

First United Presbyterian Church of Dale City (PCUSA)

14391 Minnieville Road Woodbridge, VA 22193

703.670.7834 fupcdc.org LIKE us on Facebook Find us on Instagram @fupcdc



4<sup>th</sup> Sunday of Easter

May 3, 2020

10:00 AM

The Reverend Adam C. Bowling - Pastor

[Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org)

828.448.8914

## WE ASSEMBLE IN GOD'S NAME

### + GATHERING SONG

#### *Jesus Messiah*

Chris Tomlin, Daniel Carson, Ed Cash, Jesse Reeves (CCLI#: 5183443)

#### Verse 1

He became sin who knew no sin  
That we might become His righteousness  
He humbled Himself and carried the cross  
Love so amazing love so amazing

#### Chorus

Jesus Messiah Name above all names  
Blessed Redeemer Emmanuel  
The Rescue for sinners  
The Ransom from heaven  
Jesus Messiah Lord of all

#### Verse 2

His body the bread His blood the wine  
Broken and poured out all for love  
The whole earth trembled and the veil was torn  
Love so amazing love so amazing

#### Bridge

All our hope is in You  
All our hope is in You  
All the glory to You God  
The Light of the world

#### Ending

Jesus Messiah  
Lord of all  
The Lord of all  
The Lord of all

## WELCOME

### + CALL TO WORSHIP

Jesus Christ, the crucified Lord,  
Calls us to believe the good news of salvation.  
His grace is sufficient for us.  
Let us enter into God's new realm rejoicing,  
Not in our own strength,  
But in the power of the Holy Spirit.  
Let us worship God.

Mark 1:15, 2 Cor. 12:9

### + OPENING HYMN

*I, the Lord of Sea and Sky*

69

1 I, the Lord of sea and sky,  
I have heard my people cry.  
All who dwell in dark and sin  
my hand will save.  
I, who made the stars of night,  
I will make their darkness bright.  
Who will bear my light to them?  
Whom shall I send?

#### Refrain:

Here I am, Lord.  
Is it I, Lord?  
I have heard you calling in the night.  
I will go, Lord, if you lead me.  
I will hold your people in my heart.

2 I, the Lord of snow and rain,  
I have borne my people's pain.  
I have wept for love of them.  
They turn away.  
I will break their hearts of stone,  
give them hearts for love alone.  
I will speak my word to them.  
Whom shall I send?  
(Refrain)

3 I, the Lord of wind and flame,  
I will tend the poor and lame.  
I will set a feast for them.  
My hand will save.  
Finest bread I will provide  
till their hearts be satisfied.  
I will give my life to them.  
Whom shall I send?  
(Refrain)

### ***PRAYER OF THE DAY***

O God, we praise You for resources of strength beyond all that we have any right to expect. Help us to show our thankful praise as we tell others our stories of Your love and grace; through Jesus Christ our Lord we pray.

Amen.

### ***CALL TO CONFESSION***

To come before God with the truth of our lives is itself an act of faith: we trust that the Holy One is interested in us, interested in our minds, and hearts, and souls. We trust that God's mercy and grace are intended for us, too. With faith and in trust, let us make our confession to God, by praying together. . .

### ***PRAYER OF CONFESSION***

Gracious God, our sins are too heavy to carry, too real to hide, and too deep to undo. Forgive what our lips tremble to name, what our hearts can no longer bear, and what has become for us a consuming fire of judgment. Set us free from a past that we cannot change; open to us a future in which we can be changed; and grant us grace to grow more and more in Your likeness and image, through Jesus Christ, the light of the world. Hear us now, as we continue to confess in the silence of our hearts . . .

*(Silence is kept)*

### ***ASSURANCE OF PARDON***

Romans 8:34

Hear the good news! Who is in a position to condemn? Only Christ, and Christ died for us, Christ rose for us, Christ reigns in power for us, Christ prays for us. Anyone who is in Christ is a new creation, the old life is gone, and a new life has begun!

Know that in Jesus Christ we are forgiven!

Thanks be to God!

Glory to God, whose goodness shines on me,  
and to the Son, whose grace has pardoned me,  
and to the Spirit, whose love has set me free.  
As it was in the beginning, is now and ever shall be. Amen.

+ **PASSING OF THE PEACE**

The peace of Christ be with you.  
And also with you.

**WE PROCLAIM GOD’S WORD**

**TIME FOR CHILDREN**

**PRAYER FOR ILLUMINATION**

**NEW TESTAMENT LESSON** 2 Corinthians 12:7b-10 NRSV

Therefore, to keep me from being too elated, a thorn was given me in the flesh, a messenger of Satan to torment me, to keep me from being too elated. <sup>8</sup> Three times I appealed to the Lord about this, that it would leave me, <sup>9</sup> but he said to me, “My grace is sufficient for you, for power is made perfect in weakness.” So, I will boast all the more gladly of my weaknesses, so that the power of Christ may dwell in me. <sup>10</sup> Therefore I am content with weaknesses, insults, hardships, persecutions, and calamities for the sake of Christ; for whenever I am weak, then I am strong.

This is the Word of the Lord.  
Thanks be to God.

**SPECIAL MUSIC**

*Same Power*  
*Conor Van Slyke, Soloist*

Jason Ingram, Jeremy Camp (CCLI#: 7031700)

**MESSAGE**

Running on Empty

Rev. Adam C. Bowling

**INVITATION TO DISCIPLESHIP**

*If you would like to speak with someone about becoming a Christian, about church membership, or about a special prayer need, please email Pastor Adam, [Adam.Bowling@fupcdc.org](mailto:Adam.Bowling@fupcdc.org).*

## WE RESPOND TO GOD'S WORD

+ *HYMN OF RESPONSE*    *Amazing Grace, How Sweet the Sound*

649

1 Amazing grace, how sweet the sound,  
that saved a wretch like me!  
I once was lost, but now am found,  
was blind, but now I see.

2 'Twas grace that taught my heart to fear,  
and grace my fears relieved.  
How precious did that grace appear  
the hour I first believed!

3 Through many dangers, toils, and snares,  
I have already come.  
'Tis grace has brought me safe thus far,  
and grace will lead me home.

4 The Lord has promised good to me;  
his word my hope secures.  
He will my shield and portion be  
as long as life endures.

5 When we've been there ten thousand years,  
bright shining as the sun,  
we've no less days to sing God's praise  
than when we'd first begun.

### PRAYER OF THE PEOPLE AND THE LORD'S PRAYER

. . . Our Father who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our sins, as we forgive those who sin against us; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory, forever. Amen.

### *SERVICE OF GIVING*

Music at the Offering    *You Are My Strength When I Am Weak (You Are My All in All)*

519

Praise God, from whom all blessings flow;  
Praise Him, all creatures here below;  
Praise Him above, ye heavenly host;  
Praise Father, Son, and Holy Ghost. Amen.

+ PRAYER OF DEDICATION

Gracious and holy God, accept what we offer today: our gifts mailed and given online, our faltering steps, our brokenness, our leftovers, our hope, our risking, our lives. Bless and transform all that we offer and all that we hold back, that new life may be ours, to celebrate and share in Jesus' name.

Amen.

## WE GO IN GOD'S NAME

+ CLOSING SONG

*10,000 Reasons (Bless The Lord)*

Jonas Myrin, Matt Redman (CCLI#: 6016351)

### Chorus

Bless the Lord O my soul  
O my soul  
Worship His holy name  
Sing like never before  
O my soul  
I'll worship Your holy name

### Verse 1

The sun comes up it's a new day dawning  
It's time to sing Your song again  
Whatever may pass and whatever lies before me  
Let me be singing when the evening comes

### Verse 2

You're rich in love and You're slow to anger  
Your name is great and Your heart is kind  
For all Your goodness I will keep on singing  
Ten thousand reasons for my heart to find

### Verse 3

And on that day when my strength is failing  
The end draws near and my time has come  
Still my soul will sing Your praise unending  
Ten thousand years and then forevermore

Ending  
Worship Your holy name  
Lord I'll worship Your holy name

+ *CHARGE AND BENEDICTION*

+ *POSTLUDE*

*It is Well with My Soul*

Philip P. Bliss, Arr. Joel Raney

+ *Please stand, in body or in spirit.*

## *Worship Notes*

- \* **WELCOME!** Whether you are new in the area, a resident of the community, or visiting the FUPCDC website, we are delighted you joined us in worship online via live stream. Please fill out the online attendance and please let us know if you have any prayer concerns or needs. To find out more about this church, please email the Church Office at [office@fupcdc.org](mailto:office@fupcdc.org) or call at 703-670-7834.

## *Connect with Us*

- \* **WE ARE ON FACEBOOK:** If you use Facebook, become a Facebook friend, and become a fan of First United Presbyterian. Make friends with others from the church.
- \* **WE ARE ON INSTAGRAM:** Find us on Instagram @fupcdc.
- \* **FUPCDC WEBSITE:** For detailed news and information, visit the church website at <https://fupcdc.org>.
- \* **TEXT ALERTS:** Remind is a free text messaging service that will help our church communicate quickly and efficiently. On your cell phone, start a new message to 81010. In the message, type @fupcdc and send. You can unsubscribe at any time.

## *Ministry in Action*

- ✠ **SPREAD THE BREAD:** Spread the Bread is our ministry for people experiencing homelessness. We currently provide a meal each Sunday at 12:20 PM for around 50 people in Prince William County. Volunteer opportunities include making sandwiches, donating drinks and chips, prayer, and more! If you would like to help in any way, please email Jon Guest, [jon.a.guest@gmail.com](mailto:jon.a.guest@gmail.com).



- ✝ **SPREAD THE LOVE:** We need volunteers to write cards/notes to those in quarantine or to folks who are experiencing isolation due to COVID-19. Other volunteer opportunities include making phone calls to check in with people who may need socialization. If you would like to volunteer for Spread the Love or suggest people to receive cards or calls, please email Sam Parris, [samjparris@aol.com](mailto:samjparris@aol.com).
- ✝ **EMAIL PRAYER CHAIN:** We need volunteers to receive one to two emails a week with prayer requests...and pray! If you would like to volunteer to pray, please contact the Church Office, [office@fupcdc.org](mailto:office@fupcdc.org).
- ✝ **SEWING FACE MASKS:** In keeping with FUPCDC's commitment to serve the needs of the community, the Mission and Outreach Committee is launching a campaign to make face masks and distribute them where they are needed within the local community. We are committed to donate masks to the Greater Prince William Community Health Center and to Westminster at Lake Ridge for both staff and residents. If you have any questions about the Face Mask Ministry please call Pat Manalio (703-283-2948) or Lora Nedimyer (703-680-5526).
- ✝ **PASTOR'S BIBLE STUDY:** Join us each Wednesday at 7:00 PM via Zoom, or by phone, for a Bible Study on the Gospel of Matthew led by Pastor Adam. Email Pastor Adam for more information, [adam.bowling@fupcdc.org](mailto:adam.bowling@fupcdc.org).
- ✝ **GIVING:** We thank you for your continued support of the ministries, staff, and programs of FUPCDC. There are 2 ways to give: You can mail your gift to FUPCDC, 14391 Minnieville Road, Woodbridge, VA 22193. You can also give online by going to the church website, <https://fupcdc.org/give-online>. Thank you for giving to the Lord.

## *Student Ministry News*

- ✝ **TEXT MESSAGES:** Sign up for Text Messages: Text @youthfupc to 81010.

# Joys and Concerns

All those who are ill or facing difficulties, including:

- |                     |                            |                    |               |
|---------------------|----------------------------|--------------------|---------------|
| ✝ Maurice Wilson    | * Josh                     | * Mark Levy        | * Lynn Wilson |
| ✝ Jason and Michael | * Rosemary McGilloway      | * Linda Ford       |               |
| ✝ Joseph Pritchard  | * Baby Louisa Wolstenholme | * Larry Menzie     |               |
| ✝ Leigh Anderson    | * Marjorie Lawrence        | * Grace Ofosu-Addo |               |
- ✝ Congregational love and sympathy is extended to Gordon Slater and his family at the death of Gordon's wife, Marie, who passed away. Please pray for comfort and peace for the entire family during this difficult time. (friend of Liz Glycer)

Celebrations of joys with thanksgiving to God:

- ✝ Prayers of Praise! We had a successful move to Smith Mountain Lake and now all we have to do is unpack! :-)) We have to come back to Montclair next week to clean the house and then the week after to close on the sale. God has been very good to us in this transition. Praise His Name! ~ Debbie Boisvert
- ✝ Praise for Paul's mother, Rosemary Wolstenholme, she is out of the rehab facility and staying with her daughter and son-in-law. ~ Linda Wolstenholme
- \* Prayers of thanksgiving, my nephew, Richie and his wife, Maria, are fever free for 3 days. They are improving. Thank you for your prayers. God is good! ~ Debbie Cornelius

The churches of National Capital Presbytery, especially:

- ✝ Southminster Presbyterian Church - Oxen Hill, MD  
✝ St. Andrew Presbyterian Church - Purcellville, VA

## Calendar May 3 - May 10, 2020

**SUNDAY, May 3**

10:00 AM Worship - one service  
Online Live Stream

**MONDAY, May 4**

8:30 PM Production Meeting via 8X8

**TUESDAY, May 5**

**WEDNESDAY, May 6**

7:00 PM Pastor's Bible Study via Zoom

**THURSDAY, May 7**

**FRIDAY, May 8**

**SATURDAY, May 9**

**SUNDAY, May 10**

Mother's Day

10:00 AM Worship - one service  
Online Live Stream

## DEACONS: THE MINISTRY OF COMPASSION AND SERVICE

The ministry of deacon as set forth in Scripture is one of compassion, witness, and service, sharing in the redeeming love of Jesus Christ for the poor, the hungry, the sick, the lost, the friendless, the oppressed, those burdened by unjust policies or structures, or anyone in distress. Persons of spiritual character, honest repute, exemplary lives, brotherly and sisterly love, sincere compassion, and sound judgment should be chosen for this ministry.<sup>1</sup>

### 2020 BOARD OF DEACONS

Class of 2020	Class of 2021	Class of 2022
Agnes Fokwa	Amy Bean	Bob Albrecht
Lisa Fortner	Karen Elliott	Sandy Chamberlin
Kathy McNeely	Liz Goolgasian	Claudia Cunningham
Carol Schwalm	Peggy Heins	Pam Emert
Celine Sonkwa	Therese Same	Ellen Nuernberger

Carol Schwalm, *Moderator*.....703-680-7673

## RULING ELDERS: THE MINISTRY OF DISCERNMENT AND GOVERNANCE

As there were in Old Testament times elders for the government of the people, so the New Testament church provided persons with particular gifts to share in discernment of God's Spirit and governance of God's people. Accordingly, congregations should elect persons of wisdom and maturity of faith, having demonstrated skills in leadership and being compassionate in spirit. Ruling elders are so named not because they "lord it over" the congregation (Matt. 20:25), but because they are chosen by the congregation to discern and measure its fidelity to the Word of God, and to strengthen and nurture its faith and life. Ruling elders, together with teaching elders, exercise leadership, government, spiritual discernment, and discipline and have responsibilities for the life of a congregation as well as the whole church, including ecumenical relationships. When elected by the congregation, they shall serve faithfully as members of the session. When elected as commissioners to higher councils, ruling elders participate and vote with the same authority as teaching elders, and they are eligible for any office.<sup>2</sup>

See current ruling elders of FUPCDC on page 12 of bulletin.

<sup>1</sup> *The Constitution of the Presbyterian Church (USA), Part II, Book of Order: 2013/2015*, 2013. Published by The Office of the General Assembly, 100 Witherspoon Street, Louisville, KY 40202, p. 26.

<sup>2</sup> *ibid.*, p. 60.

## First United Presbyterian Church of Dale City, Woodbridge, VA

Ministers.....	People of the Church
Pastor.....	Rev. Adam C. Bowling
Chancel Choir Director .....	Dana Van Slyke
Pianist/Organist .....	Justin Streletz
Contemporary Worship Directors.....	Becca and Chris Anderson
Children's/Youth Choir Directors.....	Becca and Chris Anderson
Jubilation Handbell Director.....	Ike Evans
Nursery Supervisor.....	Joann Paige
Little Hands Preschool Director .....	Tiffany Ramsey
Sexton.....	Homer Detrich
Office Manager.....	Kim Parker

### 2020 SESSION

Peter Glycer ('20) .....	<i>Adult Christian Education</i> .....	703-590-0856
Mike Gundel ('21) .....	<i>Building &amp; Grounds</i> .....	301-767-5030
Ruth Washburg ('21) .....	<i>Children's Ministry</i> .....	703-407-3976
Cathy Albrecht ('22) .....	<i>Communications</i> .....	703-670-8369
Betsy Gilbert ('22) .....	<i>Congregational Connections</i> .....	703-670-4949
Jon Guest ('21) .....	<i>Finance &amp; Administration</i> .....	703-491-4006
Chris Martin ('22) .....	<i>Information Technology</i> .....	585-455-8423
Dave Stokes ('21) .....	<i>Little Hands Preschool</i> .....	703-583-9287
Pam Cox ('20) .....	<i>Mission &amp; Outreach</i> .....	703-441-6319
Linda Wolstenholme ('22) .....	<i>Nominating</i> .....	703-878-3697
Norman Cobb ('21) .....	<i>Personnel</i> .....	703-878-7317
Jon Guest ('21) .....	<i>Safety &amp; Security</i> .....	703-491-4006
Pat Manalio ('22) .....	<i>Stewardship</i> .....	703-680-5058
Marti Hall ('21) .....	<i>Worship</i> .....	703-626-2269
Afton Schwalm ('22) .....	<i>Youth Ministry</i> .....	571-221-0778
Rev. Adam C. Bowling .....	<i>Moderator</i> .....	828-448-8914
Sara Porter .....	<i>Clerk of Session</i> .....	703-670-8737

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Church Office Hours: 10 AM - 2:30 PM, weekdays, 703-670-7834

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Little Hands Preschool, 703-878-2366