

**First United Presbyterian Church of Dale City (PCUSA)**

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc

<https://www.youtube.com/c/FUPCDC>

A photograph of a hand holding a small seedling in a field. The background is a soft-focus landscape with a tree in the distance. The text 'Planting Seeds' is overlaid in white serif font.

# Planting Seeds

Mark 4:26-34

**3<sup>rd</sup> Sunday after Pentecost**

**June 13, 2021**

**10:00 AM**

**The Reverend Adam C. Bowling - Pastor**

**[Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org)**

**828.448.8914**

## WE ASSEMBLE IN GOD'S NAME

### + GATHERING SONG

#### *Graves into Gardens*

Brandon Lake, Chris Brown, Steven Furtick, Tiffany Hudson (CCLI# 7138219)

#### Verse 1

I searched the world but it couldn't fill me  
Man's empty praise and treasures that fade  
Are never enough  
Then You came along and put me back together  
And every desire is now satisfied here in Your love

#### Chorus

Oh there's nothing better than You  
There's nothing better than You  
Lord there's nothing  
Nothing is better than You

#### Verse 2

I'm not afraid to show You my weakness  
My failures and flaws  
Lord You've seen them all  
And You still call me friend  
'Cause the God of the mountain  
Is the God of the valley  
And there's not a place  
Your mercy and grace won't find me again

#### Bridge

You turn mourning to dancing  
You give beauty for ashes  
You turn shame into glory  
You're the only one who can

#### Bridge

You turn graves into gardens  
You turn bones into armies  
You turn seas into highways  
You're the only one who can

**WELCOME**

Rev. Adam C. Bowling

**GRADUATE RECOGNITION** (video by Tori Guest)

Rev. Adam C. Bowling

+ **CALL TO WORSHIP**

Small as a mustard seed and lofty as a cedar:

**The kingdom of God is growing.**

While we sleep and rise night and day:

**The kingdom of God is growing.**

The low are brought high; the high are brought low:

**The kingdom of God is growing,**

Its large branches are home to all kinds of people!

**Therefore, let us worship God!**

+ **OPENING HYMN**

*Come Sing, O Church, in Joy!*

305

1 Come sing, O church, in joy!  
Come join, O church, in song!  
For Christ the Lord has led us  
through the ages long!

**Refrain:**

In bold accord,  
come celebrate the journey now  
and praise the Lord!

2 Long years have come and gone,  
and still God reigns supreme,  
empowering us to catch the vision,  
dream the dream! **(Refrain)**

3 Let courage be our friend;  
let wisdom be our guide,  
as we in mission magnify  
the Crucified! **(Refrain)**

4 Come sing, O church, in joy!  
Come join, O church, in song!  
For Christ the Lord has triumphed o'er  
the ages long! **(Refrain)**

## **PRAYER OF THE DAY**

Bruce Gilbert

God of small seeds and mighty plants, you take our meager lives and with your love cause them to produce acts of loving kindness for you in this world. You hear our cries and find us when we are lost and wandering in fear. You bring us home with you so that we may be made whole, rejoicing in your goodness. Help us to joyfully serve you all our days, knowing that you are always watching over us. Prepare our hearts to receive your word and our spirits to respond in eagerness to serve you. In Jesus' name, we pray.

**Amen.**

## **CALL TO CONFESSION**

Bruce Gilbert

It is not our past which keeps us from God, for that is behind us. It is not our present, for God is with us on this day. And our future is held tight in God's hands. It is true – there is absolutely nothing which can separate us from God. Whatever sins we have committed, God's forgiveness and love take them away forever when we repent and ask for forgiveness. Join me as we pray together, saying,

## **PRAYER OF CONFESSION**

Bruce Gilbert

Lord Jesus Christ,  
We first remember with gratitude those people  
who generously sowed the seeds of faith in our lives.

*(Pause for a time of reflection)*

Above all, we recognize how you have blessed our lives  
with the gift of the Holy Spirit  
so that our faith has miraculously and mysteriously grown.

We confess the times we fail to involve ourselves  
in planting any seeds of faith in the lives of others;  
the times when our personal agendas become more important than yours;  
the times when we have denied others the opportunity to expand their faith  
through our lack of interest or involvement;  
the times when our lives become so entangled with the values of the world  
that we forget what you have said and done and promised.

Lord Jesus Christ, we know that when we become disconnected from you,  
our lives become parched and unfruitful and our faith becomes stunted and dry.  
Bless and renew our lives, we pray,  
so that we remain connected to you at all times and in all places,  
strengthening our faith to expand and, growing strongly and vigorously,  
to bear the fruit of your mercy, your love, your undying life.

Hear us now, as we continue to confess in the silence of our hearts. . .

*(A time of Silent Confession)*

**ASSURANCE OF PARDON** (*Psalm 103:8-12*)

The LORD is compassionate and gracious, slow to anger, abounding in love. He will not always accuse, nor will he harbor his anger forever; he does not treat us as our sins deserve or repay us according to our iniquities.

For as high as the heavens are above the earth, so great is his love for those who fear him; as far as the east is from the west, so far has he removed our transgressions from us. Hearing this good news, know that we are forgiven and be at peace.

Thanks be to God!

+ **RESPONSE**      *Glory to God, Whose Goodness Shines on Me* (verse 1)      582

Glory to God, whose goodness shines on me,  
and to the Son, whose grace has pardoned me,  
and to the Spirit, whose love has set me free.  
As it was in the beginning, is now and ever shall be. Amen.

+ **PASSING OF THE PEACE**

Rev. Adam C. Bowling

The peace of Christ be with you.

And also with you.

## WE PROCLAIM GOD'S WORD

**TIME FOR CHILDREN**

Rev. Adam C. Bowling

**PRAYER FOR ILLUMINATION**

Regina G.

**GOSPEL LESSON**

Mark 4:26-34 NRSV

Regina G.

He also said, "The kingdom of God is as if someone would scatter seed on the ground,<sup>27</sup> and would sleep and rise night and day, and the seed would sprout and grow, he does not know how.<sup>28</sup> The earth produces of itself, first the stalk, then the head, then the full grain in the head.<sup>29</sup> But when the grain is ripe, at once he goes in with his sickle, because the harvest has come."

<sup>30</sup> He also said, "With what can we compare the kingdom of God, or what parable will we use for it? <sup>31</sup> It is like a mustard seed, which, when sown upon the ground, is the smallest of all the seeds on earth; <sup>32</sup> yet when it is sown it grows up and becomes the greatest of all shrubs, and puts forth large branches, so that the birds of the air can make nests in its shade."

<sup>33</sup> With many such parables he spoke the word to them, as they were able to hear it;  
<sup>34</sup> he did not speak to them except in parables, but he explained everything in private to his disciples.

This is the Word of the Lord.  
Thanks be to God!

## **SPECIAL MUSIC**

### *This is My Song*

FUPCDC Virtual Choir

*Annual One License w/Podcasting (Category C) A-729554*

340

1 This is my song, O God of all the nations,  
a song of peace for lands afar and mine.  
This is my home, the country where my heart is;  
here are my hopes, my dreams, my holy shrine;  
but other hearts in other lands are beating  
with hopes and dreams as true and high as mine.

2 My country's skies are bluer than the ocean,  
and sunlight beams on cloverleaf and pine.  
But other lands have sunlight too, and clover,  
and skies are everywhere as blue as mine.  
So hear my song, O God of all the nations,  
a song of peace for their land and for mine.

3 This is my prayer, O Lord of all earth's kingdoms:  
thy kingdom come; on earth thy will be done.  
Let Christ be lifted up till all shall serve him,  
and hearts united learn to live as one.  
So hear my prayer, O God of all the nations:  
myself I give thee; let thy will be done.

## **MESSAGE**

Planting Seeds

Rev. Adam C. Bowling

## **INVITATION TO DISCIPLESHIP**

If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please email Pastor Adam, [Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org).

## WE RESPOND TO GOD'S WORD

+ **HYMN OF RESPONSE** *If You Only Had Faith/Si Tuvieras Fe*  
The Anderson Family

176

Si tuvieras fe como un granito de mostaza:  
eso lo dice el Señor.

Tú le dirías a esa montaña:  
¡muévete, muévete!

Y la montaña se moverá,  
se moverá, se moverá.

If you only had faith, just like a little seed of mustard:  
this is what Jesus has said.

You would be able to tell this mountain:  
Move away! Move away!

And then the mountain will move away,  
will move away, will move away.

### **SERVICE OF GIVING**

Music at the Offering

*Ubi Caritas*  
Sterling Tilley, III, Pianist  
FUPCDC Student Music Intern

Bob Hurd, Arr. Craig S. Kingsbury

### + **PRAYER OF DEDICATION**

Parker B.

Bountiful God, your kingdom is like seed that is scattered on the ground. How it grows, we know not, but there is abundance in the harvest. Your kingdom is like a tiny mustard seed that grows into a shrub, where the birds of the air build their nests. May the gifts we bring before you this day bear the fruit of your kingdom, where all may be fed, and all may be blessed. In Christ's name we pray.

**Amen.**

### **THE SACRAMENT OF THE LORD'S SUPPER**

#### **INVITATION TO THE LORD'S TABLE**

## **GREAT PRAYER OF THANKSGIVING**

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

**It is right to give our thanks and praise. . .**

**THE LORD'S PRAYER** (*Sung*) Dana Van Slyke, Soloist

Albert Hay Malotte

. . . Our Father who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory, forever. Amen.

## **WORDS OF INSTITUTION**

### **COMMUNION OF THE PEOPLE**

Music during Communion *Let Us Break Bread Together*

525

FUPCDC Virtual Choir

*Annual One License w/Podcasting (Category C) A-729554 for Dec 05, 2019 - Dec 04, 2020*

*Note: This African American spiritual quite possibly reflects the circumstances of slaves attending early morning communion services in colonial Anglican churches, but its combination of hope ("rising sun") and supplication ("Lord, have mercy") speaks to many worshipers' experience.*

### **PRAYER AFTER COMMUNION**

Lord God, in deep gratitude for this moment, this meal, these people, we give ourselves to you. Take us out to live as changed people because we have shared the living bread and cannot remain the same. Ask much of us, expect much from us, enable much by us, encourage many through us. So, Lord, may we live to your glory, both as inhabitants of earth and citizens of the commonwealth of heaven. Amen.



# WE GO IN GOD'S NAME

## + **CLOSING SONG**

*Let It Rise*

Holland Davis (CCLI#:2240585)

### **Verse 1**

Let the glory of the Lord  
Rise among us  
Let the glory of the Lord  
Rise among us  
Let the praises of the King  
Rise among us  
Let it rise

### **Verse 2**

Let the songs of the Lord  
Rise among us  
Let the songs of the Lord  
Rise among us  
Let the joy of the King  
Rise among us let it rise

### **Chorus**

O let it rise  
O let it rise

## + **CHARGE AND BENEDICTION**

Rev. Adam C. Bowling

## + **POSTLUDE**

*Come, Ye Thankful People, Come*

ST. GEORGE'S WINDSOR, Arr. Barbara Boertje

Justin Streletz, Pianist

+ *Please stand, in body or in spirit.*

# *Worship Notes*

- \* **WELCOME!** Whether you are new in the area, a resident of the community, or visiting the FUPCDC website, we are delighted you joined us in worship online. Please fill out the online attendance and please let us know if you have any prayer concerns or needs. To find out more about this church, please email the Church Office at [office@fupcdc.org](mailto:office@fupcdc.org) or call at 703-670-7834.

## *Connect with Us*

- \* **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- \* **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- \* **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- \* **FUPCDC YOUTUBE CHANNEL:** To view worship services and videos, visit the FUPCDC Youtube channel, <https://www.youtube.com/c/FUPCDC>. You can also find our channel by searching for "FUPCDC Video".
- \* **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to **81010**. In the message, type @fupcdc and send. You can unsubscribe at any time.

# Ministry in Action

- ✝ **INDOOR WORSHIP:** We will begin indoor worship, **Sunday, July 4, 2021, 8:30 AM** (Traditional) and **11:00 AM** (Contemporary). Social distancing and socially distanced seating will be provided for families and individuals. Masks are required (vaccinated worship leaders are excluded). Both services will also be lived streamed for those who choose to worship at home. Ministries affiliated with the church may use the inside facilities starting on July 11, 2021 following state/federal guidelines. **Please contact the Church Office to schedule your group's day and time.** Outside groups will be able to use the church's indoor facilities beginning **August 1, 2021.**
- **June 20<sup>th</sup> - 10:00 AM** (online live stream - no indoor worship)
  - **June 27<sup>th</sup> - 8:30 AM and 11:00 AM** (online live streams - no indoor worship)
  - **July 4<sup>th</sup> - 8:30 AM and 11:00 AM** (indoor worship and online live streams)
- ✝ **TECH TEAM: FUPCDC is expanding our Tech Team.** We look forward to fully reopening for services in our sanctuary. In preparation for this event, we are installing new audio-visual equipment. This important piece of ministry is a key element as we reach out to an expanding community. Contact Peter Glycer ([peterglyer@gmail.com](mailto:peterglyer@gmail.com)) if you are interested in becoming part of this team! We will provide all the training necessary.
- \* **DRAMA CAMP:** Register for drama camp on the FUPCDC website or by clicking on this link: [FUPCDC Lighthouse Drama Camp 2021 \(google.com\)](https://www.fupcdc.org/lhpsc). We will be performing *The Phantom Tollbooth Jr.* Camp runs July 12<sup>th</sup> - 23<sup>rd</sup>, 9:00 AM to 11:00 AM, on the church lawn with small groups working from 11 AM - noon. Performance will be on July 23<sup>rd</sup> at 7 PM on the church lawn. The camp is FREE and limited to 20 campers (rising kindergarteners to rising 9<sup>th</sup> graders). All safety precautions (including masks and distancing) will be in place, following the guidance of Safety and Security and the state/federal guidelines. There will be Acting, Singing, Dancing, Crafts, Bible Lessons, and SO MUCH FUN! Email Becca Anderson ([andersonclarinet@gmail.com](mailto:andersonclarinet@gmail.com)) with any questions.
- \* **LITTLE HANDS PRESCHOOL REGISTRATION:** Registration is now open for the 2021-2022 school year. Register before August 1<sup>st</sup> to get \$10-25 off per month. For more information, go to [www.fupcdc.org/lhpsc](http://www.fupcdc.org/lhpsc).
- \* **FRIENDS ARE FLOWERS IN THE GARDEN OF LIFE!** The gardens surrounding our church at FUPCDC are looking for some new friends to love them! A few of the areas only require periodic weeding and other areas are visible so others can enjoy the beauty of God's creation! Could you use some great fresh air and exercise? Please contact me at: [gretchenasnyder@aol.com](mailto:gretchenasnyder@aol.com)!
- \* **BIBLE BUDDIES STUDY: ANNA - MARY - LYDIA - DORCUS - MARY - MARTHA - MARY MAGDALENE - ELIZABETH:** Can we connect with any of these brave, complex, ancient sisters in the faith? Can their stories of dedication remind us of our Christian Call? You are invited to join the Ladies' Bible Study to learn more about their stories: **From Daughters to Disciples: Women's Stories From the New Testament** by Lynn Japinga on **Mondays, at 7:00 PM** via Zoom. For more information, please contact Betty Matthews through the church office, [office@fupcdc.org](mailto:office@fupcdc.org) or 703-670-7834.

- \* **FUPCDC CONTEMPLATIVE YOGA CLASS VIA ZOOM:** Join us for a time to prayerfully release your cares and recharge physically, spiritually, and emotionally. The Contemplative Yoga group has a spot just for you on **Saturdays** from **8:30 - 9:10 AM** on Zoom. Classes are always free, just click this link to sign up: [CLICK HERE TO VIEW THE SIGNUP](#).
- \* **SPREAD THE WARMTH:** Are you looking for a worthwhile project to do while staying at home? Do you knit or crochet? If so, we have the perfect project for you. Our group makes hats and scarves for our friends in the community who are in need of something warm to wear during the winter. We also make hats for those suffering from cancer. If you would like to help or to find out more information about our group, please contact Elizabeth Glycer at [lizglyer@gmail.com](mailto:lizglyer@gmail.com).
- \* **MEN'S GROUP:** In lieu of our monthly Men's Breakfast, we now have several small groups of men that meet weekly for 30 minutes for devotion and prayer time. This is a phone-in conference call. We have slots available on Tuesday, Thursday, and Saturday. Please contact Sam Parris for your slot: 703-946-7266 or email at [samjparris@aol.com](mailto:samjparris@aol.com).
- \* **SPREAD THE BREAD:** Spread the Bread is our ministry for people experiencing homelessness. We currently provide a meal each Sunday at 12:20 PM for around 50 people in Prince William County. Volunteer opportunities include making sandwiches, donating drinks and chips, prayer, and more! If you would like to help in any way, please email Jon Guest, [jon.a.guest@gmail.com](mailto:jon.a.guest@gmail.com).
- \* **SPREAD THE LOVE:** We need volunteers to write cards/notes to those in quarantine or to folks who are experiencing isolation due to COVID-19. Other volunteer opportunities include making phone calls to check in with people who may need socialization. If you would like to volunteer for Spread the Love or suggest people to receive cards or calls, please email Sam Parris, [samjparris@aol.com](mailto:samjparris@aol.com).
- \* **EMAIL PRAYER CHAIN:** We need volunteers to receive one to two emails a week with prayer requests...and pray! If you would like to volunteer to pray, please contact the Church Office, [office@fupcdc.org](mailto:office@fupcdc.org).

## *Student Ministry News*

- ✝ **YOUTH ADVISORS (ADULT VOLUNTEERS):** We are looking for Youth Advisors (Adult Volunteers) to begin in the fall. Please contact Pastor Adam if you are interested in helping with the Student Ministry.
- \* **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.

# Joys and Concerns

## All those who are ill or facing difficulties, including:

- \* Mary Jackson
- \* Mark and Angelica
- \* Kath Purcell
- \* Marti Glycer
- \* Faison Family
- \* Tanya
- \* Andrea Tootell
- \* David Behrens
- \* Melissa Behrens
- \* Mia Moy
- \* Gary Albrecht
- \* Phil Albrecht
- \* Betty Little
- \* Marjorie Lawrence
- \* Graceann Case
- \* Carol
- \* Amanda Peck
- \* Sandra D'Imperio
- \* Chuck Niederriter
- \* Debbie Niederriter
- \* Dan McGill
- \* Barb McGill
- \* Amanda
- \* Emmanuel Dankyi-Ankoma
- \* Lee and Giselle Watenpaugh
- \* Grace Ofosu-Addo
- \* Baby Louisa Wostenholme
- \* Savannah Simmerman
- \* Sam Parris' Dad
- \* Bill and Laura Parris
- \* Jason, Adriana, Mikhail Corbin
- \* Hunter and Annette Martin
- \* Ann and Dineen Hoagland
- \* Ashleigh and Dan
- \* Jeannine Menzie
- \* Larry Menzie
- \* Sandy Godfrey
- \* Lynn Wilson
- \* Leigh Anderson
- \* Linda Ford
- \* Nate Johnson
- \* Norman Cox
- \* Diane Dingle

## All those serving abroad in our military, including from our church:

- ✝ Kelsey Gibson (Affiliate Member of FUPCDC)
- ✝ 2<sup>nd</sup> Lt. Sam Presley, just deployed to Middle East (Mike and Ruth Washburg's nephew)
- ✝ Elizabeth Batista, Air Force Basic Military Training in Texas (Ana Batista Caporaletti's daughter)

## The churches of National Capital Presbytery, especially:

- ✝ Westminster Presbyterian Church - Alexandria, VA
- ✝ Westminster Presbyterian Church - Washington, DC

# *Calendar*

## *June 13 - 20, 2021*

### **SUNDAY, June 13**

Graduate Sunday

10:00 AM    Worship - one service - Online Live Stream

### **MONDAY, June 14**

10:30 AM    Holy Fitness via Zoom

7:00 PM    Bible Buddies via Zoom

7:00 PM    Electronic Sign Task Force via Zoom

8:30 PM    Production Meeting via Google Meet

### **TUESDAY, June 15**

6:30 PM    Congregational Care Ministry Team/Deacons via Zoom

7:00 PM    Session via Zoom

### **WEDNESDAY, June 16**

10:30 AM    Holy Fitness via Zoom

### **THURSDAY, June 17**

7:00 PM    Ministry Team Leaders Meeting via Zoom

### **FRIDAY, June 18**

10:30 AM    Holy Fitness via Zoom

### **SATURDAY, June 19**

### **SUNDAY, June 20**

Father's Day

10:00 AM    Worship - one service - Online Live Stream

## DEACONS: THE MINISTRY OF COMPASSION AND SERVICE

The ministry of deacon as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.<sup>1</sup>

### BOARD OF DEACONS

#### Class of 2022

Debbie Cornelius  
Liz Goolgasian  
Anne Green  
Charlotte Stultz

#### Class of 2023

Bob Albrecht  
Sandy Chamberlin  
Claudia Cunningham  
Pam Emert  
Ellen Nuernberger  
Tracy Stevens

#### Class of 2024

Agnes Fokwa  
Deborah Folly  
Helen Francois  
Nne Kalu  
Kathy McNeely

Ellen Nuernberger, Ministry Team Leader..... 703-878-0009

Deborah Folly, Ministry Team Leader .....703-606-5532

## RULING ELDERS: THE MINISTRY OF DISCERNMENT AND GOVERNANCE

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God’s Spirit and governance of God’s people. Accordingly, congregations should elect persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit. Ruling elders are so named not because they “lord it over” the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships. When elected by the congregation, they shall serve faithfully as members of the session. When elected as commissioners to higher councils, ruling elders participate and vote with the same authority as teaching elders, and they are eligible for any office.<sup>2</sup>

See current ruling elders of FUPCDC on page 16 of bulletin.

<sup>1</sup> *The Constitution of the Presbyterian Church (USA), Part II, Book of Order: 2013/2015, 2013.* Published by The Office of the General Assembly, 100 Witherspoon Street, Louisville, KY 40202, p. 26.

<sup>2</sup> *ibid.*, p. 60.

## SESSION

Cathy Albrecht ('23)	703-670-8369
Bill Ediage ('24)	571-477-9306
Morelle Fokwa ('24)	571-409-9435
Jon Guest ('22)	703-491-4006
Marti Hall ('22)	703-626-2269
Pat Manalio ('23)	703-680-5058
Chris Martin ('23)	585-455-8423
Sam Parris ('24)	703-730-3920
Linda Wolstenholme ('23)	703-314-3834
Rev. Adam C. Bowling	<i>Moderator</i> 828-448-8914
Sara Porter	<i>Clerk of Session</i> 703-670-8737

## MINISTRY TEAM LEADERS

Jim Stacy	<i>Administration</i>	703-680-5111
Ellen Nuernberger	<i>Congregational Care</i>	703-828-0009
Deborah Folly	<i>Congregational Care</i>	703-221-6833
Charlotte Stultz	<i>Evangelism &amp; Outreach</i>	703-494-8367
Betsy Gilbert	<i>Fellowship</i>	703-670-4949
Curt Hoagland	<i>Growing in Faith</i>	703-878-4664
Pam Cox	<i>Mission</i>	703-441-6319
Mike Gundel	<i>Property</i>	301-767-5030
Dennis Dingle	<i>Stewardship &amp; Finance</i>	703-583-9689
Martin Andrews	<i>Worship</i>	703-878-2858
Rev. Adam C. Bowling	<i>Moderator</i>	828-448-8914



**Sterling Tilley, III**  
**FUPCDC Student Music Intern**



Sterling D. Tilley, III, a native of Springfield, VA, began his musical journey as a preschooler, quickly playing tunes by ear, and at seven years old, he began formally studying the piano. Within the initial few weeks of lessons, he composed his first piece, *Bats in the Graveyard*. From that moment on, Sterling knew that he wanted to be a composer. Sterling is an accomplished pianist and pipe organist, who has performed in numerous competitions, theater productions, and religious services. His most recognized composition, *The Rise of Black Diamond*, was featured during the awards ceremony for the 2020 National Association for the Advancement of Colored People (NAACP) Afro-Academic, Cultural, Technological and Scientific Olympics (ACT-SO) competition. Sterling continues to write and compose music under the careful tutelage of Dr. Lawrence Dillon at the University of North Carolina School of the Arts.

## 2021 Graduates

### High School

#### Nolan Thomas Attreed

(Grandson of Karen Attreed)  
Colgan High School  
(Eagle Scout Award)  
**Future Plans:** Virginia Tech  
School of Engineering -  
Computer Cyber Security



#### Alexander William Butler

(Son of Clater and Ellen Butler)  
Forest Park High School  
**Future Plans:** United States  
Merchant Marine Academy-  
Marine Engineering (plebe  
year beginning in July)



#### Allen Christopher Godfrey

(Grandson of Sandy and Doug Godfrey)  
Brandon High School, Tampa FL  
**Future Plans:** University of  
Florida



#### Abigail Jane Willever

(Daughter of Joe and Christine Willever)  
(Granddaughter of Doug and Ann Randles)  
Colgan High School  
(FUPCDC Powerpoint Creator)  
**Future Plans:** Virginia  
Commonwealth University  
Degree in Dental Hygiene



### College

#### Amber Marie Attreed

(Granddaughter of Karen Attreed)  
Virginia Tech (magna cum laud)  
Bachelor of Science in  
Neuroscience and Psychology  
**Future Plans:** Medical career  
after a gap research year



#### Kwame Kwakye

(Son of Akosua Kwakye)  
James Madison University  
Bachelor of Science in  
Health Services

#### Stephanie Kwakye

(Daughter of Akosua Kwakye)  
Virginia Commonwealth University  
Bachelor of Science in  
Business Innovation

#### Sarah Beth Oppenheim

(Daughter of Tim and Lisa Oppenheim)  
Columbia University  
(in the city of New York)  
Bachelor of Arts in  
Sustainable Development  
**Future Plans:** Working at a  
nonprofit/grant making  
organization for educational  
equity



#### Elizabeth Hope Swetz

(Daughter of Sam and Denise Parris)  
Christopher Newport University  
Bachelor of Arts in Sociology,  
*with a Criminology Concentration,*  
*and a Women & Gender Studies Minor*  
from the College of Social Sciences  
**Future Plans:** Embarking on a  
3-week East Coast excursion,  
after that, fully relying on  
Jeremiah 29:11



“Commit to the Lord whatever you do, and your plans will succeed.” - Proverbs 16:3

**First United Presbyterian Church of Dale City, Woodbridge, VA**

Ministers..... People of the Church  
Pastor..... Rev. Adam C. Bowling  
Chancel Choir Director ..... Dana Van Slyke  
Pianist/Organist ..... Justin Streletz  
Contemporary Worship Directors..... Becca and Chris Anderson  
Children's/Youth Choir Directors..... Becca and Chris Anderson  
Jubilation Handbell Director..... Ike Evans  
Nursery Supervisor..... Joann Paige  
Little Hands Preschool Director ..... Tiffany Ramsey  
Sexton..... Homer Detrich  
Office Manager..... Kim Parker

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Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

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Little Hands Preschool, 703-878-2366

Anything submitted may be altered, edited, or changed for continuity and clarity by the communications team.



# Little Hands Preschool Registration Open!

[www.fupcdc.org/lhps](http://www.fupcdc.org/lhps)



**Little Hands Preschool FUNDRAISER**

**WHEN: Thursday June 24, 2021**

**WHERE: 13796 Smoketown Rd, Woodbridge**

**TIME: 12:00 PM-9:30 PM**

**(703) 590-3478**



Orders can be placed online at  
[www.sweetfrog.com/smoketown](http://www.sweetfrog.com/smoketown)  
Be sure to mention Little Hands  
Preschool when ordering

**sweetFrog**  
premium frozen yogurt

