Martin | * Jason, Adriana, Michael | |

✝ Congregational love and sympathy are extended to the family of Bob Porter's brother, Bill. Bill died on Friday, July 10th.

Celebrations of joys with thanksgiving to God:

- ✝ Praise God for Richard Bennett's acceptance to the University of Dubuque Theological Seminary Master of Divinity program.
- ✝ Thanks to the staff, prayer team, and members of the church for consistently praying for my grandson, Raymond Radford Boisvert. He was 1-year old on July 12th, and he has been very healthy throughout his first year! :-) Even with CF, he has grown and thrived. There were no hospitalizations! He takes his medicine by nebulizer very well, and he is adjusting to wearing his vest which does chest PT for him. Praise God! ~ Debbie Boisvert

The churches of National Capital Presbytery, especially:

- ✝ Bethesda Presbyterian Church - Bethesda, MD
- ✝ Boyds Presbyterian Church - Boyds, MD

Calendar

July 19 - July 26, 2020

SUNDAY, July 19

10:00 AM Worship - one service - Online Live Stream

MONDAY, July 20

10:30 AM Holy Fitness via Zoom

7:00 PM Bible Buddies via Zoom

8:30 PM Production Meeting via 8X8

TUESDAY, July 21

6:30 PM Deacons

7:00 PM Session

WEDNESDAY, July 22

THURSDAY, July 23

FRIDAY, July 24

SATURDAY, July 25

8:30 AM Contemplative Yoga via Zoom

SUNDAY, July 26

10:00 AM Worship - one service - Online Live Stream

DEACONS: THE MINISTRY OF COMPASSION AND SERVICE

The ministry of deacon as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.¹

2020 BOARD OF DEACONS

Class of 2020

Agnes Fokwa
Deborah Folly
Lisa Fortner
Kathy McNeely
Carol Schwalm
Celine Sonkwa

Class of 2021

Amy Bean
Karen Elliott
Liz Goolgasian
Peggy Heins
Therese Same
Charlotte Stultz

Class of 2022

Bob Albrecht
Sandy Chamberlin
Claudia Cunningham
Pam Emert
Ellen Nuernberger
Tracy Stevens

Carol Schwalm, *Moderator*.....703-680-7673

RULING ELDERS: THE MINISTRY OF DISCERNMENT AND GOVERNANCE

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God's Spirit and governance of God's people. Accordingly, congregations should elect persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit. Ruling elders are so named not because they "lord it over" the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships. When elected by the congregation, they shall serve faithfully as members of the session. When elected as commissioners to higher councils, ruling elders participate and vote with the same authority as teaching elders, and they are eligible for any office.²

See current ruling elders of FUPCDC on page 15 of bulletin.

¹ *The Constitution of the Presbyterian Church (USA), Part II, Book of Order: 2013/2015*, 2013. Published by The Office of the General Assembly, 100 Witherspoon Street, Louisville, KY 40202, p. 26.

² *ibid.*, p. 60.

First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers.....	People of the Church
Pastor.....	Rev. Adam C. Bowling
Chancel Choir Director	Dana Van Slyke
Pianist/Organist	Justin Stretetz
Contemporary Worship Directors.....	Becca and Chris Anderson
Children's/Youth Choir Directors.....	Becca and Chris Anderson
Jubilation Handbell Director.....	Ike Evans
Nursery Supervisor.....	Joann Paige
Little Hands Preschool Director	Tiffany Ramsey
Sexton.....	Homer Detrich
Office Manager.....	Kim Parker

2020 SESSION

Peter Glycer ('20)	<i>Adult Christian Education</i>	703-590-0856
Mike Gundel ('21)	<i>Building & Grounds</i>	301-767-5030
Ruth Washburg ('21)	<i>Children's Ministry</i>	703-407-3976
Cathy Albrecht ('22)	<i>Communications</i>	703-670-8369
Betsy Gilbert ('22)	<i>Congregational Connections</i>	703-670-4949
Jon Guest ('21)	<i>Finance & Administration</i>	703-491-4006
Chris Martin ('22)	<i>Information Technology</i>	585-455-8423
Dave Stokes ('21)	<i>Little Hands Preschool</i>	703-583-9287
Pam Cox ('20)	<i>Mission & Outreach</i>	703-441-6319
Linda Wolstenholme ('22)	<i>Nominating</i>	703-878-3697
Norman Cobb ('21)	<i>Personnel</i>	703-878-7317
Jon Guest ('21)	<i>Safety & Security</i>	703-491-4006
Pat Manalio ('22)	<i>Stewardship</i>	703-680-5058
Marti Hall ('21)	<i>Worship</i>	703-626-2269
Afton Schwalm ('22)	<i>Youth Ministry</i>	571-221-0778
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914
Sara Porter	<i>Clerk of Session</i>	703-670-8737

Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

Little Hands Preschool, 703-878-2366