

# First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc  
<https://www.youtube.com/c/FUPCDC>



**3<sup>rd</sup> Sunday after Pentecost**

June 26, 2022

10:00 AM

The Reverend Adam C. Bowling - Pastor

[Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org)

828.448.8914

## WE ASSEMBLE IN GOD’S NAME

### **BELLS**

*The three tolls call us to worship and symbolize our belief in the Triune God: Father, Son, and Holy Spirit. In quiet reverence, we prepare for worship.*

### **PRELUDE**

*Shine, Jesus, Shine*  
Gwen Miller, Pianist

Graham Kendrick, Arr. Mark Hayes

### **WELCOME**

Richard Bennett

### + **CALL TO WORSHIP**

We cry aloud to God

**Aloud to God that he may hear us**

In the day of our trouble, we seek the Lord

**In the night, our hands are stretched out without wearying**

We will call to mind the deeds of the Lord

**We will remember your wonders of old.**

Let us worship God!

### + **OPENING HYMN**

*10,000 Reasons (Bless The Lord)*

Jonas Myrin, Matt Redman (CCLI#:6016351)

### **PRAYER OF THE DAY**

In your presence, we offer you our praise and thanksgiving, for life and for calling, for the joys of friendship, and the burden of faith. We can recite the grocery list of needful people and violent places, but you know them all. As you know them and we know them, we pledge in this company to take these needful people in these violent places as our call from you. We are poorly equipped for such a call. But you are the God who gives bread and wine, table and towel, book and song, and with them courage, freedom, and energy for the task to which we are unequal. Keep us simple and on task, and we will praise you by our glad obedience. In Jesus’s name, we pray.

**Amen.**

### **CALL TO CONFESSION**

The proof of God’s amazing love is this:

While we were sinners, Christ died for us.

Let us therefore approach the throne of grace with boldness,

So that we may receive mercy and find grace to help in time of need.

Trusting in God’s faithfulness and compassion,

Let us confess our sin before God and one another, praying together. . .

## **PRAYER OF CONFESSION**

Merciful God. Sometimes we forget that we live by faith, and not by sight. When things are going badly, we think that you do not love us. When things are going well, we think that you must be pleased and love us more. Help us to recall that, just as the sun continues to shine even when there are clouds, so you continue to love us even when circumstances are not as we want. Help us to be honest and forthright in our joys and our anguish, no matter the weather in our own lives. Hear us now, as we continue to confess in the silence of our hearts. . .

*(A Time of Silent Confession)*

## **ASSURANCE OF PARDON**

God proves God's love for us in that while we were still sinners, Christ died for us. If while we were enemies we were reconciled to God through the death of his Son, much more surely, having been reconciled, we will be saved by his life.

Hearing this good news, know that we are forgiven, and be at peace!

**Thanks be to God!**

+ **RESPONSE**      *Glory to God, Whose Goodness Shines on Me (verse 1)*      582

**Glory to God, whose goodness shines on me,  
and to the Son, whose grace has pardoned me,  
and to the Spirit, whose love has set me free.  
As it was in the beginning, is now and ever shall be. Amen.**

## + **PASSING OF THE PEACE**

The peace of Christ be with you.

**And also with you.**

*(Please share a sign of Christ's peace with those around you.)*

## **WE PROCLAIM GOD'S WORD**

### **TIME FOR CHILDREN**

Becca Anderson

### **PRAYER FOR ILLUMINATION**

Prepare our hearts, O God, to accept your Word. Silence in us any voice but your own, so that we may hear your word and also do it, through Christ our Lord.

**Amen.**

**SCRIPTURE LESSON**

Psalm 77:1-2, 11-20 NRSV

- <sup>1</sup> I cry aloud to God,  
aloud to God, that he may hear me.
- <sup>2</sup> In the day of my trouble I seek the Lord;  
in the night my hand is stretched out without wearying;  
my soul refuses to be comforted.
- <sup>11</sup> I will call to mind the deeds of the Lord;  
I will remember your wonders of old.
- <sup>12</sup> I will meditate on all your work  
and muse on your mighty deeds.
- <sup>13</sup> Your way, O God, is holy.  
What god is so great as our God?
- <sup>14</sup> You are the God who works wonders;  
you have displayed your might among the peoples.
- <sup>15</sup> With your strong arm you redeemed your people,  
the descendants of Jacob and Joseph. Selah
- <sup>16</sup> When the waters saw you, O God,  
when the waters saw you, they were afraid;  
the very deep trembled.
- <sup>17</sup> The clouds poured out water;  
the skies thundered;  
your arrows flashed on every side.
- <sup>18</sup> The crash of your thunder was in the whirlwind;  
your lightnings lit up the world;  
the earth trembled and shook.
- <sup>19</sup> Your way was through the sea,  
your path through the mighty waters,  
yet your footprints were unseen.
- <sup>20</sup> You led your people like a flock  
by the hand of Moses and Aaron.

This is the Word of the Lord.

**Thanks be to God!**

**SPECIAL MUSIC**

*Precious Lord, Take My Hand*  
Morelle Fokwa and Viclane Fokwa, Singers

834

**SERMON**

Don't Skip the Hard Parts

Richard Bennett



*A Congregational meeting has been called for Sunday, July 3<sup>rd</sup> for the purpose of amending the Pastor's Terms of Call. The meeting will be held at the end of the 10:00 AM one worship service.*

*Pastor Adam is away June 25<sup>th</sup> - July 2<sup>nd</sup> as Pastor-in-Residence at Camp Hanover, [www.camphanover.org](http://www.camphanover.org). Please contact the church office and/or your deacon if you have a pastoral care need.*

## ***Worship Notes***

- \* **WELCOME!** Whether you are new in the area, a resident of the community, or visiting, we are delighted you joined us in worship. Please come to the Welcome Table at the rear of the sanctuary after the service to fill out an info card and to receive a special gift. To find out more about this church, please call the Church Office at 703-670-7834 or speak with Pastor Adam, [adam.bowling@fupcdc.org](mailto:adam.bowling@fupcdc.org).
- \* **WORSHIP ASSISTANT:** Pam Cox
- \* **FLOWERS** are given by Karen Attreed in honor of her grandchildren.

## ***Connect with Us***

- \* **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- \* **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- \* **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- \* **FUPCDC YOUTUBE CHANNEL:** To view worship services and videos, visit the FUPCDC Youtube channel, <https://www.youtube.com/c/FUPCDC>. You can also find our channel by searching for "FUPCDC Video".
- \* **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to **81010**. In the message, type @fupcdc and send. You can unsubscribe at any time.

# Ministry in Action

- ✠ **HOLY FITNESS:** Come exercise with us on Mondays, Wednesdays, and Fridays at 10:30 AM to 11:30 AM in the Triple Room. The goal of Holy Fitness is to help aging adults with moving and maintain an independent lifestyle. The exercises are designed to improve strength, endurance, coordination, and balance. Minimum age for participation is 55. Exercises are led by members of the group, who are trained. If you are interested in the program, please contact Fred Menke, [fhmenke@verizon.net](mailto:fhmenke@verizon.net).
- \* **SUMMER SUNDAY SCHOOL TEACHERS:** Please consider signing up to help with summer Sunday School for our kindergarten through sixth grade students! See the Thursday News to sign up. For more information, please contact Erin Bowling, [erinkbowling@gmail.com](mailto:erinkbowling@gmail.com).
- \* **FUPCDC'S 50<sup>th</sup> FIT TOGETHER CHALLENGE:** We would love for you to join us as we get ready to be fit for FUPCDC's next 50 Years! Since we have built a strong foundation together the last 50 years, we are asking you to think of that number as you challenge yourself this summer. This summer, **starting on June 1 and ending on September 1**, we are asking you to challenge yourself to complete some sort of physical activity with the theme of "50" between those dates. You could do anything with that theme of 50; challenge yourself. You could walk 50 days, walk around your living room 50 times, 50 walks out to the mailbox, 50 blocks in your neighborhood, exercise 50 times, 50 pushups, 50 sit ups, 50 hikes, 50 games of pickle-ball. It can be as simple or complex as you want. Challenge each other! Set a goal as a group and work together! Set a family goal! Make it fun and get some exercise while doing it! If you like social media, let us know how you are doing on our 50th Facebook page and if you need anything on your journey! Share how you are doing! Sign up on the link in the Thursday News or on the church website, <https://fupcdc.org>.

# Student Ministry News

- \* **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.

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## Report on Offering: May 2022

	MAY 2022 Actual	MAY 2022 Budget	Year to Date Actual	Year to Date Budget
Offering Pledged	42,483	36,138	177,855	173,148
Offering Unpledged	5,986	4,792	29,776	22,960
<b>Total Offering</b>	<b>48,469</b>	<b>40,930</b>	<b>207,631</b>	<b>196,108</b>

# *Joys and Concerns*

## **All those who are ill or facing difficulties, including:**

- |                      |                                  |                   |                    |
|----------------------|----------------------------------|-------------------|--------------------|
| ✝ Deborah Folly      | * Bill and Laura Parris          | * Cherie Sankey   | * Jeannine Menzie  |
| ✝ Andy Stewart       | * David and Melissa Behrens      | * Michael Moore   | * Leigh Anderson   |
| ✝ Keith Peterman     | * Jason, Adriana, Mikhail Corbin | * Tanya           | * Linda Ford       |
| ✝ Amy Greenslit      | * Gary and Keith Albrecht        | * Amanda          | * Norman Cox       |
| * Mark Stewart       | * Lee and Giselle Watenpaugh     | * Susan Bennett   | * Nate Johnson     |
| * Kay Hinegardner    | * Baby Louisa Wolstenholme       | * Thomas Prinz    | * Grace Ofosu-Addo |
| * Sandra D'Imperio   | * Charlie and Martha Ashton      | * Baby Raphael    | * Shirley Westveer |
| * Debbie Niederriter | * Andy Chaff                     | * Todd Willever   | * Ann Randles      |
| * Majorie Lawrence   | * Pat Greenhalgh                 | * Bill Barngrover | * Amy Smith        |
| * Rev. Bill Clark    | * Anita Barngrover               |                   |                    |

## **All those serving in our military who are stationed away from home, including from our church:**

- ✝ Kelsey Gibson (Affiliate Member of FUPCDC)
- ✝ Elizabeth Batista (Ana Batista Caporaletti's daughter)

## **The churches of National Capital Presbytery, especially:**

- ✝ Arlington Presbyterian Church - Arlington, VA
- ✝ Ashburn Presbyterian Church - Ashburn, VA



# Calendar

## June 26 - July 3, 2022

### SUNDAY, June 26

- 9:00 AM Children's Education
- 9:00 AM NOOMA Bible Study (Adult/Youth)
- 10:00 AM Worship - **ONE SERVICE**
- 1:00 PM Peace Church \* (habla español)
- 3:00 PM Bereaved Parents of USA

### MONDAY, June 27

- 10:30 AM Holy Fitness
- 8:30 PM Production Meeting via Google Meet

### TUESDAY, June 28

- 8:30 AM TOPS
- 1:00 PM Al-Anon
- 7:00 PM BSA Troop 964 B
- 7:00 PM BSA Troop 964 G
- 7:30 PM AA 101
- 7:30 PM Bull Run Troubadours

### WEDNESDAY, June 29

- 10:30 AM Holy Fitness
- 7:00 PM Peace Church Prayer Meeting \*

### THURSDAY, June 30

- 3:00 PM Prayer and Praise Small Group
- 7:00 PM Girl Scout Service Unit 80-5 Juliettes
- 8:00 PM AA Support Group

### FRIDAY, July 1

- 10:30 AM Holy Fitness

### SATURDAY, July 2

### SUNDAY, July 3

#### Congregational Meeting

- 9:00 AM Children's Education
- 9:00 AM NOOMA Bible Study (Adult/Youth)
- 10:00 AM Worship - **ONE SERVICE** - Communion
- 11:00 AM Congregational Meeting
- 1:00 PM Peace Church \* (habla español)

\* La iglesia de La Paz (Peace Church) es nuestra iglesia anidada de habla hispana.

## SESSION

Cathy Albrecht ('23)	703-670-8369
Amy Bean ('25)	703-670-3790
Bill Ediage ('24)	571-477-9306
Morelle Fokwa ('24)	571-409-9435
Ginger Galaini ('25)	571-408-1228
Pat Manalio ('23)	703-283-2948
Chris Martin ('23)	585-455-8423
Sam Parris ('24)	703-946-7226
Linda Wolstenholme ('23)	703-878-3697
Rev. Adam C. Bowling	<i>Moderator</i> 828-448-8914
Sara Porter	<i>Clerk of Session</i> 703-670-8737

## MINISTRY TEAM LEADERS

Pat Manalio (Interim)	<i>Administration</i>	703-283-2948
Ellen Nuernberger	<i>Congregational Care</i>	703-878-0009
Deborah Folly	<i>Congregational Care</i>	703-606-5532
Charlotte Stultz	<i>Evangelism &amp; Outreach</i>	703-494-8367
Betsy Gilbert	<i>Fellowship</i>	703-670-4949
Curt Hoagland	<i>Growing in Faith</i>	703-380-3819
Pam Cox	<i>Mission</i>	703-441-6319
Mike Gundel	<i>Property</i>	301-767-5030
Dennis Dingle	<i>Stewardship &amp; Finance</i>	703-583-9689
Martin Andrews	<i>Worship</i>	703-967-4358
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914

## DEACONS

Class of 2023	Class of 2024	Class of 2025
Bob Albrecht	Agnes Fokwa	Debbie Cornelius
Sandy Chamberlin	Deborah Folly	Wendy DiVico
Claudia Cunningham	Helen Franchois	Claire Hoagland
Pam Emert	Nne Kalu	Mary Jones
Ellen Nuernberger	Kathy McNeely	Mike Slayter
Tracy Stevens		

Ellen Nuernberger, Ministry Team Leader	703-878-0009
Deborah Folly, Ministry Team Leader	703-606-5532

**First United Presbyterian Church of Dale City, Woodbridge, VA**

Ministers.....People of the Church  
Pastor.....Rev. Adam C. Bowling  
Parish Assistant..... Pastor Michael Slayter  
Chancel Choir Director..... Dana Van Slyke  
Pianist/Organist.....Justin Streletz  
Contemporary Worship Directors..... Becca and Chris Anderson  
Young People’s Choir Directors..... Becca and Chris Anderson  
Nursery Supervisor..... Joann Paige  
Little Hands Preschool Director..... Tiffany Ramsey  
Sexton..... Homer Detrich  
Office Manager..... Kim Parker

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Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

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Little Hands Preschool, 703-878-2366